

30th National
EVIDENCE-BASED PRACTICE CONFERENCE
Hyatt Regency Hotel & Conference Center | Coralville, Iowa
Wednesday, April 19 - Thursday, April 20, 2023



Revolutionizing Evidence-Based Practice

CONFERENCE PURPOSE

Celebrate 30 years of evidence-based practice (EBP) evolution and activate your EBP revolution. Even during unprecedented times, we are challenged to innovate and deliver EBP in timely and meaningful ways. Nurses are at the forefront in promoting EBP across varied healthcare settings. This conference will address the caveats of implementing the best evidence to improve care quality.

Conference participants will learn to apply implementation science for improved adoption of best evidence and increased benefits for patients, clinicians, and organizations. There will be opportunity to network with EBP experts and enthusiasts while learning cutting-edge information to apply across settings. Various clinical issues will be discussed with reports on evidence-based solutions. The program is designed to meet the needs of practicing nurses, leaders, faculty, and experts.

OBJECTIVES

- Identify approaches to revolutionize EBP for healthcare in the 21st century.
- Describe strategies to promote EBP across patient populations and the continuum of care.
- Facilitate networking to advance application of EBP to improve health care outcomes.



University of Iowa Health Care

[Department of Nursing Services and Patient Care](#)

[Office of Nursing Research and Evidence-Based Practice](#)



Sponsors:



Gamma Chapter



Allen College
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REGISTRATION

Conference Cost: \$210 by 3/1/2023 or \$250 after

Register at uihc.org/national-evidence-based-practice-conference and select the concurrent sessions you would like to attend. Participants must preregister and will receive an email confirmation. Special dietary requests may be sent to kristen-rempel@uiowa.edu.



Registration fee may be paid by credit card at uihc.org/national-evidence-based-practice-conference-payment or by check payable to University of Iowa Hospitals & Clinics Department of Nursing, mailed to University of Iowa Hospitals & Clinics; Attn: Rosanna Seabold, Department of Nursing; 200 Hawkins Dr - T100 GH; Iowa City, IA 52242. To cancel, please email request to kristen-rempel@uiowa.edu by 3/31/23 to receive a refund less a \$50 processing fee. Refunds will not be granted after 3/31/23, however, substitutions are permitted. Registration cost covers program materials, awarding of continuing education hours, invited faculty expenses, refreshment breaks, and Thursday's lunch.

VETERANS ADMINISTRATION (VA) NURSES PROGRAM Wednesday, April 19

Interested nurses who are not VA employees are welcome to attend! Registration is free.

7:30 am - 8:00 am **VA Program Registration**

8:00 am - 11:30 am
(Salon ABC) **VA Program**

EBP CONFERENCE SCHEDULE Wednesday, April 19

11:30 am - 12:30 pm **Conference Registration | Poster Setup**

12:30 pm - 1:40 pm
(Salon ABC) **Welcome** | Julie Zerwic, PhD, RN, FAHA, FAAN*
Keynote | **EBP Approaches for the Future** Anne Sales, PhD, RN*

1:40 pm - 2:00 pm **Break**

2:00 pm - 2:50 pm
(Salon ABC) **Revolutionary Solutions for EBP**
Laura Cullen, DNP, RN, FAAN* and Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN*

2:50 pm - 3:20 pm
(Salon DE) **Poster Viewing**

3:20 pm - 4:40 pm
(Salon AB)
Track 1 | Escape Room for Research Critique (limited seating)
Lorraine Femino, DNP, RN, CHSE*, Theresa Bechtel, DNP, RN, PCCN, CNE*,
and Laura Cullen, DNP, RN, FAAN*

(Salon C) **Track 2 | Ready, Set, EBP—Let's Get Real**
Michele Farrington, BSN, RN, PMGT-BC* and Elyse Laures, PhD, RN*

4:40 pm - 5:30 pm
(Salon DE) **Poster Presentations | Wine and Cheese Reception** (cash bar)

EBP CONFERENCE SCHEDULE Thursday, April 20

7:00 am - 8:00 am **Poster Viewing | Continental Breakfast**

8:00 am - 9:25 am
(Salon ABC) **Welcome** | Kim Hunter, DNP, MBA, RN, NEA-BC*

Keynote | De-Implementing Low-Value Nursing Care: Challenges and Opportunities
Margo Halm, PhD, RN, NEA-BC*

9:25 am - 10:05 am
(Salon ABC) **Building EBP Capacity Across a Large Healthcare System**

Danielle Abukhalaf, MSN, RN, NPD-BC, CCRN* and Dawn McMeekin, DNP, RN, NPD-BC, CNE*

10:05 am - 10:35 am
(Salon DE) **Poster Viewing**

10:35 am - 11:35 am **Concurrent Sessions**

(Salon A)

