

**Spring
2019**



Virology Newsletter



Clinic is Celebrating 30 Years!

HIV/AIDS IN IOWA CITY: THIRTY YEARS AND BEYOND

Join us for this four-day reflection on HIV/AIDS, marking the 30th anniversary of care at the University of Iowa HIV Clinic. *FilmScene events FREE for students / \$5 for general public. ICPL event presented FREE.

HOW TO SURVIVE A PLAGUE @ FilmScene

Mon. April 22, 6pm

(2012, USA) Dir. David France, introduced by Professor Ted Powers, Dept. of Anthropology Preceded by short film THREE FACES OF AIDS, introduced by producer Christy Kristi Ferguson.

LIFE, ABOVE ALL @ Bijou

Tues. April 23, 6pm

(2010, South Africa) Dir. Oliver Schmitz, introduced by Professor Marie Kruger, Dept. of English Post-screening discussion presented by Bijou Film Forum.

PHILADELPHIA @ FilmScene

Wed. April 24, 6pm

(1993, USA) Dir. Jonathan Demme, introduced by Professor Jack Stapleton, Dept. of Internal Medicine

A CONVERSATION ON HIV CRIMINALIZATION with Sean Strub (“Body Counts: A Memoir of Politics, Sex, AIDS, and Survival”)

Thur. April 25, 7pm

Iowa City Public Library

Presented by:

Department of Internal Medicine, University of Iowa Carver College of Medicine

FilmScene

Iowa City Public Library

Iowa City Pride

In partnership with:

Bijou Film Board,

Global Health Studies Program, Iowa Department of Public Health,

University of Iowa Departments of English, Anthropology, and Internal Medicine, and

University of Iowa Helen C. Levitt Center for Viral Pathogenesis

Medicaid News



1. There will be a new Managed Care Organization joining Iowa Medicaid effective July 1st, 2019. The newest MCO option is called Iowa Total Care.
2. UnitedHealthcare will also be leaving as a Medicaid MCO leaving the two option of Iowa Total Care and Amerigroup.
3. Due to this new MCO all members will have an Open Choice Period starting March 4th through June 18th, 2019. During this time Medicaid may be assigning you a new MCO than you are currently in or they may keep you with your existing MCO. During Open Choice Period you can request to be in either MCO for any reason. There are three ways to request the change listed below. Please contact Angela Speers at 319-335-7309 if you need assistance or would like the MCO Enrollment form.

Email: Iowa Medicaid Member Services at IMEMemberServices@dhs.state.ia.us.

Mail: If you wish, you may return the MCO Enrollment form to: Member Service, PO Box 36510, Des Moines, IA 50315

Phone: Call Iowa Medicaid Member Services at 1-800-338-8366 or locally in the Des Moines area at 515-256-4606

4. If you are currently on Iowa Health and Wellness Plan please contact Angela to see if you could qualify for extra benefits such as transportation through your MCO by filling out a Medically Exempt form through Medicaid.

New Condom Ordering Program!

The Iowa Department of Public Health has a new program for people living with HIV to have easier access to condoms. We are able to order condoms and have them sent directly to you! For more information, please contact our office at 319-335-7218.



New Food Pantry:

The Senior Center in Iowa City has opened a new food pantry to the public called Simple and Free Pantry Exchange for non-perishable and personal items. The pantry is located on the ground level of the Iowa City Senior Center just inside the Washington Street entrance, which is open to the public 8 a.m. to 5 p.m. every weekday. The public is encouraged to take what they need and give what they don't. If you have additional questions please contact Daniela Bularzik at 319-356-5220.

BHC Corner

Did you know that being outside and being active can improve your mental health?! Now that the weather is getting nicer, here are a few ideas for activities you can do outdoors...

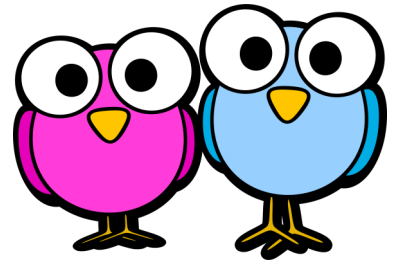
- ◆ Go for a walk around your neighborhood or a local park
- ◆ Go hiking at a local hiking trail
- ◆ Going swimming
- ◆ Bike riding
- ◆ Roller skating/blading

Find a shaded comfy spot and practice mindfulness

- What 5 things can you see?
- What 4 things can you hear?
- What 3 things can you feel?
- What 2 things can you smell?
- What is 1 thing you can taste?

