Evidence-Based Practice Conference
Marriott Hotel & Conference Center, Iowa City/Coralville, Iowa
Wednesday, April 17 - Thursday, April 18, 2019

Navigating the Highway of Health Care:
Patient Engagement and Care Coordination

Conference Purpose

Evidence in health care continually evolves, requiring clinicians, leaders, and faculty to be nimble traversing the health care landscape. The program will highlight navigating the highway of health care to provide evidence-based practice (EBP) while addressing contemporary issues. Conference participants will learn strategies to translate evidence into practice and have opportunities for networking with experts. A wide variety of clinical issues will be presented based on the abstracts accepted.

Objectives

• Discuss evidence-based decision making while navigating emerging issues in health care.
• Describe strategies to promote EBP across patient populations and the continuum of care.
• Facilitate networking to advance application of EBP to improve health care outcomes.

Jointly sponsored by:

University of Iowa Health Care,
Department of Nursing Services & Patient Care
The University of Iowa College of Nursing &
Csomay Center for Gerontological Excellence
Capella University
Pfizer
Rush University
Sigma Gamma Chapter
Zoll

Registration

Conference Cost: $210 by 3/1/19 or $250 after 3/1/19

Go to uihc.org/ebp-conference to register. You will need to select the track you will attend on Wednesday and the concurrent sessions you will attend on Thursday.

Registration fee may be paid by credit card at uihc.org/national-evidence-based-practice-conference-payment or by check payable to UIHC Department of Nursing, mailed to University of Iowa Health Care; Attn: Rosanna Seabold, Department of Nursing; 200 Hawkins Dr - T100 GH; Iowa City, IA 52242.

Participants must preregister and will receive an email confirmation. Registration cost covers program materials, awarding of continuing education contact hours, invited faculty expenses, refreshment breaks, and lunch. Special dietary requests may be sent to kristen-rempel@uiowa.edu. Please email kristen-rempel@uiowa.edu a request to cancel by 3/31/19 to receive a refund less a $50 processing fee. Refunds will not be granted after 3/31/19 but substitutions are permitted.
### Veterans Administration Nurses Program • Wednesday, April 17

Interested nurses who are not VA employees are welcome to attend!

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am - 8:00 am</td>
<td><strong>VA Program Registration</strong></td>
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<tr>
<td>8:00 am - 11:30 am</td>
<td>Telehealth – How Has Technology Changed Care Delivery?</td>
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<td>Concurrent Care – Disease Driven Care AND Hospice?</td>
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<td>Whole Health – Maintaining the Patient at the Center of the Circle of Health</td>
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### Conference Schedule • Wednesday, April 17 • please note lunch is not provided

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:30 am - 12:30 pm</td>
<td><strong>Conference Registration and Poster Setup</strong></td>
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<tr>
<td>12:30 pm - 12:40 pm</td>
<td><strong>Welcome</strong> Cindy Dawson, MSN, RN, CORLN*</td>
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<tr>
<td>12:40 pm - 1:40 pm</td>
<td><strong>Keynote: Recalculating the Direction to Bridge the Pain Gap</strong></td>
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<td>Barbara St. Marie, PhD, AGPCNP*</td>
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<tr>
<td>1:40 pm - 2:00 pm</td>
<td><strong>Avoiding U-Turns With Opioids: A Case Study</strong> Christopher Buresh, MD, MPH*</td>
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<tr>
<td>2:00 pm - 2:30 pm</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>2:30 pm - 4:40 pm</td>
<td><strong>Track 1: Off-Roading - Social Determinants of Health</strong></td>
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<td>• Social Determinants of Health: Getting on the Bus • Kennith Culp, PhD, RN, FAAN, FGSA*</td>
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<td>• Shining a (Head)Light on Military Sexual Trauma • Haley Downing, PhD*</td>
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<td>• Implications for Disparities in Donor Breast Milk Selection in the Newborn Nursery • Nichole Nidey, MS, BA*</td>
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<td>• Immersion Experience: Impact on Cultural Competency in Undergraduate Nursing • Trudy Lafooon, MA, RN-BC, DNP Student</td>
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<td>• Traveling Blind Due to Implicit Bias • Valerie Garr, MA*</td>
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<td><strong>Track 2: Avoiding Detours of EBP</strong></td>
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<td>• Simulation as the Expressway for Learning How to Critique Research • Lorraine Femino, MSN-Ed, RN, CHSE* and Amy Bowman, MSN, RN, CCRN*</td>
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<td>• Debriefing: An Essential Stop Along the Way • Lorraine Femino, MSN-Ed, RN, CHSE* and Janet Hosking, MSN, RN-BC, CHSE*</td>
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<td>• Navigating the EBP Journey • Dana Cook, MSN, RN-BC*, Grace Matthews, MSN, RN-BC*, Laura Cullen, DNP, RN, FAAN*, and Michele Wagner, MSN, RN, CNRN*</td>
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<td><strong>Track 3: The Road Less Traveled</strong></td>
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<td>• Using Reminder Tools to Enhance Workflow and Care Quality in the Outpatient Oncology Clinic • Irene Juson, MSN, RN, CNL, CEN</td>
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<td>• Incorporating Oral Health care in Pediatric Primary Care Practice • Salamatu Yusif, MSN, RN</td>
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<td>• Updated Immunization Requirements in Iowa: Increasing Adolescent Vaccination Rates • Ruthe Seeley, BSN, RN</td>
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<td>• Nurses Pioneer Practice in the Use of Nitrous Oxide for Labor Analgesia • Toni Pinyan, BSN, RN, RNC-OB, C-EFM</td>
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<td>• Urine Trouble: Evidence-Based Urine Collection to Reduce Specimen Contamination • Jess Berding-Wheat, MSN, RN</td>
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<td>• Implementation of EBP via Lean Transformation Events • Cynthia LaFond, PhD, RN, CCRN-K</td>
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<tr>
<td>4:40 pm - 5:30 pm</td>
<td><strong>Poster Presentations • Wine and Cheese Reception (cash bar)</strong></td>
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## Conference Schedule • Thursday, April 18

