

A woman with blonde hair tied back is running on a gravel path. She is wearing a light blue tank top and black shorts. The background is a lush green forested hill under a clear sky.

# HERE FOR IOWA

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University of Iowa Health Care  
Annual Report 2025

**IOWA**  
HEALTH CARE



## FROM THE VICE PRESIDENT FOR MEDICAL AFFAIRS AND DEAN

Iowans have an enduring sense of place and a strong connection to their communities and their state. They're proud of who they are, where they're from, and where they're going.

Across University of Iowa Health Care, we're proud, too.

As the state's only comprehensive academic health system, our commitment is to help make all of Iowa better — in patient care, research, education, and service to the state.

In 2025, we made great progress in these areas. We opened a new medical campus in nearby North Liberty, Iowa, which is home to our Department of Orthopedics and Rehabilitation as well as a new emergency department, pharmacy, and advanced imaging capabilities.

We also joined forces with the Des Moines-based Mission Cancer + Blood to create a comprehensive statewide cancer care network. With over 20 clinic locations primarily in central and south-central Iowa, Mission is a vital resource. Now, as part of UI Health Care, our oncology teams work together to offer clinical trials and the latest cancer treatments in communities across the state.

At our downtown campus in Iowa City, we upgraded and reopened a once-closed inpatient unit and the cardiac electrophysiology lab. Additionally, we relocated most of our family and community medicine services to an existing facility in northeast Iowa City. We also opened a new location in Urbandale, Iowa, bringing together several of our existing specialty services in the Des Moines area. Each of these initiatives is part of a continued commitment to provide greater access and convenience for patients.

Our research teams received over \$266 million in external funding over the past fiscal year, and many of our scientists garnered major awards and recognition for their discoveries that help advance our understanding of health and disease and pave the way for new, life-changing treatments.

From an education and training perspective, several of our programs are included in the *U.S. News & World Report* rankings of "Best Medical Schools" — including our top-ranked physician assistant program — and we're strengthening efforts to get more graduates to stay and practice in Iowa. Roughly half of the state's doctors received their education or training at Iowa, and it's gratifying to see many of the state's best and brightest students choose the Carver College of Medicine to reach their goals.

In terms of collaboration, we're partnering with hospitals across the state by sharing technologies and expertise so that these community-based providers are better connected to the resources and expertise available at our medical centers — with the shared goal of providing high-quality, coordinated care for Iowans close to home.

In this report, you'll learn more about some of the highlights I've noted here — and you'll recognize the thread that's woven throughout our mission. It's a commitment to all of Iowa. And through this commitment, our impact is seen and felt far beyond the state's borders.

It's what we do. It's why we're here.



**Denise Jamieson, MD, MPH**

University of Iowa Vice President for Medical Affairs and the  
Tyrone D. Artz Dean, Carver College of Medicine





# UNIVERSITY OF IOWA HEALTH CARE IS IOWA'S COMPREHENSIVE ACADEMIC HEALTH SYSTEM

UI Health Care comprises the Clinical Enterprise and the Roy J. and Lucille A. Carver College of Medicine.

Through coordination and collaboration, UI Health Care:



**Provides high-quality care** across Iowa and throughout the region



**Teaches and trains** the next generation of physicians, scientists, and health care professionals



**Seeks research discoveries** that advance our understanding of human health and disease and lead to new therapies and treatments



**Offers programs and services to communities** that address identified health needs and provide measurable improvement in health care access, health status, and use of health care resources

**On the cover:** When **Grace Lidgett** signed up for track and field in seventh grade with dreams of becoming a long-distance runner, she was encouraged to stick to shorter distances because of concerns that the physical strain would be too much for a person with cystic fibrosis. But today, thanks to a groundbreaking treatment developed through research at UI Health Care, Lidgett, 20, embraces opportunities to not only defy expectations but redefine them.



## Our Mission

Changing medicine.  
Changing lives.®



## Our Vision

To be among the nation's best in medical education, biomedical research, and patient care toward improving the health and well-being of Iowans and their communities while fostering an environment where all can thrive.



## Our We Care Values

Welcoming

Excellence

Collaboration

Accountability

Respect

Empowerment



# HERE FOR PATIENTS AND FAMILIES

## WORLD-CLASS NEONATAL CARE

It's an expectant parent's worst nightmare: waiting in a hospital room for days, surrounded by doctors and nurses, hoping their baby won't be born too early.

For **Randall and Mollie Keen** of Ankeny, Iowa, they needed their baby to be born after midnight on July 5, 2024 — the 21-week mark for Mollie Keen's pregnancy. If the Keens could hold off until then, the expert neonatal team at UI Health Care Stead Family Children's Hospital would do everything they could to save their son, **Nash**.

One year later, the Keen family celebrated Nash's first birthday — and his Guinness World Records distinction as the world's most premature baby.

Mollie Keen had been previously diagnosed with a medical complication that can lead to preterm birth. At her local doctor's office for a 20-week scan, she was told that she was already 2 centimeters dilated. Through an online support group, she learned that neonatal specialists at **Stead Family Children's Hospital** had recently started performing lifesaving measures on babies born at 21 weeks.

Mollie Keen was admitted to UI Health Care, where high-risk obstetricians worked to delay her labor. Just hours after she passed the 21-week mark, she delivered baby Nash. He was transferred immediately to the neonatal intensive care unit (NICU) at Stead Family Children's Hospital, whose outcomes for babies born at 22 weeks are among the best in the world. Still, his chance of survival was technically nonexistent — no baby had ever been born so early and survived.

Although he weighed only 10 ounces, Nash was big enough for the medical

team to insert a breathing tube and intravenous lines. At Stead Family Children's Hospital, one protocol that's led to successful outcomes is the use of **hemodynamics**, an approach that uses ultrasound to measure a premature infant's blood flow and heart function, which allows for targeted treatments at the first sign of trouble. Under the leadership of neonatology division director **Patrick McNamara**, MB, BCh, Iowa established the nation's first hemodynamics fellowship program.

Hemodynamics "allows us to really fine-tune and tailor our therapies," says neonatologist **Amy Stanford**, MD.

