Resources for Promoting Quality Nursing Care and Outcomes

Knowledge, resources and facilitation are required for nurses to successfully integrate evidence into clinical practice.

These resources have been developed to meet the education and facilitation needs of the nursing community in promoting evidence-based practice. All resources are available at uihc.org/evidence-based-practice.

Complimentary Resources

The Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care®
Guides clinical decision-making and EBP process from both the clinician and systems perspectives.

Dissemination of Nursing Knowledge: Tips and Resources
Provides practical how-to tips and resources for nurses wanting to disseminate nursing knowledge.

Evidence-Based Nursing Practice Self-Efficacy Scale®
Measures effects of educational training programs to improve EBP self-efficacy and EBP skills.

Implementation Strategies for Evidence-Based Practice®
Provides a model for planning and use of effective strategies to promote adoption and integration of evidence-based health care.

Nursing Evidence-Based Practice Survey®
Useful as a practice setting assessment for nursing perceptions and

Presentations, Consultations and Scheduled Visits

Custom on-site requests welcome on a variety of topics.
Educational Events

**Advanced Practice Institute: Promoting Adoption of Evidence-Based Practice**
This advanced program builds skills in the most challenging steps of the EBP process and in creating an organizational infrastructure to support evidence-based health care. Participants will be able to implement, evaluate, and sustain EBP changes in complex health care systems. Held in Iowa City, Iowa.

**National Evidence-Based Practice Conference**
This annual conference features nationally known speakers and clinical experts. Conference themes address contemporary issues for improving quality care, patient outcomes and maintaining costs using EBP. Held in Coralville, Iowa.

Additional Resources

**Evidence-Based Practice In Action: Comprehensive Strategies, Tools, and Tips**
This easy-to-use book directs healthcare leaders through the EBP process and includes tools for topic selection, literature searches, critique of research and evidence reviews, implementation, sustaining change, and evaluation, plus more than 60 comprehensive strategies for implementing and sustaining EBP. Each chapter includes tips from experts to guide individuals and teams who make the important day-to-day decisions that ultimately improve patient outcomes. A companion workbook with all the tools from the book is also available.

**EBP to Go®: Accelerating Evidence-Based Practice**
These ready to use booklets provide clinically relevant pre-screened resources and tools to supplement clinical practice recommendations and support adoption of EBP on diverse topics. The tools facilitate nurses in accelerating the EBP process and build team expertise for implementation and evaluation. Topics currently available: Energy Through Motion©; Family Pet Visitation; Nurse Work Hours and Fatigue Mitigation; Oral Assessment for Oncology Patients; Oral Care for Oncology Patients; Pain Assessment for Older Adults; Thermoregulation for Adult Trauma Patients.

**WellMe in 3©**
This DVD includes 23 three-minute wellness videos. Each segment, guides colleagues through brief aerobic, stretching, or relaxation exercises, inviting viewer participation.

**Introductory Evidence-Based Practice Online Course**
The course covers what EBP is and why it’s important, how to use models to guide EBP initiatives, strategies to test and sustain a practice change and leadership approaches for building an EBP culture. Completed course is worth four contact hours.

**Evidence-Based Practice Staff Nurse Internship**
Mentor staff nurses to lead EBP through this internship. Options include training conducted at your facility with University of Iowa Health Care faculty or a training manual (under development) to conduct the internship by purchaser.