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 am - 7:30 am</td>
<td><strong>Bend Ahead Yoga (optional)</strong>&lt;br&gt;This free yoga session will be a gentle, stretch-focused sequence. Nurture your own wellness, relax, and center before diving into your day. Learn stretches that can be done throughout the day to alleviate muscle tension and potential joint swelling. No need for special equipment - come dressed for your day!</td>
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<tr>
<td>7:00 am - 8:00 am</td>
<td><strong>Poster Viewing • CE Check-in • Continental Breakfast</strong></td>
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<tr>
<td>8:00 am - 8:10 am</td>
<td><strong>Welcome</strong>&lt;br&gt;Julie Zerwic, PhD, RN, FAHA, FAAN*</td>
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<td>8:10 am - 9:25 am</td>
<td><strong>Keynote: When Universes Collide: Evidence Meets Reality</strong>&lt;br&gt;Beth Ann Swan, PhD, CRNP, FAAN*</td>
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<td>9:25 am - 10:15 am</td>
<td><strong>Moving Out of the Blind Spot - Interrupting Human Trafficking</strong>&lt;br&gt;Teresa Davidson, MSN, MA, ARNP*</td>
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<tr>
<td>10:15 am - 10:45 am</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>10:45 am - 11:45 am</td>
<td><strong>Concurrent Sessions</strong> (select from session 1, 2 or 3 on the following page)</td>
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<tr>
<td>11:45 am</td>
<td><strong>Buffet Lunch</strong></td>
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<tr>
<td>12:30 pm - 1:00 pm</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>1:00 pm - 2:00 pm</td>
<td><strong>Concurrent Sessions</strong> (select from session 4, 5 or 6 on the following page)</td>
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<tr>
<td>2:00 pm - 2:30 pm</td>
<td><strong>Break</strong></td>
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<tr>
<td>2:30 pm - 3:00 pm</td>
<td><strong>Better than GPS for EBP: Nurses Using the Iowa Model</strong>&lt;br&gt;Jed Duff, PhD, RN</td>
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<tr>
<td>3:00 pm - 4:00 pm</td>
<td><strong>Closing and Awards</strong>&lt;br&gt;A Mother’s Journey Traversing Mental Health Care&lt;br&gt;Joan Becker*</td>
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### Conference Materials

Online access to conference materials will be available prior to the conference. Hard copies of presentations will not be available at the conference.
Evidence-Based Practice Conference

Navigating the Highway of Health Care: Patient Engagement and Care Coordination

Concurrent Sessions 1, 2 and 3 • Thursday, April 18 • 10:45 - 11:45 am

Session 1: Detours: Navigating Vulnerable Populations
- Improving STI Detection Through Increased Screening at Extra-Genital Sites and Patient Self-Swabbing • Patricia Thomas, BSN, RN, DNP Student
- Nurses’ Ability to Identify Victims of Human Trafficking • Rani Sangha, MSN, MBA, RN
- Gender-Sensitive Strategies Reported in Interventions for Women Veterans in the VA: A Scoping Review • Jennifer Orshak, MA, BSN, RN, PhD(c)