Nash's resilience, combined with the care and expertise of the NICU team, carried him through months of recovery. After 189 days in the hospital, Nash went home in January 2025.

Stanford and her colleagues continue to follow Nash and have resolved several ongoing health issues, including a minor heart defect. And he continues to make good progress.

"My ultimate goal for Nash is by the time he's 5 years old when he goes to kindergarten, no one will know that he was born so early," Stanford says.





**NO. 1**

Hospital in Iowa,  
ranked by *U.S. News  
& World Report*

**1,095**

Staffed inpatient  
beds

**40,500**

Inpatient admissions

**1.5M**

Clinic visits

**41,600**

Major surgeries

**242,000**

Minor surgical  
procedures

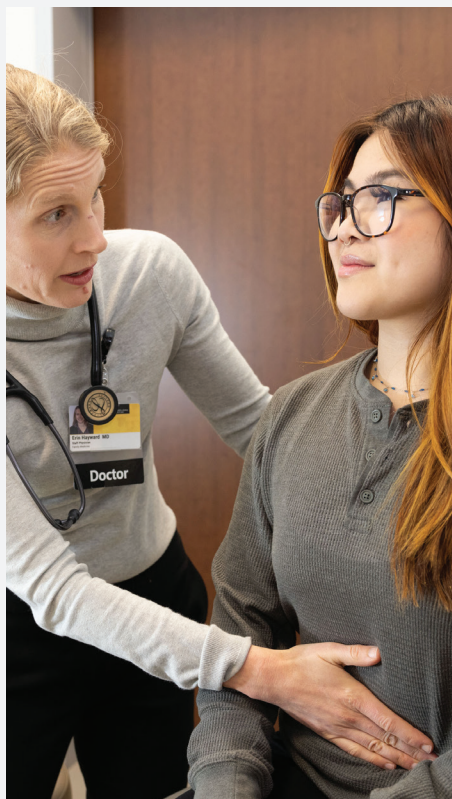
**3,998**

Births

**583**

Organ and tissue  
transplants

Since going home in January 2025, **Nash Keen** has made steady progress in terms of his growth and development. He continues to be seen at Stead Family Children's Hospital for follow-up care and to monitor his cardiopulmonary health.

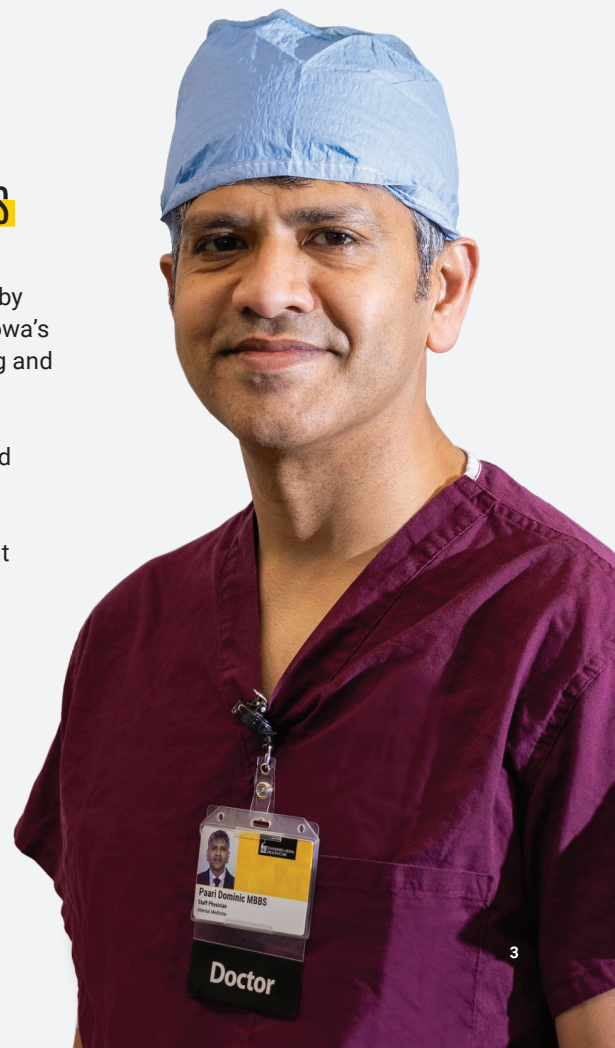


## NEW HOME FOR FAMILY MEDICINE

In December 2025, the **Department of Family and Community Medicine** began seeing patients at a new location in northeast Iowa City. Conveniently located near Interstate 80, the facility — a former community orthopedic clinic — increases access to UI Health Care family medicine services with 41 clinic exam rooms and lab, and it is home to the department's faculty, staff, and trainees. The move makes getting family medicine care easier for patients while creating space within the university campus medical center to expand specialty care services.

## IOWA'S LEADING ARRHYTHMIA SPECIALISTS

UI Health Care's cardiac electrophysiology (EP) team, led by **Paari Dominic**, MBBS, MPH, is Iowa's most experienced for diagnosing and treating complex and rare heart rhythm disorders. In 2025, our arrhythmia specialists performed their 800th procedure using the Farapulse™ pulsed field ablation system — an advanced treatment for atrial fibrillation that was developed at Iowa. And this fall, the team reopened the EP lab at UI Health Care's downtown campus, giving patients greater access and convenience.







# HERE FOR COMPREHENSIVE CANCER CARE EXPERTISE

## CLINICAL TRIALS BRING OPTIONS — AND RESULTS

**L**inda Jacobs of DeWitt, Iowa, has faced a cancer diagnosis three times in the past decade. She had a lumpectomy in 2015 to remove a breast tumor only to have a different type of cancer develop in her other breast a few years later. At that point, she opted for a double mastectomy and radiation treatments. But in 2021, she developed radiation-induced angiosarcoma, a cancer that forms in the lining of the blood and lymph vessels. She took an immunotherapy drug called Keytruda, which kept the cancer at bay — until it didn't.

