

w>'k;oh.ngb.C; IowaAt w>uG>xGJ
w>rRtUSD RtusJ= AySRuG>xGJw>Atw>eJ.usJ
b.xGJ

w>tcD.xH;wywD>zJw>CkxH.w>qg0H



w>pH;bsL;pH;zSd.

w>pH;bsK;vDRqDqIAySRw*RpkmpkmA'D;w>u&Xu&dvXvmwz.AcDzsdtw>rRoud;<Aw>

[h.vDRo;<A'D;w>eJ.usJvXA

w>uwJm uwDRAW>rRpXRtvHmvJ>tHRvX Iowa At[H.zdCDzdwz.t*D>M.vDR

Iowa Regional Autism Assistance Program (RAP)

Jessica Gallegos*

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Dr. Kelly Pelzel

Mary Roberts

Autism Society of Iowa

Kris Steinmetz

ChildServe

Carrie Van Quathem

Anna Blank Developmental Center, Des Moines

Dr. Nate Noble

RAP Family Advisory Committee Members

**pH;bsK;b. Jessica AvX[H;M>w>wDcd.&d.rJtoeX.

vXw>wdmusJR wcg tHR tyIRAA 'ftrh>t0JAMS-

WAtw>CkxH.oh.ng rRvdoeX.vX ywD>xDwgcg

tod;M.vDRI .

w>*h>cd.wDwz.

w>uwdRvXng	4
w>e>yX>ezdtw>qgvXw>CkxH.oh.ngtDR	5
cd.Elmtw>'d.xD.wb.vdmb.p;w>qguh>yeD.wz. (ASD)Arh>w>rEkRvJ.I....	5
.....	
zJw>wJvXAuoH.uoDw>CkxH.oh.ngymyeD. Aw>pH;vXA w>td.'D; ASDAM.A tcDynDutd.'fvJ.I	5
w>rEkR'k;uJxD. ASD ohvJ.I	5
.....	
w>td.oud;'D; ASDAvXuFdylR'D;vXw>csX=	6
.....	
Iowa w>rRpXRwz.vX[H.zdCDzdt*D>	7
w>ul.b.ul.o	9
e[H.zdCDzdtw>cGJ;w>,mvXw>qDvDRymvDRw>ul.b.ul.oh	9
.....	
IFSP rh>w>rEkRvJ.IA(eD>w*Rpkmpkm[H.zdCDzdw>rRpXRw>wdmusJR)	9
.....	
IEP rh>w>rEkRvJ.I (w>ul.b.ul.ohw>wdmusJRvXySReD>w*Rt*D>)	9
.....	
Early ACCESS vX Iowa AtylR=Azdo.td.zsJ.xD.wkRvXto;td.A3AeH.	10
.....	
Early Childhood w>wdmusJRvX Iowa AtylR	10
w>qD.xGJrRpXRxD&DR'D;Aw>qSXxD.vXAw>td.ql.td.cVw>rRpXRvXA Iowa tylR	11
.....	
w>,gbsgvXw>'k;uwdRvdw>	11
....	
w>,gbsgvXw>[h.w>rR	11
.....	
w>,gbsgcDzsdw>rReD>cdw>[l;w>*JR	11
.....	
w>pl;ugw>yJmxHeDRz;w>'Dol.ymo; (ABA)	11
.....	
w>'Dol.ymo;w>td.ql.td.cV	11
.....	
w>td.ql.td.cVw>rRpXRvXA Iowa tylR	12
...,	
w>pl;uGHmnduGHmOJ'.w>td.bSH;td.ogwpd>zd'D;w>zH;pXRrR pXR	12

w >uwdRvXng



zJw>'d;M>w>CkxH.w>qgb.C;
cd.Elmtw>'d.xD.wb.vdmb.p;w>qguh>yeD.wz. (Autism Spectrum Disorder (ASD))A0HRtvD>cH<Aeu td.'D;w> b. ,d.b. bD
vXrh>w>rEkRuuJxD.o;qIngvXezd'D; e[H.zdCDzd
t*D>vJ.t*h>M.vDRI

