

Pediatric Bedside Rounds

Information for parents and guardians

What are rounds?

Rounds are when the health care team meets to talk about your child. They happen every day. During rounds, the team will talk about:

- Your child's health
- Changes to your child's health or care
- Plans for the day
- Goals for discharge

When are rounds?

The timing of rounds varies based on the team caring for your child. General times are listed below. Please note that the exact time may also change a little each day.

- **General pediatrics blue team:** 8:30 a.m. – 9:30 a.m.
- **General pediatrics green team:** 9:30 a.m. – 10:30 a.m.
- **Other specialty teams:** Times will differ. Ask your child's nurse for more information.

Where are rounds?

Rounds often happen in your child's room or the hallway outside their door.

How do I participate in rounds?

- Listen to what is being said by the care team.
- Ask questions about any medical terms you do not understand.
- Give feedback about how treatment is going.
- Talk about questions or concerns you have about your child's health.

Who participates in rounds?

- Family members are an important part of their child's health care team. We encourage them to join rounds.
- Older pediatric patients may choose to take part in rounds.
- Your child's care team may be made up of:
 - **Attending or staff:** Medical doctor responsible for the overall care of the patient.
 - **Fellow:** Doctor who has completed residency and is doing more specialty training.
 - **Resident:** Doctor who has completed medical school and is training to care for children.
 - **Medical student:** Student in medical school training to become a doctor.
 - **Nurse practitioner or physician assistant:** Health care professional with an advanced degree. They help manage your child's care and treatment.
 - **Bedside nurse:** Nurse who works with your child to give treatment and care.
 - **Dietician:** Health care professional who makes sure your child is getting the right nutrition.
 - **Pharmacist:** Health care professional who is the expert in medicine.
 - **Care coordinator:** Staff who helps with discharge planning for a smooth transition from hospital to home.

Tips about rounds:

- Write down questions or concerns as they come up. This helps you remember them for rounds.
- If you have urgent questions or concerns, tell your child's nurse. You do not need to wait for rounding times.