27th National
EVIDENCE-BASED PRACTICE CONFERENCE
Marriott Hotel & Conference Center, Iowa City/Coralville, Iowa
Wednesday, April 15 - Thursday, April 16, 2020

TEAM SCIENCE: ACHIEVING MORE TOGETHER

CONFERENCE PURPOSE

Stakeholder perspectives in various roles and disciplines are essential to create simple, yet comprehensive, solutions for evidence-based care. This program will address the national call to apply team science and evidence-based practice (EBP) to improve care quality.

Conference participants will learn approaches for applying team science to improve team functioning, hear about strategies for implementation, network with EBP experts and enthusiasts, and gain cutting-edge knowledge to apply across settings. The program is designed to meet the needs of practicing nurses, interprofessional team members, leaders, and faculty.

OBJECTIVES

- Discuss application of evidence-based team science to improve health care processes.
- Describe strategies to promote EBP across patient populations and the continuum of care.
- Facilitate networking to advance application of EBP to improve health care outcomes.

REGISTRATION

Conference Cost: $230 by 3/1/2020 or $275 after 3/1/2020

Register at uihc.org/ebp-conference and select the concurrent sessions you would like to attend. Participants must preregister and will receive an email confirmation. Special dietary requests may be sent to kristen-rempel@uiowa.edu.

Registration fee may be paid by credit card at uihc.org/national-evidence-based-practice-conference-payment or by check payable to University of Iowa Health Care Department of Nursing, mailed to University of Iowa Health Care; Attn: Rosanna Seabold, Department of Nursing; 200 Hawkins Dr - T100 GH; Iowa City, IA 52242. To cancel, please email request to kristen-rempel@uiowa.edu by 3/31/20 to receive a refund less a $50 processing fee. Refunds will not be granted after 3/31/20, however, substitutions are permitted. Registration cost covers program materials, awarding of continuing education contact hours, invited faculty expenses, refreshment breaks, and Thursday’s lunch.
**CONFERENCE SCHEDULE** Wednesday, April 15 (lunch is not provided)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:30 am - 12:30 pm</td>
<td><strong>Conference Registration and Poster Setup</strong></td>
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<tr>
<td>12:30 pm - 12:40 pm</td>
<td><strong>Welcome</strong> Julie Zerwic, PhD, RN, FAHA, FAAN*</td>
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<tr>
<td>12:40 pm - 1:40 pm</td>
<td><strong>Keynote</strong> Developing and Leading Effective Teams Greg Stewart, PhD*</td>
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<tr>
<td>1:40 pm - 2:20 pm</td>
<td><strong>Latest Science of Vaping</strong> Rima Afifi, PhD* and Shannon Watkins, PhD*</td>
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<tr>
<td>2:20 pm - 2:50 pm</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>2:50 pm - 4:40 pm</td>
<td><strong>Concurrent Sessions</strong> (see details on page 4)</td>
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<tr>
<td>4:40 pm - 5:30 pm</td>
<td><strong>Poster Presentations • Wine and Cheese Reception</strong> (cash bar)</td>
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*Invited presentation, all others were selected from submitted abstracts. Presentations, names, and credentials are listed as submitted by author. Content considerations and selection of presentations are the responsibility of the planning committee. Companies providing financial support did not have input in these areas. Persons participating as faculty for this conference will disclose to attendees the nature of any existing relationships they have with companies providing support.
## CONFERENCE SCHEDULE Thursday, April 16

