



# ***First Friday Newsletter***

November 1, 2019  
Volunteer Services – UI Health Care

## ***Volunteer Services News 1,000+ Hour Luncheon***



Left to Right: Dr. Theresa Brennan (Chief Medical Officer), Jia Ern Ong (1,000 Hours), Karen Hoffman (1,000 Hours), Dixie Jurgens (35,000 Hours), Liz O'Hara (1,000 Hours)

At our final 1,000+ Hour Recognition for the year, we celebrated four volunteers for their amazing dedication to our staff, patients, and families! We welcomed three new volunteers into our 1,000 Hour Club and recognized one volunteer for her 35,000 hour milestone! Those honored were:

**Karen Hoffman** is a retired RN from Ophthalmology. She started as a SNICU Family Lounge volunteer, VSO volunteer, and Rooftop Café volunteer in 2010. Karen continues to volunteer at the Rooftop Café on Monday afternoons!

**Liz O'Hara** started in September 2015 in Palliative Care, the SNICU Family Lounge, and the Day of Surgery Lounge. Liz continues to volunteer with Palliative Care and

in the DOSA Lounge, as well as with the No One Dies Alone program.

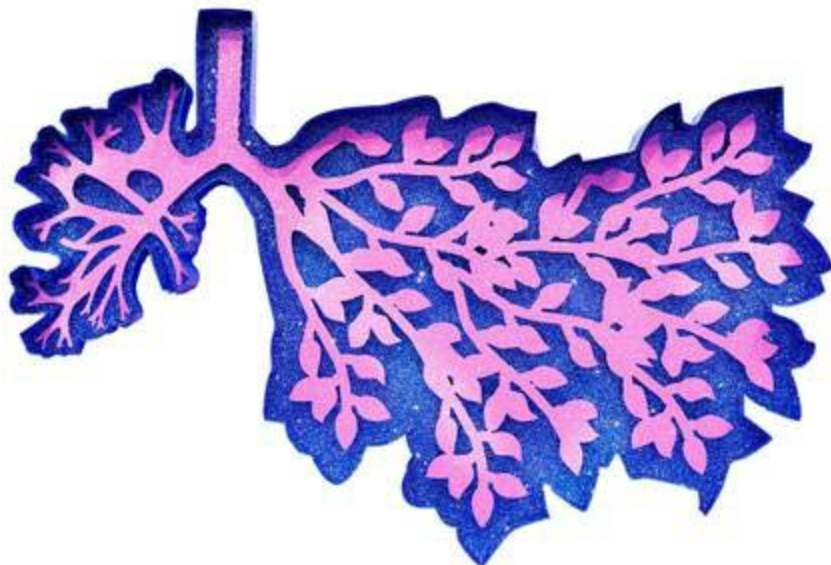
**Jia Ern Ong** started volunteering in September 2016. She is currently a senior at the University of Iowa and has served on the College Student Leader Board since 2017. She started in the Burn Treatment Center and has stayed on the unit as a volunteer, but also volunteers in Oculoplastics.

**Dixie Jurgens** was honored for her milestone of **35,000** hours! Once Dixie retired from Dermatology at UIHC, she started making baby hats and book worms for our Patients' Library. She's been volunteering her time and skills since 1984. What keeps her going? She says she thinks about the little babies and children who get to enjoy her hats and bookworms!

**Thank you for your remarkable contributions!**

### ***Did You Know...***

Volunteer Services is able to make a significant impact on the patient and family experience at UIHC and SFCH because of YOU, our amazing volunteers! But...are you aware of all the programs and services made possible because of your service? Proceeds from Wild Rose Gifts, Kaleidoscope Gift Shop, the Fourth Floor Salon, and Rooftop Café are used to benefit the patient and family experience.



"As I Live and Breathe" is the first exhibit in Project Art's new "Art and Illness" series, funded by Volunteer Services. The series focuses on artists and their artwork examining personal and family health challenges that have been a major part of their art practice at some point in their career. The goal of this program is to promote compassionate understanding, empathy, and meaningful dialogue between patients, their families, and caregivers through the catalyst of artistic expression.

Artist Dylan Mortimer depicts his struggles with cystic fibrosis in his creative and vibrant exhibit. He was diagnosed as an infant, and now at the age of 40, he has been through two double lung transplants. This is art that really needs to be seen in person to fully appreciate. "As I Live and Breathe" is on display in Medical Museum Gallery B (Elevator F, Level 8) until April 17, 2020. We highly encourage volunteers to visit the exhibit, as well as take our patients and their families to this wonderful

gallery.