Redesign

- Identifying Barriers and Facilitators for Nurse Practitioners' Opioid Management of Chronic Pain: An Integrative Review • Hyunsoo Kim, DNP, FNP-BC
- Analgesia for Peripheral Intravenous Catheter Placement in Adults: An Easy EBP Project or is it? • Ingrid Rodgers, DNP, CRNA, APRN and Jill Knutson, DNP, CRNA, APRN
- Reduction of Post-Operative Nausea and Vomiting and Utilization of Aromatherapy • Holly Curcio, MSN, RN, CCRN-K

(Salon B)

Revamp

- EBP in an Era of Intense Disruption • Anne Sales, PhD, RN*
- Reinvigorating Nursing Bedside Hand-Off on Inpatient Units at the Madison VA: 6 Months to 1 Year Post Implementation • Jennifer Orshak, PhD, RN and Anita Paradzikovic, BSN, RN

(Salon C)

Respect

- The Voice of Critical Care Nurses After Living Through the COVID Pandemic • Cheryl Bittel, MSN, APRN, CCNS, NP-C, CCRN and Bridgette Schulman, PhD, RNC-OB, C-EFM, CPPS
- The Influences of Coping Strategies and Personality on US Nursing Students' Anxiety and Depression • Pi-Ming Yeh, PhD, RN
- Primary Care Patient Aligned Care Team Members (PACT) and Relationship with Patients' Outcome • Amany Farag, PhD, RN

11:35 am
(Exhibit Hall) **Buffet Lunch**

12:20 pm - 12:50 pm
(Salon DE) **Poster Viewing**

EBP CONFERENCE SCHEDULE Thursday, April 20

12:50 pm - 1:30 pm

Concurrent Sessions

(Salon A)

Recover

- Reduction of Surgical Site Infection Post Cesarean Section Through Implementation of Novel Evidence Based Bundle • Julia Burke, MSN, RNC-OB, C-EFM
- Caring for Patients Living with Autism in the Perioperative Setting • Anita Norton, MSN, RN, CPNP-PC, CNS and Lisa Boettcher, BSN, RN

(Salon B)

Rejuvenate

- Exploring Military Veterans and First Responders' Experiences with Ketamine Assistive Psychotherapy • Denise Hopkins-Chadwick, PhD, RN
- Critical Care Nursing Peer Support Program • Hannah Christophersen, BSN, RN, CCRN, SCRNP and Cameron Cuthbert, BSN, RN, CCRN-CMC-CSC

(Salon C)

Recharge

- Evidence-Based Program to Promote Wellness and Stress Reduction Among Nurse Residents • Chia-Yen Li, Ed.D, MSN, RN, PHCNS-BC, CHSE, NPD-BD
- Increasing Scholarly Capacity: Outcomes of a Pediatric Nursing Fellowship Program • Beth Wentland, MBA, BSN, RN, NPD-BC and Katherine Hinderer, PhD, RN, CNE, NEA-BC

1:30 pm - 2:00 pm

Break

2:00 pm - 2:30 pm

(Salon ABC)

Revolutionizing Health Equity by Combating Ableism: Don't Assume We Can't

Kelly Von Lehmden, BBA* and Edward Esbeck*

2:30 pm - 2:40 pm

(Salon ABC)

Awards

2:40 pm - 3:10 pm

(Salon ABC)

Modified Fresno EBP Test: Advancing EBP Competency of Nurses

Margo Halm, PhD, RN, NEA-BC*

3:10 pm - 4:00 pm

(Salon ABC)

Recognizing and Addressing Job Burnout

Stephen Courtright, PhD* and Eean Crawford, PhD*

SPEAKERS

Danielle Abukhalaf, MSN, RN, NPD-BC, CCRN; Evidence-Based Practice Specialist; BayCare Health System, Dunedin, FL

Theresa Bechtel, DNP, RN, PCCN, CNE; Instructional Track; University of Iowa College of Nursing; Staff Nurse; University of Iowa Hospitals & Clinics, Iowa City, IA

Cheryl Bittel, MSN, APRN, CCNS, NP-C, CCRN; Clinical Nurse Specialist; Northeast Georgia Medical Center, Gainesville, GA

Lisa Boettcher, BSN, RN; Pre-Anesthesia Clinic Registered Nurse; Children's Hospital of Wisconsin, Wauwatosa, WI

Julia Burke, MSN, RNC-OB, C-EFM; Nursing Professional Development Specialist; Jefferson Health, Wenonah, NJ

Hannah Christophersen, BSN, RN, CCRN, SCRNP; Registered Nurse; Abbott Northwestern, Minneapolis, MN

Stephen Courtright, PhD; Henry B. Tippie Research Professor & Director of Executive Education; University of Iowa Tippie College of Business, Iowa City, IA

Eean Crawford, PhD; Associate Professor & Henry B. Tippie Research Fellow; University of Iowa Tippie College of Business, Iowa City, IA

Laura Cullen, DNP, RN, FAAN; Evidence-Based Practice Scientist; University of Iowa Hospitals & Clinics, Iowa City, IA