Jacobs' local care team referred her to specialists at UI Health Care's **Holden Comprehensive Cancer Center**, who enrolled her in a clinical trial investigating the effects of an injectable oncolytic virus that helps a patient's immune system target cancer cells. Out of 353 patients who received the drug in the nationwide study, Jacobs was one of 51 treated at Iowa. She was among the one-third of participants whose tumors shrank within 12 months. Now, more than two years after initiating treatment at Holden, Jacobs has no signs of cancer.

"I come in for scans every three months, and so far, so good," she says. "I am cancer free."

Jacobs and many more Iowans are doing well today because of advanced cancer care at Holden. With more than 200 clinical trials underway at any given time, more cancer drugs are available to Iowans, which is why oncologists across the state look to Holden for collaboration. For 25 years, it has been and remains Iowa's only National Cancer Institute-designated comprehensive cancer center.

This level of expertise is important for Iowa, which has the nation's second-highest rate of cancer incidence. What's promising is that Iowans have a better chance of survival today due to decades of research and collaboration to test promising new cancer therapies.



## HOLDEN COMPREHENSIVE CANCER CENTER

25

Years as a National Cancer Institute-designated comprehensive cancer center — the NCI's highest distinction

100,000

Annual visits to the clinical cancer center

250+

Holden physicians, nurses, advanced practice providers, and other staff

200+

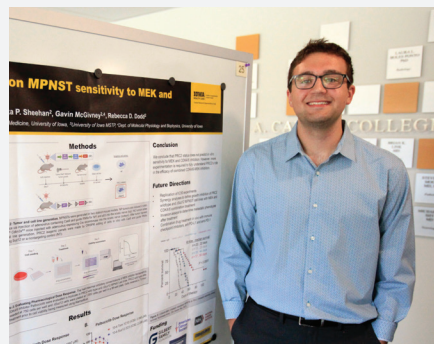
Active cancer clinical trials

Two years after enrolling in clinical trial to help her immune system target her angiosarcoma, **Linda Jacobs** shows no signs of cancer in her body. Specialists at Holden Comprehensive Cancer Center at Iowa — the only center in Iowa designated by the National Cancer Institute for the highest level of expertise — enroll hundreds of patients each year in clinical studies of new and emerging treatments.

## PREPARING FUTURE CANCER EXPERTS

UI Health Care leads several programs to prepare students and trainees for careers in cancer clinical care, research, and education. One example is the **Undergraduate Cancer Research Internship**, which gives undergrads at Iowa a

10-week experience working in a lab and networking with peers and cancer faculty members before they apply to medical school or graduate school. **Nathan Steimel** from Des Moines, who participated in the program in 2024, is now a first-year medical student in the Carver College of Medicine. Like Steimel, over half of the students in the internship cohort have Iowa ties. Similarly, the **Medical Student Oncology Interest Program** connects students with opportunities to network, job-shadow, and work on cancer research projects and spur interest in careers in cancer care and research. Also, Holden offers its **ICARE Post-Baccalaureate Fellows Program**, open to recent college graduates seeking additional research experience before applying to medical school or graduate school.



## NEUROENDOCRINE TUMOR RESEARCH

UI Health Care researchers — led by (from left) **James Howe**, MD, professor of surgery, **Dawn Quelle**, PhD, professor of neuroscience and pharmacology, and **Yusuf Menda**, MD, professor of radiology — received a five-year, \$10.7 million **Specialized Program of Research Excellence (SPORE)** grant from the National Cancer Institute to study new, targeted therapies for neuroendocrine tumors. These rare, slow-growing cancers can arise almost anywhere in the body and typically do not respond to traditional cancer treatments. The UI is the only institution in the U.S. to have received a SPORE grant focused on neuroendocrine tumors.





# HERE FOR CANCER CARE IN IOWA COMMUNITIES

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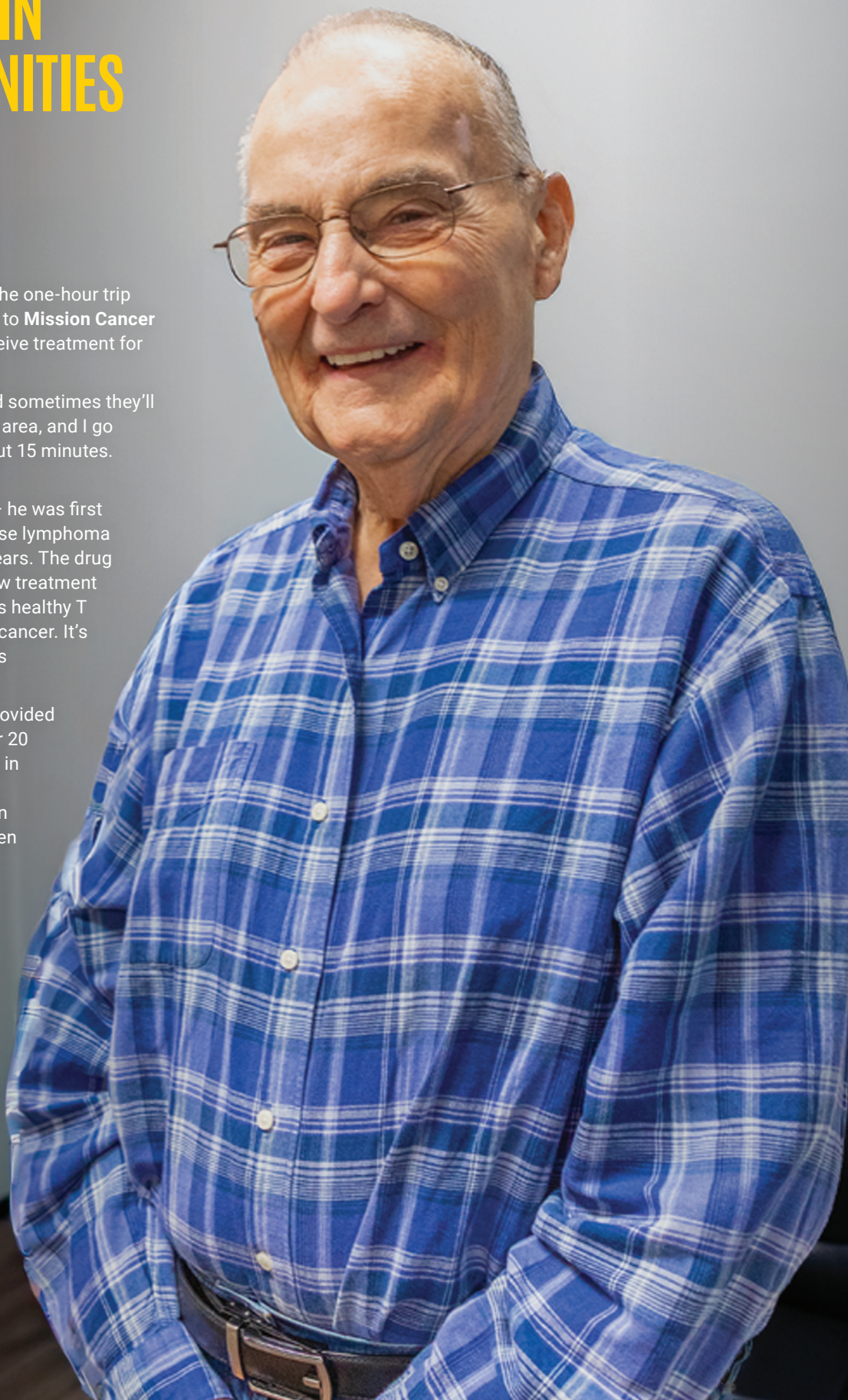
## CANCER THERAPY CLOSER TO HOME

