

# **CHOOSING** THE RIGHT CARE AT THE RIGHT PLACE

Understanding the difference between care options can help you make the right choice for your care.

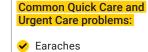


## PRIMARY

Your primary care provider (PCP) is usually your first contact for nonemergency care. Your PCP knows your health history best and can care for most of your health issues. Your PCP also helps you find a specialist when you need one.

## Common reasons to see your primary care provider:

- Annual checkup
- Chronic conditions
- Pain that won't go away
- Physical/mental changes
- ✓ Injury that isn't healing
- Immunizations
- Sports physicals



When your primary care

provider isn't available,

Quick Care treats patients

injuries. You can even see a

provider from the comfort of

with minor illnesses and

your own home with a

telehealth visit.

- Eye infections
- Bladder infections
- Diarrhea, nausea, vomiting
- 🗸 Rash
- Insect bites
- Minor burns
- Seasonal allergies

Care close to you Quick Care offers a surrounding communities.



Urgent Care treats more conditions than Quick Care, including minor injuries requiring X-rays, and can place stitches and administer IV fluids.

### In addition, Urgent Care can also treat:

- Broken bones
- Strains and sprains
- Cuts and scrapes

**Extended hours** 

**Urgent Care has** 

weekends. Urgent Care is also

extended hours, offering a

convenient way to receive

care during evenings and

open most holidays.

Dehydration



Go to the emergency room if you have a serious or life-threatening condition. If a person could die or be permanently disabled, it is an emergency.

## Common Emergency Room problems:

- Head injury
- Stroke
- Severe bleeding
- Chest pain
- Abdominal pain
- Difficulty breathing
- Severe pain
- Newborn fever
- Major trauma

cannot wait.

Suicidal thoughts

Call 911 If a person could die or be permanently disabled, it is an emergency. Call 911 to have the emergency team come to you right away if you

Be happy and healthy

Studies show that people who see their PCP regularly enjoy better health, have fewer hospital stays, and pay lower medical bills.

convenient option for walk-in care, with several locations throughout Iowa City and