Holly Curcio, MSN, RN, CCRN-K; Nursing Professional Development Specialist; Jefferson Health, Williamstown, NJ

Cameron Cuthbert, BSN, RN, CCRN; Registered Nurse; Abbott Northwestern Hospital, Minneapolis, MN

Edward Esbeck; Self-Advocacy Coordinator; Iowa's University Center for Excellence in Developmental Disabilities; Center for Disabilities and Development, University of Iowa Health Care, Iowa City, IA

Amany Farag, PhD, RN; Associate Professor; University of Iowa College of Nursing, Iowa City, IA

Michele Farrington, BSN, RN, PMGT-BC; Program Manager; University of Iowa Health Care, Iowa City, IA

Lorraine Femino, DNP, RN, CHSE; Clinical/Healthcare Research Specialist, Lecturer; University of Iowa Hospitals & Clinics, University of Iowa College of Nursing, Iowa City, IA

Margo Halm, PhD, RN, NEA-BC; Associate Chief Nurse Executive, Nursing Research & EBP; VA Portland Health Care System, Portland, OR

Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN; Director of Nursing Research and Evidence-Based Practice; University of Iowa Hospitals & Clinics, Iowa City, IA

Katherine Hinderer, PhD, RN, CNE, NEA-BC; Nurse Scientist; Connecticut Children's, Hartford, CT

Denise Hopkins-Chadwick, PhD, RN; Executive Director; Revitalist, LLC, New Braunfels, TX

Kim Hunter, DNP, MBA, RN, NEA-BC; Interim Chief Executive Officer and Chief Nurse Executive; University of Iowa Hospitals & Clinics; Interim Associate Vice President; University of Iowa Health Care, Iowa City, IA

Hyunsoo Kim, DNP, FNP-BC; Post-Doctoral Fellow; University of Illinois, Chicago, IL

Jill Knutson, DNP, CRNA, APRN; Certified Registered Nurse Anesthetist; Mayo Clinic, Jacksonville, FL

Elyse Laures, PhD, RN; Nurse Scientist; University of Iowa Hospitals & Clinics, Iowa City, IA

Chia-Yen Li, Ed.D, MSN, RN, PHCNS-BC, CHSE, NPD-BD; NPDS; UCLA, Los Angeles, CA

Dawn McMeekin, DNP, RN, NPD-BC, CNE; Evidence-Based Practice Specialist; BayCare Health System, Dunedin, FL

Anita Norton, MSN, RN, CPNP-PC; CNS; Children's Hospital of Wisconsin, Greendale, WI

Jennifer Orshak, PhD, RN; Nurse Scientist; William S. Middleton Memorial Veterans Hospital, Madison, WI

Anita Paradzikovic, BSN, RN; Registered Nurse; William S. Middleton Memorial Veterans Hospital, Madison, WI

Ingrid Rodgers, DNP, CRNA, APRN; Certified Registered Nurse Anesthetist; Mayo Clinic, Jacksonville, FL

Anne Sales, PhD, RN; Professor; Sinclair School of Nursing and Department of Family and Community Medicine in the School of Medicine, University of Missouri, Columbia, MO

SPEAKERS (continued)

Bridgette Schulman, PhD, RNC-OB, CPPS; Clinical Practice Specialist; Northeast Georgia Medical Center, Gainesville, GA

Kelly Von Lehmden, BBA; Interdisciplinary Training Manager; Center for Disabilities and Development, University of Iowa Health Care, Iowa City, IA

Beth Wentland, MBA, BSN, RN, NPD-BC; Evidence-Based Practice and Clinical Excellence Specialist; Connecticut Children's, Hartford, CT

Pi-Ming Yeh, PhD, RN; Associate Professor; East Tennessee State University, Johnson, TN

Julie Zerwic, PhD, RN, FAHA, FAAN; Kelting Dean, Professor; University of Iowa College of Nursing, Iowa City, IA

HOTEL AND TRANSPORTATION

All travel arrangements including hotel and transportation, must be made by conference participants.

Hotel

A limited block of rooms is reserved at the Hyatt Regency Hotel & Conference Center, and you may make your reservation [directly with the hotel](#) by March 24, 2023.

Air Travel

The Eastern Iowa Airport (CID) is approximately 20 miles from the conference site. More information can be found at flycid.com.

The Quad City International Airport (MLI) is approximately 64 miles from the conference site. Learn more at qcairport.com.

Ground Travel

The conference is held at the Hyatt Regency Hotel & Conference Center located at 300 East 9th St, Coralville, Iowa.

NURSING CONTINUING EDUCATION CREDIT

Continuing education credit for the VA program will be granted by the Iowa City VA Medical Center.

10.4 contact hours for the EBP conference will be granted by University of Iowa Hospitals & Clinics, Department of Nursing (Iowa Board of Nursing Approved Provider #34). Participants must attend the entire program to receive full credit.

CONFERENCE MATERIALS

Conference materials will be available online prior to the conference. Paper copies of presentations will not be available.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at 319-384-6737.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.