**Congratulations
Tricia Kroll!**

Tricia was recently awarded The Distinguished Achievement Award. This award is given to a staff and faculty member who has distinguished herself or himself and the University through her or his accomplishments. The award is given for an outstanding achievement or a lifetime record of service or achievement. We want to congratulate Tricia on her achievements and give her a huge thank you for her 19 years of service to the Ryan White program and working with all her patients.



Also!!!

Stay tuned for more information about the HIV support group! If you're interested in being contacted, please call/text or e-mail Maddie Moree.

Madeline-moree@uiowa.edu

or

319-383-3621.

CLEAR Information

Spring is here!! Looking to freshen up your outlook and do a little spring cleaning with your thoughts, feelings and actions? CLEAR services are now available in both Cedar Rapids and Iowa City!

CLEAR stands for: choosing life, empowerment, action, and results! The CLEAR program is open to persons living with HIV who are interested in increasing or enhancing behaviors that promote healthy living, practice ways to effectively face challenges of daily living, increase positive thoughts, feelings and actions as well as develop daily routines to stay healthy.

Participation in CLEAR will involve at least 6 one-hour weekly sessions with a trained CLEAR counselor. Participants will be offered assistance to attending weekly appointments. To learn more about screening and the enrollment process please call Katie Vodraska at 319-353-7173, email Katie at katie-vodraska@uiowa.edu, or contact your case manager.

Farewell from Madison

I am sad to report that after almost two years with the HIV program, I am moving on to pursue a new career. I have been so fortunate and blessed to meet so many of you during my time in the program. I have loved the interactions I have gotten to share with you, whether that's a simple phone call or a full conversation and I am very sad to be leaving the amazing people here. I know you will be in amazing hands, and if you need anything after I am gone, please call either Abby Dalton at 319-335-7444 or Emily Majerus at 319-335-7605. Thank you all!



Ryan White Part C Financial Assistance

Our new fiscal year starts May 1, 2019 and runs through April 30, 2020. All patients with no payer should complete an application for Ryan White financial assistance.

Patients with dual eligibility (having both Medicare and full Medicaid benefits) or patients enrolled in an Iowa Wellness Managed Care Organization (MCOs) are not encouraged to complete an application as Ryan White will not likely have any additional benefit to you. Patients seeking assistance with insurance premiums, coinsurance or co-pays are welcome to apply.

Please attach all supporting income verification as requested and your eligibility for assistance will be calculated according to our sliding-fee scale.

Please contact Tricia Kroll at 319-384-7307 or tricia-kroll@uiowa.edu to request an application or if you have questions or concerns.

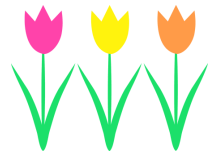


Consumer Advisory Board

Our team firmly believes that responding to our patients' participation is essential to crafting a stronger Ryan White program at the University of Iowa. Responding to the mission statement "Nothing about us without us!" we have begun holding advisory meetings in outlying cities and towns where our patients can provide us with direct feedback regarding the care and services we are providing, as well as a Consumer Advisory Board (CAB) meeting in Iowa City.

At the CAB meeting March 27th in Coralville, attendees learned over dinner more about how the Ryan White Program is funded, why we collect the data we do, and that we need your input to help us continue to provide the appropriate level of services to meet your needs. The group also discussed some basic logistics, such as confidentiality and frequency of CAB meetings, and considering different approaches to encourage attendance and participation.

Please consider joining our new Consumer Advisory Board to advocate on behalf of yourself and your fellow patients. Help us to improve our program, and the services we offer, so that we can all get better. If you are interested, please contact Program Coordinator Tricia Kroll at tricia-kroll@uiowa.edu or 319-384-7307 or Data and Quality Manager Mike Bates at michael-c-bates@uiowa.edu. Food, training, and reimbursement for travel and/or parking will be provided.