Every other week, **Ron Fisher** makes the one-hour trip from his home in Marshalltown, Iowa, to **Mission Cancer + Blood**, part of UI Health Care, to receive treatment for non-Hodgkin lymphoma.

"I walk in. I get my blood checked, and sometimes they'll take a scan. I get a shot in the tummy area, and I go home until the next time. It takes about 15 minutes. And that's it," he says.

Fisher is a longtime cancer survivor — he was first diagnosed and treated in 1994 — whose lymphoma has returned several times over the years. The drug he currently receives is a relatively new treatment known as a bispecific antibody. It links healthy T cells to cancerous B cells to fight the cancer. It's one of many T cell-mediated therapies available at Mission Cancer + Blood.

For over four decades, Mission has provided high-quality oncology services at over 20 clinic locations across Iowa, primarily in the state's central and south-central areas. By joining UI Health Care, and in collaboration with specialists at Holden Comprehensive Cancer Center, Mission gives patients even greater access to a full range of cancer care. For years, Mission has led its own successful clinical trials program. Now, as part of UI Health Care, they're poised to offer more clinical trials and emerging treatments.





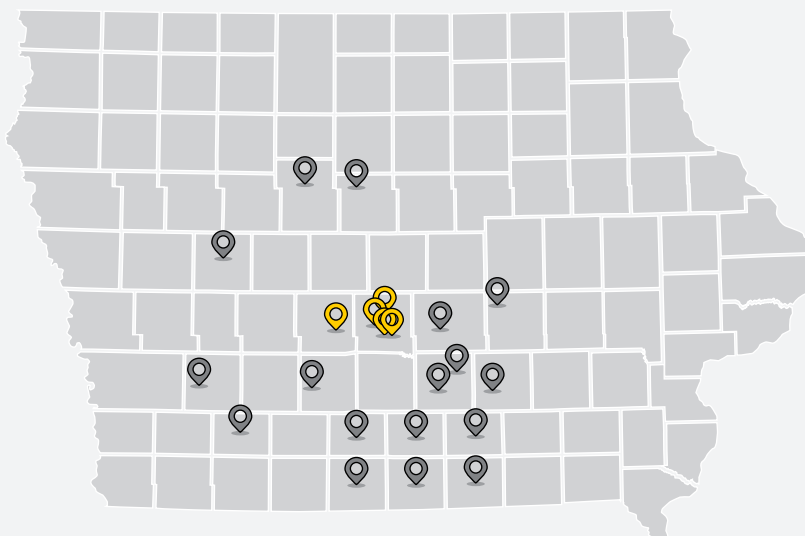
## Greater access to clinical trials

Following its implementation of the electronic medical record system used at UI Health Care, the organizations launched a first set of joint clinical trials in July. The first two studies are interventional drug treatment trials for patients with large-cell lymphoma. More clinical trials are planned for patients with other types of lymphoma as well as multiple myeloma, lung cancer, and breast cancer.

Moving forward, Holden and Mission teams are working to build flexible processes for how joint clinical trials will operate. If patients living closer to Des Moines are good candidates for a trial based at UI Health Care, for example, it may be possible for Mission to function as a satellite location. Ultimately, offering clinical trials at multiple locations will provide greater convenience for patients while also providing a larger and broader pool of clinical trial participants.

"We're working to minimize or eliminate barriers to clinical trial participation so that patients have access to even more new and emerging therapies closer to where they live," says **Tara Graff**, DO, director of clinical research at Mission Cancer + Blood.

## MISSION CANCER + BLOOD LOCATIONS



### Des Moines Metro Locations

Ankeny, Magazine Road  
Clive, University Ave.  
Des Moines, East Court Ave.  
Des Moines, Laurel St.  
Waukee, SE Encompass Dr.

### Outreach Locations

Albia	Corning	Leon
Atlantic	Corydon	Newton
Carrol	Fort Dodge	Osceola
Centerville	Grinnell	Pella
Chariton	Knoxville	Winterset

With the expertise of Mission Cancer + Blood cancer specialists, including (from left) **Tara Graff**, DO, **Angela Sandre**, DO, and **Bradley Hiatt**, DO, patients have greater access to comprehensive services and expanded options for the latest therapies, including clinical trials.





# HERE TO ADVANCE MEDICINE FOR BETTER OUTCOMES

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## LIFE-CHANGING RESEARCH

Cystic fibrosis (CF) is a genetic disorder that damages the lungs, pancreas, and other organs, making it extremely difficult for people with CF to breathe and get adequate nutrition. For decades, it was considered a terminal illness, with many patients not living past their teenage or early adult years.