ySRud;*R'J;vJRCdzsdb.w>td.o;wcgsJtHRvDRqDvdmt0;<AvXttD.'D;
Ao;tw>wl>b.p;xD.vXA w>ol.tk;o;tk;
wkRvDRqlAw>o;rkmxD.uhRM.vDRI

zsgvDR*mvXAeuo*X>b.w>uDw>cJoh.wz.b.q.<Aewtd.eJ'.xJw*
RvXw>uG>qX.rJmtylRtHRb.M.vDRIA

w>rRtusdRusJtd.wbsK;rHRvX Iowa
AuD>pJ.tylRvXAAttd.'D;w>ohw>b.vDRqDvX w>uG>xGJ[H. zd CD
zd w z. vXtd.'D;tzdvXtd.'D; ASD M.vDRI



w>e>yX>ezdtw>qgvXA
w>CkxH.M>tDR



**cd.Elmtw>'d.xD.wb.vdmb.p;w>qguh>yeD.wz.
(AUTISM SPECTRUM DISORDER) rh>w>rEkRvJ.**

cd.Elmtw>'d.xD.wb.vdmb.p;w>qguh>yeD.wz.

(Autism Spectrum Disorder (ASD))

M.rh>Aw>'d.xD.wb.vdmb.

p;vXnDEk>rRb.'dAw>ymol.ymo;'D;Aw>qJ;usd;qJ
;usXtw>ohw>b.wz.M.vDRI ASD uJ xD.w>b.'db.

xH; vXySRw*R tw>td.rlvX

tywD>vDRqDvdmo;<A

p;xD.vXAwqH;wuh>wkRvX

te;tywD>ohM.vDRIAcDzsdeuG>vXerJmcsHtzDcd

.<AewJySRw*Rtd.'D; ASD wohvXAusJeD-

w>rEkR'k;uJxD. ASD AohvJ.I

w>*h>w>usdRwtd.xJwrHRvXAt'k;uJxD. ASD

Ab.M.vDRI₂ w>CkxH.oh.ngrRvdweDR'k;eJ.vX

ASD AtcD.xH;CD.bdp;xD. vX

cd.Elmtuh>t*DR'D;w>zH;w>rRatw>vDRqDvdm

o;M.vDRIAw>rRvdt*Rwz.'k;eJ.vXAUuJxD.o;cDz

sdvXAw>tpXRtoGJ.<Aw>

[JvDRpXRvXrd>y><Arhwrh>Aw>td.ql.td.cVw>t

d.o;wz.M.vDRIA zJ

ySRcKxH.oh.ngw>wz.qJ;rRvXw>CkxH.M>

w>tpXtcgM.<A zsg vDR*mvX ASD

AuJxD.to;cDzsdv XAASD tw>b.,d. b. bD

w>*h>vXymzSd.xD.to;wz.vXb.oh.oh. EkmvDR

**zJw>wJvXAuoH.uoDw>CkxH.oh.ngy
myeD. w>pH;vXA td.'D; AASDAM.A**

w>qSXCdqlAw>rRpXRw>rRwz.'ftrh>Aw>orHor

d;uG>xH w>ymol.ymo; (Applied Behavioral Analysis

(ABA))<A

w>ulpg.gbsgcDzsdAw>rXtuwdRw><AeD>cduh

>*DRw>[l;w>*JR<A'D; w>ulpg.gbsgcDzsdw>rX

ArRuG>w>wz.vXAuvd.b.OJAuoH.

uoDAw>rRuG>vXAurRM>phvXAw>tk.uDRt*D

>AzJw>[h.tDR w>uG>xGJ zJ

uFdtcsXtcgM.vDRIA uoH.uoDw>CkxH.oh.ng

ymyeD.vX td.'D; ASD

M.ArRtgxD.Aezdtw>cGJ;w>,m vXAurRM>A

w>rR pXR vXt

[JvXAYSRwOXtylR<Aw>rRpXRw>rR<A'D;

w>qD.xGJ rRpXRwz.M.vDRI

vX Iowa uD>pJ.

tylR<Aw>rRuoH.uoDw>CkxH.oh.ngymyeD. vX td.