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am - 7:30 am</td>
<td><strong>Chair Yoga</strong> Angela Dossett, PMHNP-BC, ARNP, RN, CMSRN, PN-BC* (optional and complimentary) Learn stretches that can be done throughout the day to alleviate muscle tension and potential joint swelling. No need for special equipment - come dressed for your day!</td>
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<tr>
<td>7:00 am - 8:00 am</td>
<td><strong>Poster Viewing • CE Check-in • Continental Breakfast</strong></td>
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<tr>
<td>8:00 am - 8:10 am</td>
<td><strong>Welcome</strong> Cindy Dawson, MSN, RN, CORLN*</td>
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<td>8:10 am - 9:25 am</td>
<td><strong>Keynote</strong> Eduardo Salas, PhD* <em>Saving Lives: Insights from the Science of Teamwork</em></td>
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<td>9:25 am - 10:05 am</td>
<td><strong>Playbooks: Research, EBP &amp; QI</strong> Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN* <strong>Tools for EBP Teams</strong> Laura Cullen, DNP, RN, FAAN*</td>
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<tr>
<td>10:05 am - 10:35 am</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>10:35 am - 11:15 am</td>
<td><strong>Team Science at Work: Building a Culture of Interprofessional Education and Collaborative Practice</strong> Jane Lindsay Miller, PhD*</td>
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<tr>
<td>11:15 am</td>
<td><strong>Buffet Lunch</strong></td>
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<tr>
<td>12:00 pm - 12:30 pm</td>
<td><strong>Poster Viewing</strong></td>
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<tr>
<td>12:30 pm - 1:30 pm</td>
<td><strong>Concurrent Sessions</strong> (see details on page 4)</td>
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<tr>
<td>1:30 pm - 2:00 pm</td>
<td><strong>Break</strong></td>
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<tr>
<td>2:00 pm - 3:00 pm</td>
<td><strong>Coaching to Achieve More Together</strong> University of Iowa Coaches</td>
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<tr>
<td>3:00 pm - 4:00 pm</td>
<td><strong>Closing and Awards</strong> <em>Patrick’s Story</em> Bonnie Barnes, FAAN* and Mark Barnes, FAAN*</td>
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## CONFERENCE MATERIALS

Online access to conference materials will be available prior to the conference. Hard copies of presentations will not be available at the conference.
CONCURRENT SESSIONS Wednesday, April 15 • 2:50 - 4:40 pm

Implementing
- EBP Implementation Guide: Evaluation Research • Laura Cullen, DNP, RN, FAAN* and Stephanie Edmonds, PhD, MPH, RN*
- EBP Change Champion Program • Elyse Laures, MSN, RN* and Lorraine Femino, MSN-Ed, RN, CHSE*
- EBP Change Champion Rapid Reports
  Featuring topics such as Prevention of Hospital Acquired Pressure Injury, Reducing Surgical Site Infection, Fall Prevention, Reducing Midstream Urine Contamination, and Assaults/Child Psych

Leading
- Nurse Practitioners’ Implementation of EBP into Routine Care: A Scoping Review • Vanessa Clarke, MPhil, PGDip, RM, RGN
- Exploring the Impact of the Implementation of the Children’s Hospital Early Warning Score (CHEWS) on Pediatric Nurses’ Self-Efficacy in Escalation of Care • Stephanie Suk, DNP, RN, PCNS-BC
- The CPR Challenge • Kyle Rhone, MPA, BSN, RN, CHSE
- Lost in Prescriptions! Supporting Patients with Free Information About Drugs and Their Interactions • Derek Johnson, MLIS
- Evidence-Based Diagnostic Process for Autism Spectrum Disorder in the Patient-Centered Medical Home • Amy Stofer, DNP, APRN-CNP

Disseminating
- Successfully Navigating the Minefields of Authorship • Julie Zerwic, PhD, RN, FAHA, FAAN*
- Abstract Writing 101 - Succinct Yet Concise • Michele Farrington, BSN, RN-BC*
- Creating a #betterposter • April Prunty, PhD, RN*
- Writing for Publication Basics • Susan Carroll, MS, BA, RN, SCRN*
- Decoding Dissemination: Ask the Experts • joined by Jennifer DeBerg, MLS*, moderated by April Prunty, PhD, RN*