As a physician-scientist studying CF, **Michael Welsh**, MD, was interested in how cells produce and maintain a thin, protective layer of mucus to capture and flush away bacteria and other irritants from the lungs. In people with CF, this mucus is sticky and clings to cells instead of “bathing” them — clogging airways and contributing to recurring lung infections. It also affects the pancreas, blocking the flow of enzymes and disrupting digestive processes.

Beginning in the early 1990s, following the discovery of the cystic fibrosis transmembrane conductance regulator (CFTR) gene, Welsh and his colleagues demonstrated that the CFTR protein is a channel that lets chloride flow through cell membranes. The researchers learned about ways that CFTR gene mutations disrupted its function. Over time, they discovered they could repair its function in the lab. This paved the way for a new class of drugs to correct CFTR protein defects. One of these, Trikafta, is a triple-combination therapy with the potential to treat approximately 90% of patients.

Today, CF can be treated at the molecular level in ways that surpass past therapies that focused on managing symptoms — turning CF from a fatal disease to a manageable condition.

In 2025, Welsh and his collaborators were recognized with several major research awards, including the **Lasker-DeBakey Clinical Medical Research Award** — known as one of “America’s Nobels.” But Welsh is quick to emphasize the importance of external funding on his work as well as the collaborations that made such advancements in CF possible.

“I’m the beneficiary of fantastic students and fellows, and tremendous staff, colleagues, and collaborators. Because no one does this alone,” he says.





**\$266.4M**

In external research funding in fiscal year 2025, which includes **\$137.9** million in National Institutes of Health funding

**46<sup>TH</sup>**

Nationally in NIH funding, according to the Blue Ridge Institute for Medical Research

**293**

Active NIH grants

**280+**

Research labs

**35+**

Research institutes and centers

**TIER 2 (TOP 50)**

Ranking in research by *U.S. News & World Report*

A native of Marshalltown, Iowa, **Michael Welsh**, MD, has spent nearly his entire career at Iowa. For more than 40 years, he has led research teams and fostered collaborations with scientists around the world to study the complexities of lung biology. His work has helped pave the way for new therapies that improve the quality of life for people with cystic fibrosis.



## MAJOR GRANT FOR A RARE AIRWAY DISEASE

This year, researchers at Iowa, led by pulmonologist **David Stoltz**, MD, PhD, were awarded a five-year, \$11.8 million grant from the National Heart, Lung, and Blood Institute, part of the National Institutes of Health, to study primary ciliary dyskinesia, a rare genetic disorder characterized by chronic respiratory infections. Stoltz and colleagues will take a research approach similar to his and others' work that led to the breakthrough in treatment for cystic fibrosis.

## NEW HOPE WITH NEW THERAPY

Diagnosed as a child with cystic fibrosis, **Grace Lidgett** of Traer, Iowa, has never taken breathing for granted. Today, thanks to the drug Trikafta — a therapy based on groundbreaking cystic fibrosis research at Iowa — she is pursuing dreams she once feared she wouldn't live long enough to realize. She's a college student, an avid runner, and a participant in studies to help improve CF treatments. "Research means opportunity," she says. "To take a full breath and fill my lungs with air, rather than illness, means everything."





# HERE FOR IOWA TO TRAIN PHYSICIANS AND PROVIDERS

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## DEEP ROOTS, STRONG COMMITMENT

Growing up on a farm near the northwest Iowa town of Cleghorn taught **Ashley Hurd-Jackson, MD**, the value of hard work and commitment. Going to medical school showed her she could use her background and experience to make a difference for Iowans.

As a student in the **Carver Rural Iowa Scholars Program (CRISP)**, Hurd-Jackson found a perfect opportunity. Through mentorship, clinical experiences, and loan repayment incentives, the program prepares students to practice in rural-based Iowa communities following their medical residency training.

It's one way the Carver College of Medicine is addressing Iowa's physician workforce needs. The program recently expanded from four to eight students per medical school class. Of the CRISP students who have completed their residencies, nearly 90% are practicing in rural Iowa.

As a CRISP student, Hurd-Jackson became interested in obstetrics and gynecology. Through the program, she connected with an OBGYN provider in eastern Iowa.

"We didn't have a rural OBGYN where I grew up, so I wanted to gain a better understanding of what that career may look like. I was able to take a four-week elective and got to work closely with her," Hurd-Jackson says. "That made me feel like I can take my interest and career aspirations that I've had since I was little and turn them into an actual reality."

Following graduation in May 2025, she began four-year residency training in OBGYN at UI Health Care. She's a resident physician in the program's rural track, which provides opportunities to work and learn with OBGYN specialists at hospitals and practices in Iowa communities.

Once her OBGYN training is completed, Hurd-Jackson sees herself returning to her rural Iowa roots.

"Developing rapport where I can genuinely get to know my patients on a personal level is something that I really strive for as a future physician," she says.





1,468

Faculty members

26

Academic  
departments

628

Medical students

901

Residents, fellows,  
and dentists in  
training

NO. 1

U.S. News & World  
Report ranking for  
physician assistant  
program

NO. 3

U.S. News & World  
Report ranking for  
physical therapy  
program

Right: **Cara Drew**, director of UI Health Care's family and community medicine residency training program in Sioux City, reviews the results of an ultrasound with resident physician **Rebecca Steinbeck**, DO (right).

## ALL-IOWA CAREER FAIR



In July 2025, nearly 100 UI Health Care resident physicians and fellow physicians and their spouses met with representatives from 10 Iowa-based health systems, clinics, and critical access hospitals. Co-sponsored with Great River Health, the Iowa Hospital Association, and the Iowa Medical Society, the event is part of a broader initiative to encourage trainees to remain in the state to practice medicine.

## FAMILY MEDICINE IN SIOUX CITY

UI Health Care maintains a family medicine practice and residency training program in Sioux City. Under the direction of **Cara Drew**, MD, clinical associate professor of family and community medicine, it's the only such program in western Iowa — training 18 family medicine residents, with six graduates each year, many of whom stay in Iowa to practice. Combined with over 25,000 clinic visits each year, the program has an important presence in the Siouxland region of western Iowa.





# HERE FOR IOWA HOSPITALS

For **Amber Pergande** with Iowa Specialty Hospitals & Clinics, having access to the Epic electronic health record system and its MyChart patient portal has changed how care teams and patients stay connected — bringing patients and providers closer than ever before.