'D; ASD oh'.xJvXAZdo.uoH.o&.vXAtuG>xGJ w>'d.

1. Autism Society (2016) <http://www.autism-society.org/what-is/>

2. Autism Society (2016) <http://www.autism-society.org/what-is/causes/>

3. Huquet G, Ey E, Bourgeron T. (2013) The genetic landscapes of autism spectrum disorders. *Annu Re Genomics Hum Genet.* 14:191-213.



IOWA w>rRpXRwz.vXAe[H.zdCDzdt*D>

w>CkxH.oh.ngw>ArRpXRySR[h.vDRw>uG>xGJw>td.ql.td.cVwz.vXAurRM>tgxD.w>e>yX>b.C; ASD
A'D;Aw>tHR'k;td.xD. w>xH.M>Aw>rRpXR
vXtuJxD.w>bsK;w>zSd.'D;Aw>ulpg,sgbsgt*D>M.vDRIAw>EkmvDRrRpXR
usJRvdRusJRb.M>w>vXeD>w*Rpkmpkm'D; w>vX At -uX;t b.wz.
'k;td.xD.w>tpXvXt*hRM>tvD>vXAzdo.vXtd.'D; ASD wz.At*D>M.vDRIA
w>EkmvDRusJRvdRusJRb.qdw><A rhwrh>Aw>[h.vDRw>rRpXR wz.qlAzdo.oh.wz.t*D>Awoh zJt
ohvXtcVM.<AymzsgxD.wh>to;vX rh>w>vXatrR*hRxD. w>td.rl tuH>tpDvX ySRw*RpkmpkmvXtd.'D;
cd.Elmtw>'d.xD.wb.vdmb.p; (autism) At*D>M.vDRIAySRvXtd.'D; ASD uqJ;ymzsgxD.A w>qguh>
yeD.wz.Autd.zsgxD.'H;vXto;orl'DwpdRA'D;weDRM.uvd.b.w>uG>xGJ'D;w>[h.ul.AvXt0Joh. to;orl
'DwpdRt*D> M.vDRIAA

w>EkmvDRusJRvdRusJRb.wz.M.A-uX;w>ymzsgxD.tDRvDRwH>vDRqJ;vXzdo.'D;
[H.zdCDzdw*Rpkmpkmtw>vd.b.wz.tzDcd.M.vDRIA w>rRpXRwbsK;rHRM.Aw>ynd.tDR'fod;Au

w>uGJ;eD.wz.

w>rRpXRtw>vD>wz.

vHmubsH;tHRuGJ;&J.vDRAw>rRpXRw>tvD>'D;Aw>[h.w>rRpXRvXAw>[h.nDEk>tDRvXAzdo.vXAtD.'D;
ASD 'D;t0Joh.At[H.zdCDzd wz.

w>EkmvDRrRpXRw>ymol.ymo;AvXt'd;oMRxD.o;vXAw>tk.o;tzDcd.wz.

- * w>orHord;uG>xH w>ymol.ymo; (Applied Behavioral Analysis (ABA))
- * w>EkmvDRrRpXRA w>ymol.ymo;Atw>*kRxD.yoDxD.'fMqX.tod; (Naturalistic Developmental Behavioral Interventions)
<Ab.oh.oh.Auy.Ckm'D;Aw>EkmvDRrRpXRw>ymol.ymo;w>td.ql.td.cVw>rRpXRw>rR
(Behavioral Health Intervention Services) (BHIS; xJ'.AMedicaid u&Xzdwz.t*D>{dR)
- * w>*DRw>zD.w>qD.xGJrRpXR'D;w>oh.eHRz;oD (Visual Supports and Schedules)
- * w>ulpg,gbsgAoh.nge>yX>w>ymol.ymo; (CBT) 'D;w>ulpg,gbsgcDzsdw>yXRvDReD>up>to; (Self-Management Therapy)

w>EkmvDRrRpXRb.C;Aw>qSXcDvXurRM>uoH.uoDw>uG>xGJAvXt'd;oMRxD.o;vXw>tk.o;tzDcd.