Data

For more than two years the rate of viral suppression (the percentage of our patients who have a viral load below 200 copies/mL) in our clinic been above 90%. For those individuals who are not suppressed, we are working with the Center for Quality Improvement and Innovation to focus on those in our clinic who have not seen a similar rise in their viral suppression rate. Those who are not suppressed often face major challenges, and we are working to identify specific people to work with and identify new ways to help them achieve viral suppression.

2019 Wellness Summit --May 3 - 5, 2019,

You can find the application on our website and Facebook page. Applications will be accepted until the Summit until we are at capacity.

Positive Iowans Taking Charge

An Organization Run for and By PLHIV and our support systems



The Wellness Summit provides a safe, non-judgmental environment for Iowans living with HIV/AIDS. The Wellness Summit is one way to help reduce the stigma and isolation that many people living with HIV/AIDS feel. The Summit is a source of encouragement, provides educational opportunities, camaraderie and a sense of community.



PITCH still strives to make the Wellness Summit a SAFE place for everyone who attends the weekend. So mark you calendars and save the date. Stay tuned for more information on the Wellness Summit.



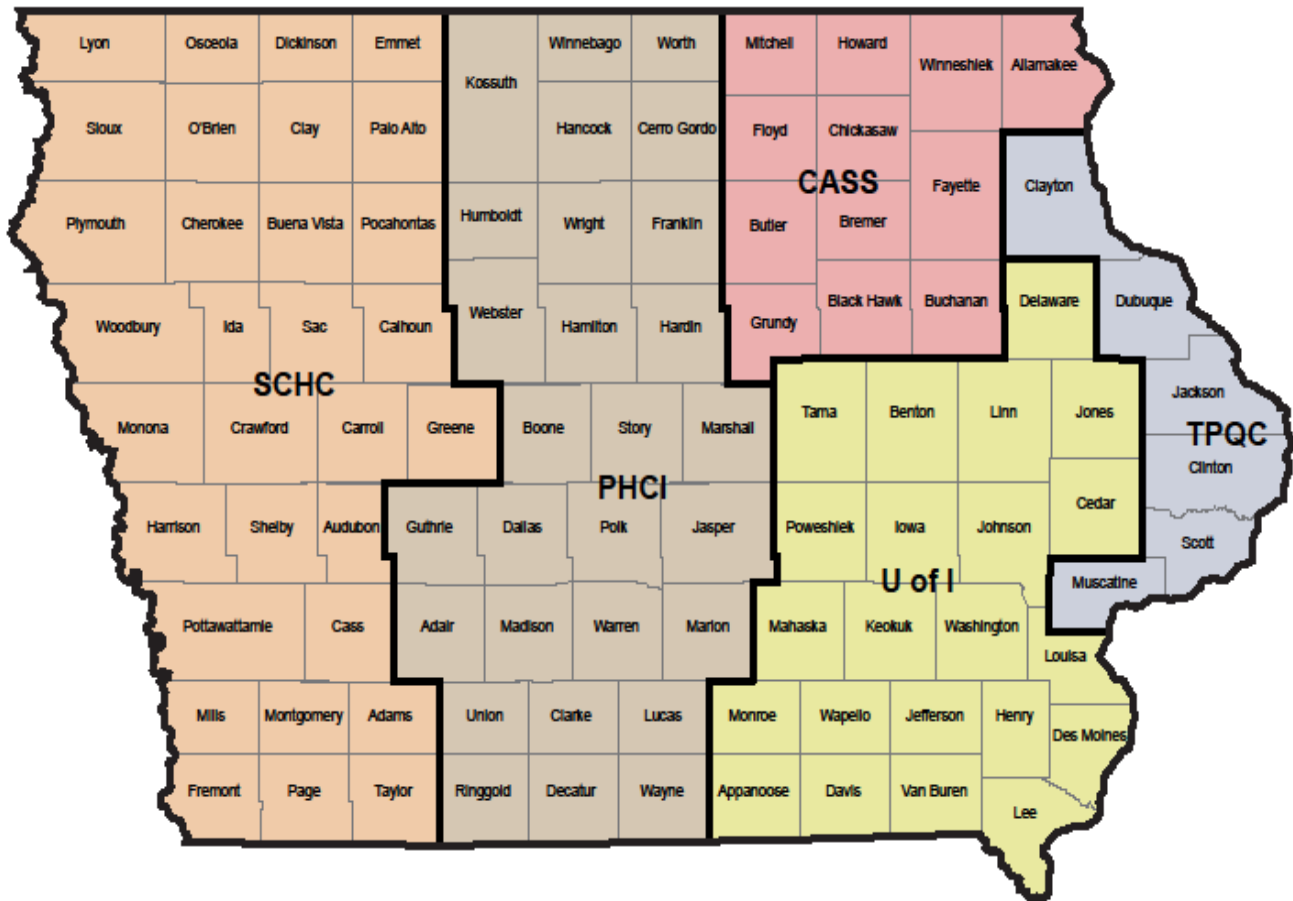
Summit applications will be available on Jan 23rd, on the PITCH website and Facebook page

