University of Iowa Health Care News

**2019 Novel Coronavirus (COVID-19)**

There are currently no confirmed cases of COVID-19 in Iowa. While the immediate health risk from COVID-19 for Americans is considered low, awareness and prevention are key to reducing exposure. If you feel ill, please refrain from volunteering.

For the most up-to-date information and resources from UI Health Care, please visit the “2019 Novel Coronavirus (COVID-19) Information” page on The Loop and the “5 Things You Should Know This Week About COVID-19” article on The Loop. The Frequently Asked Questions on The Loop is also being continuously update with additional information.
**Volunteer Service Safety Segment**

During your volunteer shift, you may see this flyer. Our supply of PPE is currently adequate, but the global demand for PPE is rising due to the outbreak of the 2019 Novel Coronavirus and shortages are expected. Read more about what this flyer means on The Loop. To conserve our resources, volunteers should not participate in any activities requiring PPE (e.g. gowns, masks, and gloves) unless directly instructed by their Staff Volunteer Supervisor.

Always remember to FOAM IN and FOAM OUT every time you cross the threshold of a patient room! More information on hand hygiene and other standard precautions can be found on Page 37 of the Volunteer Handbook.

**Volunteer Services Events**

**Wild Rose Gifts** will host their Masquerade $5 Trunk Show for two days in the Fountain Lobby (Elevator D, Level 1).

Don’t miss their great collection of jewelry and accessories for only $5!

*Tuesday, March 10th, 10:00 a.m. – 4:30 p.m.*
*Wednesday, March 11th, 7:00 a.m. – 2:00 p.m.*

**Fourth Floor Salon** has a demonstration event in the Fountain Lobby (Elevator D, Level 1) on Thursday, March 12th, 9:00 a.m. – 4:00 p.m.

Stop by to learn more about styling tools and check out their products!
Volunteer Services Recipe Competition
Have a recipe to share? Submit your favorite recipe by emailing Volunteer Services. If your recipe is chosen, you will receive a $10 Volunteer Services gift card!

Volunteer Services Recipe Winner
Family Favorite Chocolate Cake
Congratulations to Dixie Jurgens for her winning submission!

Ingredients
- 1 cup cocoa
- 2 cups sugar
- 3 cup flour
- ½ tsp salt
- 2 tsp baking soda
- 2 eggs
- 2 tsp. vanilla
- 1 cup milk
- 1 cup soft oleo or butter
- 1 cup of water

Suggestions
Make your own frosting or use one container of store-bought frosting. This cake is heavy, and the frosting will not soak into the cake. It keeps many days without drying out. Dixie uses an angel food cake pan to bake her cake. This recipe will also make 30+ cupcakes.
Instructions
1. Preheat oven to 350°F
2. Mix dry ingredients first
3. Gradually stir in the liquid ingredients, stirring well
4. Bake 1 hour, cool before removing from pan and frosting
5. ENJOY!

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**Patient and Family Stories**

"I never would have thought I’d have read a page from "The Notebook" in my life, but today I read a chapter from it to a patient. To top it off, I actually enjoyed it. I’m looking forward to returning and reading some more to her."

“It was fun to get to help discharge patients. I also talked to a couple whose faces lit up once I greeted them. Can’t wait for next week’s shift!”

Think about your own volunteer experience and let us know how you’re making a difference. Connection stories are a great way to share your experiences with other volunteers, and to see the impact volunteers have throughout the hospital. Have a great story to share? Email us!

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**We Want to Hear From YOU!**

The First Friday Newsletter is created by staff in Volunteer Services for you, our wonderful volunteers. Is there something you would like to see more of in the newsletter? Do you have suggestions or ideas? Please let us know!

You can email us directly or give us a call at 319-356-2515.