Session 2: Construction Ahead
- The HAPI app: An Innovative Approach to Conducting Skin Surveys • Linda Abbott, DNP, RN, CWON, AOCN
- Longitudinal Evaluation of a New Children’s Hospital: Family Healthcare Staff and Quality Outcomes • Kirsten Hanrahan, DNP, ARNP, CPNP-PC
- Data as a Driver of Decisions • Jorge Luis Salinas, MD*

Session 3: Directions for Leadership
- Optimizing the Power of Ambulatory Care Nurse Leaders: Solving Problems and Building Leaders • Beth Ann Swan, PhD, CRNP, FAAN*
- Building a Culture of EBP in the Emergency Department Through the Use of RN EBP Mentors • Alan Howard, MSN, RN, MDiv, CEN

Concurrent Sessions 4, 5 and 6 • Thursday, April 18 • 1:00 - 2:00 pm

Session 4: Evidence-Based Patient Engagement
- The Road Less Traveled - Getting to Shared Decision Making • Sandra Shaw, MSN, RN*

Session 5: Evidence-Based Pediatric Care
- Experience of Parents During and After a Child’s Resuscitation • Stephanie Stewart, PhD, RN, RNC-NIC
- A Fork in the Road - Pain Assessment for Pediatric ICU Patients • Deb Bruene, MA, RN* and Elyse Laures, MSN, RN*
- New Route Ahead! Analyzing Use of Comfort B Sedation Tool to Assess Pain in Pediatric Patients • Rebekah Stevens, BSN, RN, CPN

Session 6: Evidence-Based Perioperative Care
- Health-Related Quality of Life (HRQL) Following an Elective Orthopedic Surgery: A Randomized Control Trial • Paige Nelson, Baccalaureate nursing student
- EBP Smoke Plume Evacuation • Dawn Brue, RN
- Bundling Common Post-Operative Interventions to Prevent Complications Using an Infographic Handout • Linda Chan, BSN, RN, CMSRN, OCN

*Invited presentation, all others were selected from submitted abstracts. Presentations are listed as submitted by author. Content considerations and selection of presentations are the responsibility of the Planning Committee. Companies providing financial support did not have input in these areas. Persons participating as faculty for this conference will disclose to attendees the nature of any existing relationships they have with companies providing support.
Evidence-Based Practice Conference

