# **EXTERNAL CATHETER ALTERNATIVES**



### Female anatomy options

#### PureWick

PS #157061

- ∆8-12° or when soiled
- Suction @ 40-60 mmHg

## Male anatomy options

#### **PureWick**

PS #157061

- · ∆8-12° or when soiled
- · Suction @ 40-60 mmHg



#### Versette

PS #179451

- Δ8–12° or when soiled
- · Suction @ 40-60 mmHg
- Use adhesive strip (PS #113678) to secure



Barrier wipes or creams will prevent adhesive from sticking. Ensure proper cleaning prior to application and allow to dry.

#### Versette

PS #179451

- ∆8-12 or when soiled
- Suction @ 40-60 mmHg



#### Men's Liberty Acute

PS #169814

- NO SUCTION: connect to a straight drainage bag
- Δwhen falling off (turns milky-white) or soiled



#### **Premium Underpad**

PS #53255

- Use barrier creams to protect the patient's skin from moisture breakdown
- Weigh underpad for accurate I/O in EMR



#### Hole-in-the chux

PS #53255

- Fold a premium underpad in half and cut a slit
- Bring penis and scrotum through, fold into a box



If external catheter alternatives fail, does the patient have an appropriate indication for an indwelling urethral catheter?

## A. Examples of appropriate indications for indwelling urethral catheter use 1-4

- Patient has acute urinary retention or bladder outlet obstruction.
- Need for accurate measurements of urinary output in critically ill patients.
- Perioperative use for selected surgical procedures:
  - Patients undergoing urologic surgery or other surgery on contiguous structures of the genitourinary tract.
  - Anticipated prolonged duration of surgery (catheters inserted for this reason should be removed in PACU).

- Patients anticipated to receive largevolumeinfusions or diuretics during surgery.
- Need for intraoperative monitoring of urinary output.
- To assist in healing of open sacral or perineal wounds in incontinent patients.
- Patient requires prolonged immobilization (e.g., potentially unstable thoracic or lumbar spine, multiple traumatic injuries such as pelvic fractures).
- To improve comfort for end of life care if needed.

#### B. Examples of inappropriate uses of indwelling catheters

- As a substitute for nursing care of the patient or resident with incontinence.
- As a means of obtaining urine for culture or other diagnostic tests when the patient can voluntarily void.
- For prolonged postoperative duration without appropriate indications (e.g., structural repair of urethra or contiguous structures, prolonged effect of epidural anaesthesia, etc.).