## CONNECTING WITH HEALTH SYSTEMS AROUND THE STATE

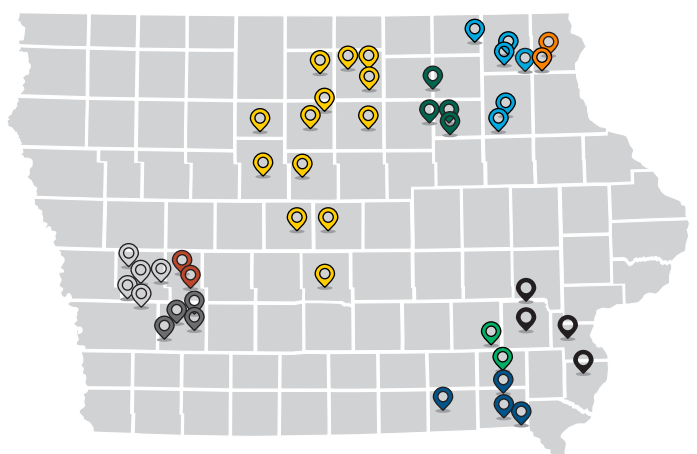
As informatics director for Iowa Specialty Hospitals & Clinics — and as the spouse of a sixth-generation farmer — **Amber Pergande** understands the value of collaboration when it comes to caring for patients in north-central Iowa.

“Many rural Iowans live hours away from a clinic, and they aren’t going to stop working to go to the doctor,” Pergande says “Having virtual visits as an option allows people to still receive great care. My husband is a good example of this — he has done a telehealth visit while planting a field.”

Stories like the Pergandes’ are possible thanks to UI Health Care’s **Community Connect Iowa (CCI) program**, which provides Iowa Specialty Hospitals & Clinics and other Iowa hospital systems serving over 40 communities across the state with access to technology and training that helps patients get coordinated care closer to home.

CCI enables community hospitals to work with UI Health Care to access the Epic electronic health record system and offer the same secure, advanced tools that large health systems use without having to purchase and maintain the technology on their own. They get access to Epic’s suite of tools, including inpatient and outpatient records, the MyChart patient portal, and Care Everywhere, which securely shares information when patients receive care at more than one facility.

## UI HEALTH CARE COMMUNITY CONNECT SITES



- |                                     |                            |                                       |
|-------------------------------------|----------------------------|---------------------------------------|
| Audubon Memorial Hospital & Clinics | Myrtue Medical Center      | Washington County Hospitals & Clinics |
| Cass Health                         | Van Buren County Hospital  | Waverly Health Center                 |
| Iowa Specialty Hospitals & Clinics  | Veterans Memorial Hospital | WinnMed                               |
| Jefferson County Health Center      |                            |                                       |



For patients, it means fewer gaps and smoother handoffs between providers. For rural hospitals, it means stronger operations and support. It's a philosophy that UI Health Care's technology leaders are carrying forward as the program expands across the state.

"CCI is already an impressive program — it's nationally recognized for showing how partnership and technology can reach patients in places that would otherwise be limited by geography or resources," says **Joshua Wilda**, MPA, chief information digital officer for UI Health Care. "Our goal is to lift the capabilities of community hospitals so they can thrive where they are while enabling UI Health Care to provide more connected support to those regions."

Pergande says the system has changed how Iowa Specialty Hospitals & Clinics care teams and patients stay connected. Through MyChart, patients can schedule appointments, message their doctors, review test results, and have telehealth visits from home.

"Having access to Epic allows us to work together more efficiently," Pergande says. "It's brought our patients and providers closer than ever before."

Several times each year, CCI sites come together for user group forums and leadership meetings to share best practices and address common challenges with their peers.

"The next step is to use technology to identify new opportunities to collaborate across the state," Wilda says. "When we intentionally improve together, the bridge becomes more than a connectivity path — it becomes a network of shared strength."

## EMERGENCY DEPARTMENT APP RESIDENCY



The UI Health Care Department of Emergency Medicine offers an **advanced practice provider (APP) residency training program** for physician assistants and advanced registered nurse practitioners. Established in 2008 by department chair **Andrew Nugent**, MD, MHA, it's the longest continuously running postgraduate emergency medicine program in the country. The 18-month program gives APPs the training and experience to treat and stabilize patients in a variety of settings. This includes rural emergency departments, such as **Washington County Hospital** in Washington, Iowa, which is one of the training sites.

## MEDICAL TOXICOLOGY UNIT



Since its opening in summer 2024, demand for services at the UI Health Care **Medical Toxicology Clinic** — the first and only clinic of its kind in Iowa — has remained high. The clinic's staff see patients referred from hospitals and health systems from across Iowa and surrounding states. The majority of referrals are related to occupational and environmental exposures. Lead poisoning at work or at home is also a common concern. The clinic's staff take a targeted approach to treatment and also provide consultation.



# HERE FOR THE COMMUNITY

## NORTH LIBERTY CAMPUS: ACCESS, CONVENIENCE, AND EXPERTISE

With the April 2025 opening of a new medical center campus in North Liberty, Iowa, UI Health Care gives patients even greater access to specialized care. The North Liberty campus offers orthopedic services across a complete range of musculoskeletal subspecialties. The facility also features a walk-in clinic for acute orthopedic injuries, plus a large indoor physical therapy gym and outdoor rehab space.

Orthopedic surgical services include 12 operating rooms with surgical robotics capabilities as well as shelled space for four additional ORs. There are designated areas for pre- and postoperative care and two additional rooms designed for orthopedic procedures that don't require a surgical suite.

The North Liberty campus also features an emergency department, inpatient and outpatient pharmacy with 24/7 drive-thru service, clinical lab services, advanced diagnostic imaging, dedicated space for research and teaching, and amenities for patients — all in one convenient location.

The opening of the North Liberty campus means ease of access to high-quality orthopedics care. It also creates much-needed space and opportunities for expanding patient care, education and training, and clinical research at the university campus. It's a major component of the university's facilities master plan to modernize facilities and expand access for complex and critical patient care to lowans while facilitating clinical research and education.

