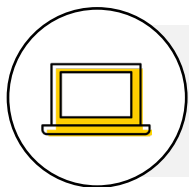




## Thank you

Programs from Volunteer Services-sponsored businesses support programs and projects that benefit our patients and families.



Visit [uihc.org/volunteers](http://uihc.org/volunteers) and click "Where does the Volunteer Services Money go?" to learn about projects and programming funded by Volunteer Services.

## Contact Information

### Fourth Floor Salon

E424 General Hospital  
Level 4, Elevator B  
(319) 356-1996

### Hours

Most weekdays: 10:00 a.m. to 2:00 p.m.  
Saturday and Sunday: Closed

**Visit our website for our current hours of operation.**



# RELAXATION STATION

## MASSAGE THERAPY



## Fourth Floor *salon*



Sponsored by Volunteer Services

The licensed massage therapists in Relaxation Station offer a rejuvenating experience for both staff and visitors through their skillful massage therapy sessions. With their expert touch and understanding of various techniques, they create a soothing environment that promotes relaxation and stress relief.

→ [uihc.org/locations/fourth-floor-salon](http://uihc.org/locations/fourth-floor-salon)

Changing Medicine.  
Changing Lives.®

# About Relaxation Station

## Relaxation Station awaits you!

Volunteer Services sponsors this addition to our hospital's wellness offerings-professional massage therapy services. Our skilled massage therapists are here to provide you with soothing massages right here in the hospital. The best part? There's no need to disrobe for your session, making it convenient and comfortable for everyone.

Whether you're seeking a moment of tranquility amidst your busy day or a chance to unwind after visiting a loved one, our massage therapists are here to cater to your relaxation needs.



# Service Pricing

Visit Relaxation Station and feel good knowing our proceeds benefit patient and family programs through University of Iowa Health Care Volunteer Services!

## Chair Massage

<u>10 Minute</u> -	\$10.00
<u>15 Minute</u> -	\$15.00
<u>20 Minute</u> -	\$20.00

## Table Massage

<u>15 Minute</u> -	\$20.00
<u>20 Minute</u> -	\$25.00
<u>30 Minute</u> -	\$35.00

## Hand or Foot

Performed on massage table

<u>5 Minute</u> -	\$7.00
<u>10 Minute</u> -	\$12.00
<u>15 Minute</u> -	\$17.00

## Specialty

Treat your department! On unit massages for staff are available by appointment only, minimum of two hours required, must be scheduled at least one week in advance. Prepayment for requested time is required.

Contact The Fourth Floor Salon for booking information.