- * w>ulpg,gbsgAw>rXtrRw> (Occupational Therapy)
- * w>ulpg,gbsgAw>rReD>cdw>[l;w>*JR (Physical Therapy)
- * w>ulpg,gbsgAw>'k;uwdRvdw> (Speech Therapy)
(y.Ckm'D;w>ulpg,gbsgcDzsdAw>uwdRusdm'D;Aw>wJpXRw>vXtd.'D;w>*h>vdm)

w>ul.b.ul.ohw>rRpXRwz.

- * Early ACCESS (td.zsJ.wkRA3AeH.)
- * zdo.qH;uwD>w>ul.b.ul.ohvDRqDA
(w>&J.w>usJRcDzsdAvD>u0DRw>ul.b.ul.ohu&XcX.p;\$vD>u0DRuFd[D.u0DR<A3AeH.A
'D;yS>M>tM.)

[H.zdCDzdw>qD.xGJrRpXR'D;w>&J.usJRw>uG>xGJA([H.zdCDzdtw>eJ.usJ)

- * Autism Society of Iowa
- * ASK (Access for Special Kids) Resource Center
- * Iowa Regional Autism Assistance Program (RAP)

usd.ph*h>ODw>rRpXRtvD>wz.

- * Autism Support Program (ASP) – uG>AubsH;yRA15
- * Medicaid vXzdo.vXtd.'D;w>vd.b.vDRqDwz.
- * ySR[h.vDRuGHmAMedicaid tcGJ;t,mwz.



ySRvXtd.'D;w>wb.vdmb.p;w>ul.b.ul.ohw>bsXoJp; (Individuals with Disabilities Education Act (IDEA))
tk.uDRto;

vXuFdzdvdXtd.'D;Aw>wb.vdmb.p;utd.'D;Aw>cGJ;w>,mwz.vXAurRM>ursX>w>ul.b.ul.ohvXAtuvD'D;t
-uX;tb. (FAPE)< vXw>[h.tDRvXAcD.CXRvXtd.'D;w>zD.CH;tpSRuwX> (LRE)AM.vDRI
rd>y>wz.ChAw>orHord;uG>tzdoh.wz.vXAuqXwJm0JvXArh>w>
uvd.b.Aw>od.vdvXAw>'k;td.xD.vDRqDwz.<Aw>ul.b.ul.ohvDRqDw>rRpXRwz.
{gM.vDRIAw>orHord;uG>w>ul.b.ul.ohu qXwJm0JvXAw>wb.vdmb.p;vXw>ul.b.ul.ohrh>td.M.A
(rh>zdo.wz.td.'D;Aw>wRw>wz.vXAturRb.'dtw>rRvdwz.{g}<A
wrh>vXurRAw>ulpg.gbsgtw>Ckoh.ngw>qXwJmwz.b.lAu%

w>vXvmwz.tHRrh>rEkRvJ.III

[H.zdCDzdwl.tw>rRtw>&J.w>usJR{gA(Individualized Family Service Plan (IFSP))?

w>uGJ;w>ulpg.gbsgw>&J.w>usJRvXAeD>w*Rt*D>vXAzdo.vXAt;td.A3AeH.qIAtzDvmwz.t*D>M.vDRI
IFSP tylRAuGJ;zsg Early ACCESS

w>rRpXRw>rRwz.vXAzdo.w*RAurRM>0Jt*h>M.vDRIAw>rRpXRw>rRAtgwuh>vXtd.vX IFSP
tzDvmM.A'd;oMRxD. to;vXA[H.zdCDzd'D;Aw>wdpXRrRpXRvXA[H.ylRM.vDRIAw>tHRtcDynDrh>0JA
[H.zdCDzdtw>y.CkmrRoud;w>M.rh>w>vXAt&h'd.r;vXAw>
'k;td.xD.AIFSP<A'fw>&J.usJRtDRvXAuqD.xGJrRpXR[H.zdCDzdA'Dw'l.t*D>M.vDRIAw>tHR
[Jto;vXAw>pl>w>emvXAw>rh>qD.xGJrRpXR
[H.zdCDzdwz.A*hR*hRM.<At0Joh.Autd.'D;AyD;vDt*hRtb.vXAuqD.xGJrRpXRtzwz.M.vDRI 2

eD>w*R w>ul.b.ul.ohw>&J.w>usJR (Individualized Education Program (IEP))