### NORTH LIBERTY CAMPUS

36

Inpatient  
beds

84

Exam  
rooms

18

Emergency  
care rooms

12

Operating  
rooms

UI Health Care Sports Medicine — led by medical director **Brian Wolf**, who also serves as head team physician for UI Athletics — treat athletes of all ages and skill levels at the North Liberty campus.





The opening of a family medicine inpatient unit at UI Health Care's downtown campus delivers on a commitment to patients in the area and surrounding region. On the unit, team members — including staff nurse **Kendra Connop**, BSN, RN — care for patients with a range of medical conditions.



## DOWNTOWN CAMPUS: PRESERVING CARE IN THE COMMUNITY

When UI Health Care assumed operations of the hospital at 500 E. Market St. in Iowa City, several goals were clear: Make sure that patients continued to receive accessible, outstanding care; preserve jobs in the community and maintain an open medical staff model for area physicians who had been affiliated with the hospital; and make technology and infrastructure upgrades to fully establish the downtown campus as an integral part of the academic health system.

A major first step for the downtown campus was the transition to the electronic medical record system used on the university and North Liberty campuses. It marked the completion of a key priority in optimizing clinical operations and improving patient flow.

Investments in facility and infrastructure upgrades also were key. July 2025 marked the reopening of a 26-bed inpatient unit that had been closed for several years. The unit was renovated and optimized for inpatient family medicine care for patients

with heart conditions, diabetes, severe infections, and kidney disease, for example. The unit also gives resident physicians in family medicine a unique training experience in a community-based setting and offers greater opportunities to work with family medicine faculty and specialty consulting physicians.

Beginning in October 2025, patients scheduling cardiac electrophysiology (EP) procedures had the option of receiving care at the downtown campus. The reopening of the EP lab — part of the cardiac catheterization lab at the downtown location — further strengthened a commitment to enhancing community health care while expanding access and reducing wait times for important procedures. The EP lab is outfitted with modern technology and equipment. Pacemaker and cardioverter defibrillator implant procedures are available at the downtown campus, along with cardiac ablation and cardioversion procedures.

### DOWNTOWN CAMPUS

**5,000**

Inpatient admissions

**150,000**

Clinic visits

**1,300**

Cardiac catheterization procedures

**680**

Births



# HERE FOR EACH OTHER



## MANY VOICES, A UNIFIED APPROACH

When care is complex, the strength of a team can make all the difference.

That's especially true in the **Neurobehavioral Specialty Unit** at UI Health Care's university campus in Iowa City, where collaboration across disciplines is essential to supporting patients with a wide range of needs.

On the unit, nurses, psychologists, aides, behavioral health consultants, teachers, recreational therapists, psychiatrists, and social workers all play a vital role in treating patients with dignity, protecting their safety, and supporting their overall well-being.

For their dedication to each other, the team was recognized with this year's **DAISY Team Award**, a recognition program to celebrate nurse-led teams through nominations by co-workers, patients, and families.

Strong alignment around shared goals and open lines of communication helps foster trust across the unit. One key tool is a Teams message thread — a “living document” to share updates, describe new techniques, and reflect on what worked and what didn't. In addition to practical insights, the thread has also become a space to celebrate wins, which helps sustain team morale.

Offline, a large whiteboard serves as a brainstorming hub. Team members jot down ideas for therapies or goals they'd like to explore with patients. Together, they talk through what it would take to achieve them, then revisit the discussion later to share feedback and make any necessary adjustments.

“So many voices come together to make sure we are on the same page,” says **Tom Martz**, DNP, NEA-BC, director of nursing services for behavioral health. “It's not always easy, and sometimes it is a moving target, but it is all those voices that make sure we're not looking at things only through the lens of one discipline.”





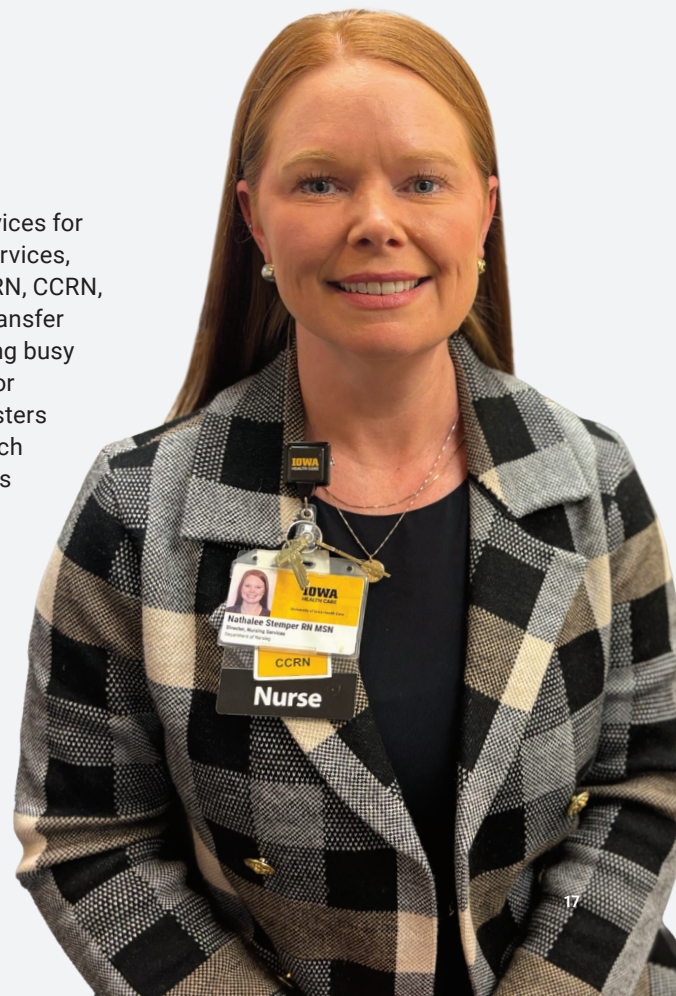
## TEACHING, LEADING BY EXAMPLE



**Suzy Hammer-White**, MSN, MHA, RN, CNML, plays an important role as a nursing practice leader in the Ambulatory Care Services Nursing Unit on the university campus. She is involved in nursing student education, and she supports medical assistant externships and job-shadow experiences at ambulatory clinics across the health system. She's also been instrumental in implementing a needlestick prevention project that's garnered national recognition. Her efforts led to Hammer-White receiving the 2025 **DAISY Award for Extraordinary Nurse Educators**.