Click [here](#) to read more about Dylan's amazing journey.

## ***Volunteer Services Spotlight*** **Meredith Hickerson**



Left to right: Jean Reed (Director of VS), Meredith Hickerson (Volunteer), Jillna Claus (Assistant Director of VS) at the 90<sup>th</sup> Annual IHA Meeting on October 9 in Des Moines, IA

Representatives of the Iowa Hospital Association (IHA) invited volunteer Meredith Hickerson to serve as a panelist at a recent breakout session of the IHA Annual Meeting in Des Moines, Iowa. Meredith, a 100+ hour volunteer and unit mentor, served as a tremendous representative of the UIHC Student Volunteer Program. She shared with attendees her perspective on what supports a successful volunteer program, why volunteers choose health care, and what keeps them coming back. The panel helped hospitals of all sizes learn new volunteer program ideas including strategies to recruit and retain volunteers and auxiliaries, the value volunteers bring to program development and why volunteers choose health care to give their time and talents. Thank you Meredith, for your service leadership!

### ***Getting to Know Our Volunteers***

Each month, we will pose a question to various volunteers coming and going through the VSO so you all can get to know each other a little better!

This month's question is: *What's your favorite Thanksgiving dish?*

**Kathy Burkle**, Daychair Volunteer on Monday mornings: The main event: the turkey

**Karen Sivitz**, Data Entry Volunteer on Mondays: The stuffing; made *inside* the turkey!

**JoAnn Koskey**, Data Entry Volunteer on Wednesdays: I love fresh dinner rolls!

### ***Volunteers Wanted***

## **Furry Friends**



Meet Annie, one of our newest volunteers! Annie and her handler, Peggy McIntire, joined our Furry Friends program earlier this year and are loving it. Once a week, they visit inpatients on various units and are able to bring a bit of joy to our patients and their families. Are you and your dog interested in joining this great program? We are looking for more teams to join Furry Friends. For more information, you can [visit the PetPartners website](#) or [email our Senior Activity Therapist, Linda Monroe](#)

## ***Volunteer Events***

### **Volunteer Services**

**November 13 – December 16:** The Angel Tree will be in front of the VSO (Elevator F, Level 8). Be a part of this a wonderful tradition at UIHC and share the joy of the holiday by adopting an angel and donating a gift for UIHC patients. Sponsored by the UIHC Holiday Committee.

**November 13 – January 31:** "Warm the Sole" sock drive will be on Level 1, Elevator E. Buy an extra pair of socks while you're out shopping and donate them to the clothesline! Items collected will be donated to the local United Way to be distributed to various local nonprofits. Sponsored by the UIHC Holiday Committee.

### **Wild Rose Gifts**

**November 12 – November 13, 7:00am – 3:00pm:** Masquerade \$5 Trunk Show. Don't miss their collection of accessories and jewelry for only \$5!

### **Fourth Floor Salon**

**November 19 – November 20, 5:00am – 6:00pm:** The Holiday Fair will be in the Fountain Lobby! At the fair, you can find packaged deals and single items are 10% off. These would be great stocking stuffers!

## ***Volunteer Services Recipe Competition***

Have a recipe to share? Submit your favorite recipe by emailing [volunteerservices@uiowa.edu](mailto:volunteerservices@uiowa.edu). If your recipe is chosen, you will receive a \$10

Volunteer Services gift card!

## ***Volunteer Services Recipe Winner***

### **Frozen Pumpkin Dessert**

Congratulations to volunteer Joyce Kral for her winning submission!



### **Ingredients**

#### Crust:

- 20 ginger snaps, crushed
- ¼ cup melted margarine
- ½ cup brown sugar

#### Top Layer:

- 1 cup pumpkin
- ¾ cup white sugar
- ¼ cup brown sugar
- ½ teaspoon cinnamon
- ¼ teaspoon ground ginger
- ¼ teaspoon ground cloves
- ½ teaspoon salt
- 2 cups whipped topping
- ½ gallon vanilla ice cream

#### Instructions:

1. Set ½ gallon ice cream out to soften
2. Mix crust ingredients and press into 9x13 pan (or two pie tins). Place in the refrigerator for 15 minutes or until well set
3. Put ½ to ¾ inch thick layer of ice cream on crust
4. Beat all top layer ingredients together, except whipped topping and ice cream
5. Beat in whipped topping into the top layer mixture and layer on top of ice cream
6. Enjoy immediately or place in freezer for later!