Navigating the Highway of Health Care: Patient Engagement and Care Coordination

Faculty

Linda Abbott, DNP, RN, CWON, AOCN; Nursing Practice Leader; UI Health Care, Iowa City, IA
Joan Becker; Parkersburg, IA
Jess Berding-Wheat, MSN, RN; Nurse Manager; UI Health Care, Iowa City, IA
Dawn Brue, RN; Staff Nurse; UI Health Care, Iowa City, IA
Deb Bruene, MA, RN; Nursing Practice Leader; UI Health Care, Iowa City, IA
Amy Bowman, MSN, RN, CCRN; Nursing Practice Leader; UI Health Care, Iowa City, IA
Christopher Buresh, MD, MPH; Clinical Professor, Emergency Medicine; UI Health Care, Iowa City, IA
Linda Chan, BSN, RN, CMSRN, OCN; Staff Nurse; UT Southwestern Medical Center, Dallas, TX
Dana Cook, MSN, RN-BC; Nursing Practice Leader; UI Health Care, Iowa City, IA
Laura Cullen, DNP, RN, FAAN; Evidence-Based Practice Scientist; UI Health Care, Iowa City, IA
Kennith Culp, PhD, RN, FAAN, FGSA; Professor; UI College of Nursing, Iowa City, IA
Teresa Davidson, MSN, RN, CORLN; Chief Nurse Executive and Associate Director; UI Hospitals & Clinics, UI Health Care, Iowa City, IA
Haley Downing, PhD; Military Sexual Trauma Coordinator, Licensed Psychologist; Iowa City VA Healthcare System, Iowa City, IA
Jed Duff, PhD, RN; Associate Professor; University of Newcastle School of Nursing, Callaghan, Australia
Lorraine Femino, MSN-Ed, RN, CHSE; Clinical/Healthcare Research Specialist, Lecturer; UI Health Care and UI College of Nursing, Iowa City, IA
Valerie Garr, MA; Diversity and Supplemental Instruction Coordinator; UI College of Nursing, Iowa City, IA
Kirsten Hanrahan, DNP, ARNP, CPNP-PC; Director, Nursing Research and EBP; UI Health Care, Iowa City, IA
Janet Hosking, MSN, RN-BC, CHSE; Nursing Practice Leader; UI Health Care, Iowa City, IA
Alan Howard, MSN, RN, MDiv, CEN; RN Level V; The Reading Hospital, West Reading, PA
Irene Juson, MSN, RN, CNL, CEN; Staff Nurse; Jesse Brown VA Medical Center, Chicago, IL
Trudy Laffoon, MA, RN-BC, DNP Student; Nurse Manager; UI Health Care, Iowa City, IA
Cynthia LaFond, PhD, RN, CCRN-K; Director for Nursing Research; University of Chicago Medicine, Chicago, IL
Elyse Laures, MSN, RN; EBP Specialist, PhD Student; UI Health Care, Iowa City, IA
Grace Matthews, MSN, RN-BC; Nursing Practice Leader; UI Health Care, Iowa City, IA
Paige Nelson, Baccalaureate Nursing Student; Coe College, Cedar Rapids, IA
Nichole Nidey, MS, BA; PhD candidate; UI College of Public Health, Iowa City, IA
Jennifer Orshak, MA, BSN, RN, PhD(c); Registered Nurse; University of Wisconsin-Madison, School of Nursing, Madison, WI
Toni Pinyan, BSN, RN, RNC-OB, C-EFM; Charge RN; Texas Health Cleburne, Cleburne, TX
Jorge Luis Salinas, MD; Hospital Epidemiologist; UI Health Care, Iowa City, IA
Rani Sangha, MSN, MBA, RN; Assistant Professor; Bon Secours, Glen Allen, VA
Ruthe Seeley, BSN, RN; Registered Nurse; Creighton University, Albia, IA
Sandra Shaw, MSN, RN; Coordinator, Nurse Residency Programs; Providence VA Medical Center, Providence, RI
Barbara St. Marie, PhD, AGPCNP; Assistant Professor; UI College of Nursing, Iowa City, IA
Evidence-Based Practice Conference

Navigating the Highway of Health Care:
Patient Engagement and Care Coordination

Faculty

Rebekah Stevens, BSN, RN, CPN; Registered Nurse; Cook Children’s Medical Center, Fort Worth, TX
Stephanie Stewart, PhD, RN, RNC-NIC; Nursing Practice Leader; UI Health Care, Iowa City, IA
Beth Ann Swan, PhD, CRNP, FAAN; Professor; Jefferson College of Nursing, Thomas Jefferson University, Philadelphia, PA
Patricia Thomas, BSN, RN, DNP Student; Registered Nurse; University of Illinois at Chicago, Chicago, IL
Michele Wagner, MSN, RN, CNRN; Nursing Practice Leader; UI Health Care, Iowa City, IA
Salamatu Yusif, MSN, RN; DNP Student; Valparaiso University, Valparaiso, IN
Julie Zerwic, PhD, RN, FAHA, FAAN; Dean, Professor; UI College of Nursing, Iowa City, IA

UI (University of Iowa)

Nursing Continuing Education Credit

Continuing education credit for the VA program will be granted by the Iowa City VA Medical Center.

10.9 contact hours will be granted by University of Iowa Health Care, Department of Nursing (Iowa Board of Nursing Approved provider #34). Participants must attend the entire program to receive full credit.

Hotel and Transportation

Hotel
A limited block of rooms is reserved at the Marriott Hotel & Conference Center for $130 per night plus tax. Please make your reservation directly with the Marriott Hotel using this link by March 27, 2019. Reduced parking of $8 per day will be available for overnight guests only.

Air Travel
The Eastern Iowa Airport (CID) is approximately 20 miles from the conference site. More information can be found at elairport.org.

The Quad City International Airport (MLI) is approximately 64 miles from the conference site. Learn more at qcairport.com.

Ground Travel
The conference is held at the Marriott Hotel & Conference Center located at 300 East 9th St, Coralville, Iowa.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at 319-384-6737.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirm its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Contact Kristen Rempel with questions at kristen-rempel@uiowa.edu, 319-384-6737 or visit uihc.org/evidence-based-practice-conference.