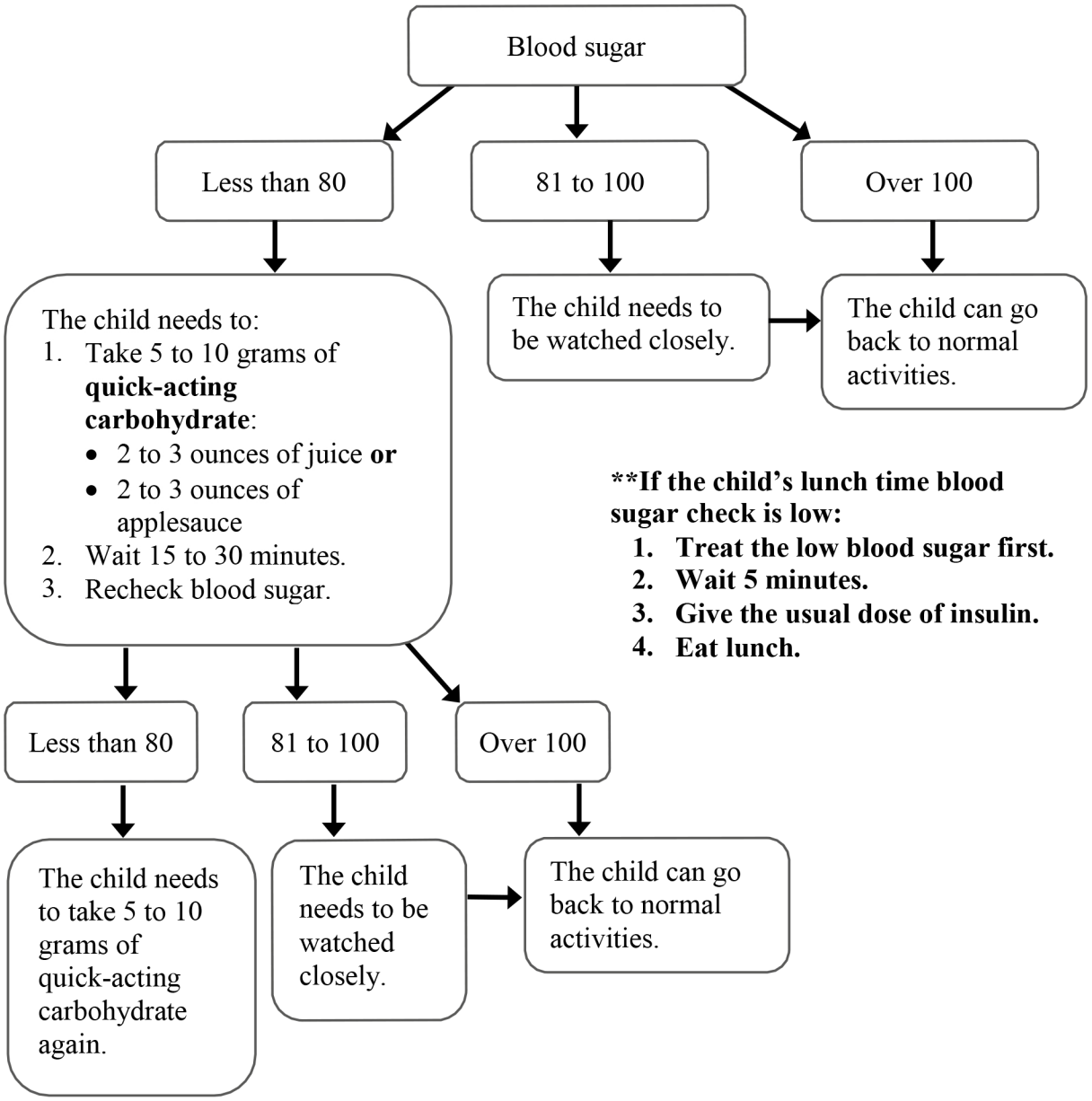
University of Iowa
Stead Family
Children's Hospital

Low Blood Sugar: Ages 1 to 5



****If the child's lunch time blood sugar check is low:**

1. **Treat the low blood sugar first.**
2. **Wait 5 minutes.**
3. **Give the usual dose of insulin.**
4. **Eat lunch.**