

30th National
EVIDENCE-BASED PRACTICE CONFERENCE
Hyatt Regency Hotel & Conference Center | Coralville, Iowa
Wednesday, April 19 - Thursday, April 20, 2023

Revolutionizing Evidence-Based Practice



VETERANS ADMINISTRATION (VA) NURSES PROGRAM Wednesday, April 19

7:30 am - 8:00 am **VA Program Registration**

8:00 am - 11:30 am **VA Program**
(Salon ABC)

EBP CONFERENCE SCHEDULE Wednesday, April 19

11:30 am - 12:30 pm **Conference Registration | Poster Setup**

12:30 pm - 1:40 pm **Welcome** | Julie Zerwic, PhD, RN, FAHA, FAAN*
(Salon ABC) **Keynote | EBP Approaches for the Future** Anne Sales, PhD, RN*

1:40 pm - 2:00 pm **Break**

2:00 pm - 2:50 pm **Revolutionary Solutions for EBP**
(Salon ABC) Laura Cullen, DNP, RN, FAAN* and Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN*

2:50 pm - 3:20 pm **Poster Viewing**
(Salon DE)

3:20 pm - 4:40 pm **Track 1 | Escape Room for Research Critique** (limited seating)
(Salon AB) Lorraine Femino, DNP, RN, CHSE*, Theresa Bechtel, DNP, RN, PCCN, CNE*,
and Laura Cullen, DNP, RN, FAAN*

(Salon C) **Track 2 | Ready, Set, EBP—Let's Get Real**
Michele Farrington, BSN, RN, PMGT-BC* and Elyse Laures, PhD, RN*

4:40 pm - 5:30 pm **Poster Presentations | Wine and Cheese Reception** (cash bar)
(Salon DE)

EBP CONFERENCE SCHEDULE Thursday, April 20

7:00 am - 8:00 am **Poster Viewing | Continental Breakfast**

8:00 am - 9:25 am
(Salon ABC) **Welcome** | Kim Hunter, DNP, MBA, RN, NEA-BC*

Keynote | De-Implementing Low-Value Nursing Care: Challenges and Opportunities
Margo Halm, PhD, RN, NEA-BC*

9:25 am - 10:05 am
(Salon ABC) **Building EBP Capacity Across a Large Healthcare System**

Danielle Abukhalaf, MSN, RN, NPD-BC, CCRN* and Dawn McMeekin, DNP, RN, NPD-BC, CNE*

10:05 am - 10:35 am
(Salon DE) **Poster Viewing**

10:35 am - 11:35 am **Concurrent Sessions**

(Salon A)

Redesign

- Identifying Barriers and Facilitators for Nurse Practitioners' Opioid Management of Chronic Pain: An Integrative Review • Hyunsoo Kim, DNP, FNP-BC
- Analgesia for Peripheral Intravenous Catheter Placement in Adults: An Easy EBP Project or is it? • Ingrid Rodgers, DNP, CRNA, APRN and Jill Knutson, DNP, CRNA, APRN
- Reduction of Post-Operative Nausea and Vomiting and Utilization of Aromatherapy • Holly Curcio, MSN, RN, CCRN-K

(Salon B)

Revamp

- EBP in an Era of Intense Disruption • Anne Sales, PhD, RN*
- Reinvigorating Nursing Bedside Hand-Off on Inpatient Units at the Madison VA: 6 Months to 1 Year Post Implementation • Jennifer Orshak, PhD, RN and Anita Paradzikovic, BSN, RN

(Salon C)

Respect

- The Voice of Critical Care Nurses After Living Through the COVID Pandemic • Cheryl Bittel, MSN, APRN, CCNS, NP-C, CCRN and Bridgette Schulman, PhD, RNC-OB, C-EFM, CPPS
- The Influences of Coping Strategies and Personality on US Nursing Students' Anxiety and Depression • Pi-Ming Yeh, PhD, RN
- Primary Care Patient Aligned Care Team Members (PACT) and Relationship with Patients' Outcome • Amany Farag, PhD, RN

11:35 am
(Exhibit Hall)

Buffet Lunch

12:20 pm - 12:50 pm
(Salon DE) **Poster Viewing**

EBP CONFERENCE SCHEDULE Thursday, April 20

12:50 pm - 1:30 pm

Concurrent Sessions

(Salon A)

Recover

- Reduction of Surgical Site Infection Post Cesarean Section Through Implementation of Novel Evidence Based Bundle • Julia Burke, MSN, RNC-OB, C-EFM
- Caring for Patients Living with Autism in the Perioperative Setting • Anita Norton, MSN, RN, CPNP-PC, CNS and Lisa Boettcher, BSN, RN

(Salon B)

Rejuvenate

- Exploring Military Veterans and First Responders' Experiences with Ketamine Assistive Psychotherapy • Denise Hopkins-Chadwick, PhD, RN
- Critical Care Nursing Peer Support Program • Hannah Christophersen, BSN, RN, CCRN, SCRNP and Cameron Cuthbert, BSN, RN, CCRN-CMC-CSC

(Salon C)

Recharge

- Evidence-Based Program to Promote Wellness and Stress Reduction Among Nurse Residents • Chia-Yen Li, Ed.D, MSN, RN, PHCNS-BC, CHSE, NPD-BD
- Increasing Scholarly Capacity: Outcomes of a Pediatric Nursing Fellowship Program • Beth Wentland, MBA, BSN, RN, NPD-BC and Katherine Hinderer, PhD, RN, CNE, NEA-BC

1:30 pm - 2:00 pm

Break

2:00 pm - 2:30 pm

(Salon ABC)

Revolutionizing Health Equity by Combating Ableism: Don't Assume We Can't

Kelly Von Lehmden, BBA* and Edward Esbeck*

2:30 pm - 2:40 pm

(Salon ABC)

Awards

2:40 pm - 3:10 pm

(Salon ABC)

Modified Fresno EBP Test: Advancing EBP Competency of Nurses

Margo Halm, PhD, RN, NEA-BC*

3:10 pm - 4:00 pm

(Salon ABC)

Recognizing and Addressing Job Burnout

Stephen Courtright, PhD* and Eean Crawford, PhD*