1. w>ul.b.ul.ohvDRqD (2016) <http://www.specialeducationguide.com/pre-k-12/what-is-special-education/legal-rights-to-services/>
2. w>ul.b.ul.ohvDRqDw>eJ.usJ (2016) <http://www.specialeducationguide.com/early-intervention/the-who-what-why-of-an-individual-family-services-plan-ifsp>
3. Understood (2016) <https://www.understood.org/en/school-learning/special-services/ieps/understanding-individualized-education-programs>

w>EkmvDRrRpXRqdw>AurR*hRxD.vDRvDRqDqDqlAySRvXtd.'D; ASD wz.

EARLY ACCESS vX IOWAAtylR= td.zsJ.xD.wkRvXA3AeH.

w>EkmvDRrRpXRqdw>vX Iowa
tylRM.Aw>ud;tDRvX Early ACCESS M.vDRIA
[H.zdCDzd'D;ySR[h.w>rRpXRw>rRwz.A rR oud;
w>wylRCDvXueX>yX>'D;
ArRpXRw>*kRxD.yoDxD.'D;A w>'d. xD. vJRxD.
'D;A[H.zdCDzdAtw>ymw>t&h'd.vXA
tzdtzDcd.M.vDRIA
[H.zdCDzdwz.Awvd.rRAql.cVtw>orHord;vX
urRM> Early ACCESS w>rRpXRvX IowaAtylRt*D>b.I

Early ACCESS

[h.vDRw>rRpXRwz.cDzsdAeD>w*Rb.w*R pkm
pkm [H. zdCDzdw> rRpXRw>wdmusJR<Arhwrh>
IFSP <A'D;Auy.Ckm'D;zd o.qH;
uwD>w>wdmusJR<Aw>,gbsgcDzsdw>rXtrRw><
Aw>,gbsgcDzsd w>uwdRvd<A'D;[H.zdCDzdw>
[h.w>rRvdM.vDRIAwtD.'D;w>vXm bl.vXmphRvX
[H.zdCDzdwz.ttd.
vXw>orHxH<Aw>orHord;<Aw> &J. usJR
w>rRpXR<A 'D;w>&J.usJR 'k;td.xD. IFSP At*D>b.I

vXurRM>tgxD.Aw>*h>w>usdRt*D>vJ RuG>zJ=

www.educateiowa.gov/pk-12/early-childhood/ early-
access

vXyWHxD.w>t*D>vJRuG>zJ=

www.iafamilysupportnetwork.org/early-access- iowa/what
-is-ea

zdo.qH;uwD>Aw>wdmusJRwz.vXIOWA tylR

vXzdo.vXto;td.A3AeH.'D;AtgM>tM>wz.t*D><Au
rsX>uFdw z.A'D;A
[D.u0DRw>ul.b.ul.ohw>u&Xu&dwz.A(AEAs)A
rRpXRAvXw>ymzsgxD.'D;AorHxHzdo.wz.vXAw>
ul.b.ul.ohvDRqDw>rRpXRwz.vXw>rRvdx=uFdt*
D>M.vDRIAzJuFdzdwwz.ArH>wxD.uFd'.vJm<Ab.o
h.oh.t0Joh.u-uX;0Jb.0J'D;Aw>rR pXRwz.M. vDRI