www.pitchiowa.com
also find us on facebook

HOPWA

Having trouble maintaining your housing due to an emergent situation such as job loss or illness? You may be eligible for HOPWA assistance. Please contact the HOPWA provider in your area to see if assistance is available. UIHC currently offers assistance with long-term rental assistance (TBRA), short-term rent, mortgage, and utility assistance (STRMU), and permanent housing placement services (PHP) (deposit and/ or 1st months rent). If you live in the U of I area, contact Jennifer at 319-467-5662.

Housing Opportunities for Persons with AIDS (HOPWA)



Siouxland Community Health Center (SCHC)
1021 Nebraska Street
PO Box 5410
Sioux City, IA 51102
(712)-252-2477

Primary Health Care, Inc. (PHCI)
1200 University Avenue
Des Moines, IA 50314
(515) 248-1517

Cedar AIDS Support System (CASS)
2101 Kimball Avenue
Suite 2880
Waterloo, IA 50704-2880
(319) 727-2002

University of Iowa (U of I)
200 Hawkins Drive
Iowa City, IA 52242
(319) 467-5662

The Project of the Quad Cities (TPQC)
1701 River Drive #110
Moline, IL 61265
(309) 762-5433



Unite Advocate Assist

JOIN US FOR THE

PITCH MEET AND GREET

Empower Engage Live!!!

Pitch (Positive Iowans Taking Charge) is a statewide non-profit organization with a clear mission: To create an atmosphere where HIV+ people can unite, advocate, and assist other HIV+ people for better health and wellness.



April 12th— Join PITCH and the Project of Quad Cities hosted at 1701 River Drive #110, Moline, IL from 12:00 pm— 1:30 pm or the second meeting from 6:00 pm— 9:00 pm. Please RSVP to Tici at Leticia@tpqc.org or (309) 762-5433.

April 18th— Join PITCH for a Meet and Greet hosted at the Coralville Public Library, 1401 5th Street Room B, Coralville, IA, 6:00 pm— 7:30 pm. Please RSVP to Tim Campbell: pitchiowa@gmail.com.

April 23rd— Join PITCH for a Meet and Greet hosted at the Carnegie-Stout Public Library, American Trust Children's Program Room, 360 W. 11th Street, Dubuque, IA 52001, 5:00 pm— 7:00 pm. Please RSVP to Tami Haught: tami.haught2012@gmail.com.

We will provide food, fun, and fellowship!!



COMMUNITY AIDS ASSISTANCE PROJECT

NEW HIV & AIDS SUPPORT GROUP

A NEW, PRIVATE HIV AND AIDS SUPPORT GROUP
AND COMMUNITY OUTREACH PROGRAM BY CAAP.

Build strength together. You are not alone.

SECOND SUNDAY
OF EVERY MONTH 2:00 PM



Community AIDS Assistance Project helps provide support and programs to support those living with HIV and AIDS in Northeast Iowa, including providing funding to CASS.

FOR MORE INFO ABOUT CAAP AND
OUR ANNUAL BENEFIT VISIT US AT
CAAPBENEFIT.ORG

KINGS & QUEENS CLUB
304 WEST 4TH ST, DOWNTOWN WATERLOO

You may enter through the alley for your privacy if you prefer. There is also parking available in the alley, on Jefferson Street or Park Avenue. **Free coffee and pop provided.***

*There will no bar service. The bar is closed to patrons on Sundays.