



**Department of Nursing
Services and Patient Care,
Evidence-Based Practice and
Research**
uihcnursingresearchandebp@uiowa.edu

Dates: Ongoing
1/1/2026 - 12/31/2028

Format: Self-Guided Online
Course of 6 Modules

Intended Audience: Registered
Nurses

Fees & Credits:

There is a \$75 fee to access the
course and receive CE credit.
This \$75 fee is waived for UI
Health Care staff.

Pre-registration is required.
Use this link
[https://uihc.org/introduction-
online-ebp-course](https://uihc.org/introduction-online-ebp-course) or contact
Kristen Rempel at [kristen-
rempel@uiowa.edu](mailto:kristen-rempel@uiowa.edu) to register.

Individuals with disabilities are
encouraged to attend all University
of Iowa-sponsored events. If you are
a person with a disability who
requires a reasonable
accommodation in order to
participate in this program, please
contact the Department of Nursing
in advance at (319) 356-1238.

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Rights Compliance, the University of
Iowa, 202 Jessup Hall, Iowa City, IA
52242-1316, 319-335-0705, ui-
ocrc@uiowa.edu.

An Introduction to Evidence-Based Practice (EBP) Course

Purpose/Description:

The purpose of this program is to introduce foundational concepts of EBP and provide an overview of each step in the EBP process following the Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care®. The 6-module course introduces novice EBP users to tools from *Evidence-Based Practice in Action: Comprehensive Strategies, Tools, and Tips from University of Iowa Hospitals & Clinics* to help complete each step. Each module in the course includes a suggested additional reading list and printable handouts for note taking.

Objectives:

1. Differentiate between research, evidence-based practice, and quality improvement.
2. Identify the steps in the Iowa Model.
3. Describe the elements of a PURPOSE statement.
4. Apply principals of team science to promote effective teamwork.
5. Discuss EBP project management.
6. Discuss strategies and resources for finding evidence.
7. Describe evidence appraisal and developing a synthesis table.
8. Discuss the design and pilot of a localized EBP protocol.
9. Describe a framework to guide EBP evaluation.
10. Discuss selection of implementation strategies to enhance adoption of an EBP.
11. Identify if an EBP is appropriate for adoption and methods to sustain the practice change.
12. Discuss integrating and sustaining a practice change.
13. Discuss patient engagement throughout the EBP process.
14. Identify nurse leader and EBP team member roles.

How to complete this course for credit:

- This online course can be accessed through Iowa Courses Online (ICON).
- Complete all of the modules including quizzes. (Partial credit is not available.)
- Instructions for claiming CE credit will appear at the end of the course. Note that the UI Carver College of Medicine awards CE credits, and learners will sign in to a separate learning management system to complete an evaluation and claim their credit certificate.
- Expiration date for CE credit: 12/31/2028

Continuing Education Credits:



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team

Nurses: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 4.0 ANCC contact hours.

Disclosures: Planners and faculty have disclosed no relevant financial relationships.

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