## PUTTING PEOPLE FIRST

As director of nursing services for Intensive and Specialty Services, **Nathalee Stemper**, MSN, RN, CCRN, will often step in to help transfer patients or draw labs during busy shifts. No matter the role or responsibility, Stemper fosters a workplace culture in which caring for one another is as important as caring for patients and families. It's leadership that strengthens her team and inspires others, earning Stemper the 2025 **DAISY Nurse Leader Award**.





# HERE FOR IOWA

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Over the past year, University of Iowa Health Care implemented a comprehensive brand update that reflects its evolution as an integrated health system.

One of the more noticeable aspects of this campaign has been the launch of a UI Health Care logo that aligns with the broader University of Iowa brand.

## IOWA HEALTH CARE

The UI Health Care brand is more than a logo, however. The words and images, fonts and colors, and stories we share all help convey our brand and make it easier for Iowans to recognize, identify, and relate to UI Health Care. Over time, these brand resources help build awareness, familiarity, and trust with Iowans and all our audiences.

It's one of the many reasons why UI Health Care was named the **No. 1 "most humanizing" health care brand in the U.S.** for 2025 by the brand experience company Monigle.

Here are the four pillars that guide the UI Health Care brand:

### LEADERSHIP

A commitment to doing and being the best, so that we can continue to be the trusted health system Iowans deserve.

### INNOVATION

Finding better ways to deliver health care through clinical excellence, research, and education.

### PARTNERSHIP

It is our responsibility to partner with others to improve the health of our communities.

### COLLABORATION

Together, we carry out our mission and pursue our shared goals.





The updated brand supports the UI Health Care strategic plan, which guides the direction and future of our health system across six strategic priorities:



## ACCESS

Improve access to health care services for more Iowans



## WORKFORCE

Optimize our workforce with engaged, satisfied talent



## QUALITY

Improve quality, coordination, and reliability of care



## EDUCATION AND TRAINING

Prepare the next generation of health care providers and scientists



## RESEARCH

Advance scientific knowledge that leads to tomorrow's treatments and cures



## FINANCE

Be good stewards of resources to ensure financial sustainability and reinvestment in the mission

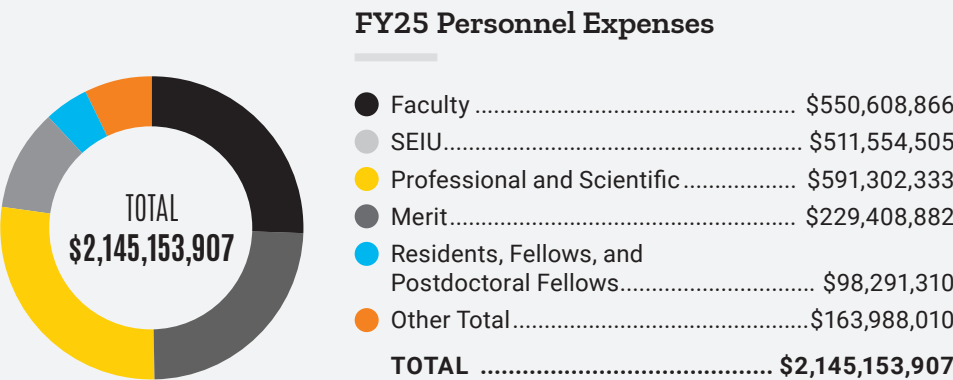
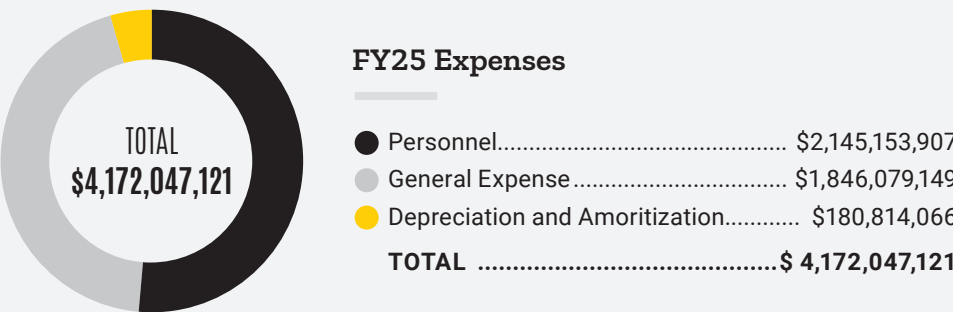
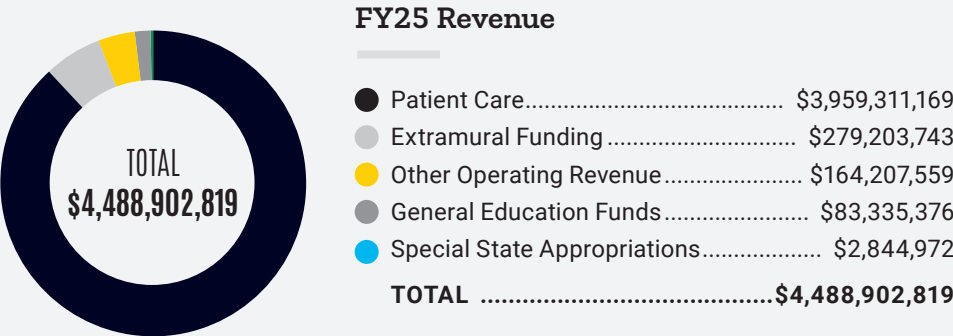




# CONSOLIDATED FINANCIAL INFORMATION

Fiscal year 2025 (July 1, 2024 through June 30, 2025)

enterprise revenue and expenses





## UNIVERSITY OF IOWA HEALTH CARE 2025 ANNUAL REPORT

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# **IOWA**

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