



IOWA
HEALTH CARE

Advanced Evidence-Based Practice (EBP) Institute

Mastering EBP and Building Capacity

February 19, 20, 26, 27, 2026 (virtual)

PURPOSE AND DESCRIPTION

The Advanced EBP Institute is an experience-centered immersion with dynamic, active, and reflective learning designed to: increase proficiency and master advanced knowledge and skills for leading and integrating EBP, improve and sustain outcomes, and expand impact across populations and healthcare systems.

During this program, internationally recognized EBP experts will immerse participants in practical experiential learning to master advanced EBP competencies and develop a learning network of peers. Institute faculty will dare to challenge traditional thinking about the EBP process and propose cutting-edge solutions. Participants will learn to lead teams in adoption and integration of EBP as they work through the most challenging steps of the EBP process and explore foundations for leveraging implementation science. They will share in transformational group discovery as well as individual or small group consultation. Participants will gain new perspective about scholarship for EBP, develop leadership skills, and build capacity for improved and sustained outcomes in healthcare systems to meet requirements for the Magnet Recognition Program® designation and accreditation by regulatory agencies, such as The Joint Commission (TJC).

OBJECTIVES

At the completion of the Institute, participants will be able to:

- Recognize evidence-based roles and actions of leaders that enhance EBP in their healthcare setting.
- Describe the organizational infrastructure necessary to build EBP capacity.
- Execute advanced methods to find and synthesize evidence.
- Construct an evaluation plan to inform the EBP change, determine the impact, and guide the implementation plan.
- Apply a data-driven Precision Implementation Approach® to select and apply strategies for promotion of EBP changes in complex healthcare systems.
- Employ methods to sustain EBP changes.

QUALIFICATIONS

- Nurses (Registered Nurses and Advanced Registered Nurse Practitioners) and interprofessional healthcare leaders and educators with foundational EBP experience.
- Employed in practice at least 50% time.

- Minimum BSN degree; master's or doctoral preparation preferred.
- Participants are required to identify a topic/project to work on during the Institute. If assistance is needed, please contact Laura Cullen, DNP, RN, FAAN at laura-cullen@uiowa.edu prior to the Institute.
- Completion of pre-requisite readings.

MATERIALS PROVIDED

Participants of the Institute will receive:

- Access to all PowerPoint presentations and supporting documents.
- *Evidence-Based Practice in Action: Comprehensive Strategies, Tools, and Tips from University of Iowa Hospitals & Clinics*, 2nd edition
- Pre-requisite readings:
 - Chiwaula, C. H., & Jere, D. L. (2022). Experiences of nurse managers and practitioners on implementation of an evidence-based practice intervention. *Health SA Gesondheid*, 27, 1-8. <https://doi.org/10.4102/hsag.v27i0.1597>
 - Cullen, L., Hanrahan, K., Edmonds, S. W., Schacht Reisinger, H. & Wagner, M. (2022). Iowa implementation for sustainability framework. *Implementation Science*, 17(1), 1-20. <https://doi.org/10.1186/s13012-021-01157-5>
 - Iowa Model Collaborative. (2017). Iowa model of evidence-based practice: Revisions and validation. *Worldviews on Evidence-Based Nursing*, 14(3), 175-182. <https://doi.org/10.1111/wvn.12223>
- Consultation with a medical librarian with expertise in EBP literature searches
- Research critique background reading
 - Boswell, C., & Cannon, S. (2023). The research critique process and the evidence-based appraisal process. In, *Introduction to nursing research: Incorporating evidence-based practice* (6th ed., pp. 329-352). Jones & Bartlett Learning.
- Small group consultations to facilitate project development.
- Optional follow-up consultations

CONTINUING EDUCATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 23.0 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

APPLICATION AND REGISTRATION

Please complete the application and email to kristen-rempel@uiowa.edu by the deadline on the application. Please note, attendance is limited due to the small group focus. Qualifying applicants will be accepted in order of receipt of application and payment, and the program may fill before the deadline.

The registration fee may be paid by credit card [online](#), or by check payable to University of Iowa Health Care. Please review registration fee details on the application.

Acceptance notice will be sent by email. We reserve the right to cancel the program if it is not full. In the unlikely event that happens, you will be placed in the next available Institute or your registration fee fully refunded.

CORE FACULTY from University of Iowa (UI) Health Care

Laura Cullen, DNP, RN, FAAN; EBP Scientist; Nursing Research and EBP

Casie Fowler, MSN, RN, NPD-BC; EBP & Research Specialist; Nursing Research and EBP

Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN; Director; Nursing Research and EBP

Elyse Laures, PhD, RN; Nurse Scientist; Nursing Research and EBP

Kristen Rempel, AA; Administrative Services Specialist; Nursing Research and EBP

NON-DISCRIMINATION STATEMENT

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing, Office of Nursing Research and Evidence-Based Practice in advance at 319-384-6737.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, [Office of Civil Rights Compliance](#), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

CONTACT INFORMATION

Please contact Kristen Rempel at kristen-rempel@uiowa.edu or (319) 384-6737.