CONCURRENT SESSIONS Thursday, April 16 • 12:30 - 1:30 pm

Research
- Translating and Implementing EBP Findings Reported by Nursing Research Leaders from Magnet® Designated Hospitals: A National Research Study • Karen Gabel Speroni, PhD, RN, BSN, MHSA
- Assessing Content Validity of Survey Items about Women Veterans Reasons for, and Barriers to, Seeking Care for Cardiovascular Disease Control • Jennifer Orshak, MA, BSN, RN
- Human Factors Research Identifies Issues with Secondary Roller Clamps and Smart Pumps • Laura Cullen, DNP, RN, FAAN*, Amelia Klarich, student*, and Priyadarshini Pennathur, PhD*

Innovation
- An Innovative Strategy for Providing Mental Health Care • Heidi Robinson, DNP, RN, CMSRN
- Yoga for Relaxation of the Mind and Body for Inpatient Medicine/Psychiatry • Angela Dossett, PMHNP-BC, ARNP, RN, CMSRN, PN-BC*
- Use of EBP in Outpatient Mental Health: Implementation of a Quick Look Triage Registered Nurse • Lydia Rutherford, RN and Kim Bradley, RN

Technology
- An Evidence-Based Approach to Continuing Insulin Pump Therapy During Surgery • Cary Gibbs, BSN, RN, CNOR
- Med Menus: Medication Side Effect Education for Patient Satisfaction • Kimberly Bennett, MSN, RN and Nancy Tran, MSN, RN, PCCN
- Ultrasound Guided Fluid Assessment • Allison Wynes, ACNP-BC, FCCP*
FACULTY

Rima Afifi, PhD; Professor and Interim Head, Director of Graduate Studies and Director Prevention Research Center for Rural Health, Community and Behavioral Health; UI College of Public Health, Iowa City, IA

Bonnie Barnes, FAAN; Co-Founder, Chief Executive Officer; The DAISY Foundation™, Glen Ellen, CA

Mark Barnes, FAAN; Co-Founder, Chairman; The DAISY Foundation™, Glen Ellen, CA

Kimberly Bennett, MSN, RN; Clinical Nurse II; Ronald Reagan UCLA Medical Center, Los Angeles, CA

Kim Bradley, RN; Outpatient Mental Health RN; Phoenix VA Health Care System, Phoenix, AZ

Donna Brimeyer, BSN, RN, CAPA; Assistant Nurse Manager; UI Health Care, Iowa City, IA

Vicki Brown; Women’s Volleyball Head Coach; University of Iowa, Iowa City IA

Susan Carroll, MS, BA, RN, SCRN; Consultant; Iowa City, IA

Vanessa Clarke, MPhil, PGDip, RM, RGN; Assistant Director of Nursing, Nursing and Midwifery Planning and Development, Health Service Executive; Ardee, County Louth, Ireland

Laura Cullen, DNP, RN, FAAN; EBP Scientist; UI Health Care, Iowa City, IA

Cindy Dawson, MSN, RN, CORLN; Chief Nurse Executive and Associate Director; UI Hospitals & Clinics, UI Health Care, Iowa City, IA

Jennifer DeBerg, MLS; User Services Librarian, Subject Librarian for Nursing; UI Hardin Library for the Health Sciences, Iowa City, IA

Angela Dossett, PMHNP-BC, ARNP, RN, CMSRN, PN-BC; Staff Nurse; UI Health Care, Iowa City, IA

Stephanie Edmonds, PhD, MPH, RN; Nurse Scientist; UI Health Care, Iowa City, IA

Michele Farrington, BSN, RN-BC; Program Manager; UI Health Care, Iowa City, IA

Lorraine Femino, MSN-Ed, RN, CHSE; Clinical/Healthcare Research Specialist, Lecturer; UI Health Care, UI College of Nursing, Iowa City, IA

Cary Gibbs, BSN, RN, CNOR; Clinical Nurse Specialist Fellow; Hendricks Regional Health, Danville, IN

Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN; Director of Nursing Research and EBP; UI Health Care, Iowa City, IA

Amelia Klarich; Undergraduate Engineering Student; UI College of Engineering, Iowa City, IA

Jan Jensen; Women’s Basketball Associate Head Coach; University of Iowa, Iowa City IA

Derek Johnson, MLIS; Health Professionals Outreach Specialist; National Network of Libraries of Medicine Greater Midwest Region, Iowa City, IA

Nicolette Johnson, BSN, RN; Staff Nurse; UI Health Care, Iowa City, IA

Elyse Laures, MSN, RN; EBP Specialist, PhD Student; UI Health Care and UI College of Nursing, Iowa City, IA

Jane Lindsay Miller, PhD; Director of Office of Consultation and Research in Medical Education and Associate Professor Family Medicine; UI Health Care, Iowa City, IA

Jennifer Orshak, MA, BSN, RN; PhD Candidate; UW-Madison School of Nursing, Madison, WI

Priyadarshini Pennathur, PhD; Associate Professor, Industrial and Systems Engineering; UI College of Engineering, Iowa City, IA

April Prunty, PhD, RN; Director of Simulation and Interprofessional Education; UI College of Nursing, Iowa City, IA

Kyle Rhone, MPA, BSN, RN, CHSE; Simulation Educator; Nebraska Western Iowa VA Health Care System, Omaha, NE

Heidi Robinson, DNP, RN, CMSRN; Nurse Manager; UI Health Care, Iowa City, IA

Lydia Rutherford, RN; Nurse Educator, Veterans Health Education Coordinator; Phoenix VA Health Care System, Phoenix, AZ

Eduardo Salas, PhD; Professor and Chair, Department of Psychological Sciences; Rice University, Houston, TX

Karen Gabel Speroni, PhD, RN, BSN, MHSA; Nursing Research Consultant; Leesburg, VA
FACULTY continued

**Greg Stewart**, PhD; Professor; UI Tippie College of Business, Iowa City, IA  
**Amy Stofer**, DNP, APRN-CNP; Nurse Practitioner; Akron Children's Hospital, Mansfield, OH  
**Stephanie Suk**, DNP, RN, PCNS-BC; Associate Dean of Faculty; Chamberlain University, Lake Zurich, IL  
**Nancy Tran**, MSN, RN, PCCN; Clinical Nurse II; Ronald Reagan UCLA Medical Center, Los Angeles, CA  
**Shannon Watkins**, PhD; Assistant Professor, Community and Behavioral Health; UI College of Public Health, Iowa City, IA  
**Allison Wynes**, ACNP-BC, FCCP; UI Health Care; Iowa City, IA  
**Julie Zerwic**, PhD, RN, FAHA, FAAN; Kelting Dean and Professor; UI College of Nursing, Iowa City, IA

UI (University of Iowa)

**NURSING CONTINUING EDUCATION CREDIT**

Continuing education credit for the VA program will be granted by the Iowa City VA Medical Center. Contact hours will be granted by University of Iowa Health Care, Department of Nursing (Iowa Board of Nursing Approved provider #34). Participants must attend the entire program to receive full credit.

**HOTEL AND TRANSPORTATION**

**Hotel**  
A limited block of rooms is reserved at the Marriott Hotel & Conference Center for $130 per night plus tax. Please make your reservation directly with the Marriott Hotel using this link by March 24, 2020.

**Air Travel**  
The Eastern Iowa Airport (CID) is approximately 20 miles from the conference site. More information can be found at eiaairport.org.

The Quad City International Airport (MLI) is approximately 64 miles from the conference site. Learn more at qcairport.com.

**Ground Travel**  
The conference is held at the Marriott Hotel & Conference Center located at 300 East 9th St, Coralville, Iowa.

Contact Kristen Rempel with questions at kristen-rempel@uiowa.edu, 319-384-6737 or visit uihc.org/evidence-based-practice-conference