[H.zdCDzdwz.-uX;ud;vDwJpdqlAt0Joh.t

[D.u0DRwDRzk. uFd'D; Ch vX uuwdRw>'D;ySR

1. Iowa Department of Education (2016) <https://www.educateiowa.gov/pk-12/early-childhood/early-access>
2. Early Childhood Iowa (2016) <http://www.earlychildhoodiowa.org>

w>uGJ;eD.wz.

w>EkmvDRusJRpXR0J'.uoH.uoDw>ulpg'fnDEk>



w>ulpgrR*hRxD.w>uwdR=
usdmtw>*h>uD

w>pl;ugw>ulpgrR*hRxD.w>uwdR=usdmtw>*h>uD
rh>'fod;urR
pXRzd'Hздо.vXtue>yX>0J'.usdmtw>rRusdRusJ'D;us
dmvX w> pl;
ug0JzJySR*h>0Dw>td.o;uD>yIRM.vDRIAw>ulpg'f
od;tHRwu vkm uJbsK;0JvXzdo.vXttd.'D; ASD
At*D>oh0JvX t rh>ySRvXt b.
usJ;pX;*JRvdmw>vXtw>uwdRoud;w>tylR<Arhwrh>
AySRvXtd.'D;
w>uDw>cJvXw>e>yX>0J'.ySR*h>0Dtw>ymyeD.wz.
zJtuwdRoud;w>'D;ySRt*Rwz.tcgM.vDRI1

w>ulpg,gbsgtDRvXtrXrRw>uJbsK;vXu*hR
xD.t*D>

w>ulpg,gbsgtDRvXtrXrRw>uJbsK;vXu*hRxD.t*D>b.
xGJvdm o;'D;eD>cduh>*DR<A'D;w>
[l;w>*JRtw>ohw>b.'D;uJ0J'.w>t&h'd.vXzdo.weDRe
DR vXttd.'D; ASD At*D>oh0JM. vDRIA w>ulpg ,gbsg
tDR
vXtrXrRw>uJbsK;vXu*hRxD.t*D>tw>ynd.rh>'fod;w>
rR
vJRxD.vJRxw>ohw>b.vXw>rRpXRvDReD>up>o;vX
w'd;oMRo;'D;ySR*Rtw>rRpXR'D;w>uG>xGJvDReD>
up>o;tw>ohw>b.'ft-uX; 0Jb .0J'D;to;eH.tod;M.vDRI1

w>pl;ugw>yJmxHeDRz;w>ymol.ymo;t*h>

'd;oM-
RxD.o;vXzdo.tw>vd.wz.tzDcd.<Aw>pl;ugw>yJmxH
eDR z;w>ymol.ymo;t*h> (Applied Behavior Analysis)
rhwrh> Aw> ulpg,gbsg ABA,
w>uynd.0JvXw>od.vdeJ.vdtw>rRpXR vDR eD> u
p>o;tw>ohw>b.<AySR*h>0Dw>ohw>b.<Aw>rRvdr
R'd;tw> oh w>
b.<Aw>qJ;usd;qJ;usX<Arhwrh>Aw>ymol.ymo;vXt-
uX;0J b. 0J t *h>M.vDRI
ySRvXtulpg0J'. ABA Ckoh.ngw>vXttd.0; w&H; zd o.
tusdR tusJwz.<ACkm'D;ySRvXttd.0;w&H;zJzdo. t u
ydm uyR<AvXt vk>bXpd0J'.t0Joh. tw>ymol.ymo;
t*h>M. vDRI Aw> ulpg,g bsg AABA
ynd.CDR0J'.w>'k;vIRydmrRxGJw>vX t*hR w
uyR<=Aod. vd
zd'Hздо.vXtub.rRtgxD.tw>ymol.ymo;vXtuJbsK;wz.
'D;rRpSRvDRtw>ymol.ymo;vXt'k;uJxD.w>vDR
ysHRvDRb.,d.
Arhwrh>ArRwHmwmw>rRvdrR'd;tusJwz.M.vDRI
ABA pl;ug0J '. w>
[h.vRuyDRw>ymol.ymo;vXt*hRwuyR tg M>'H;w>
oh. ng ym
yeD.w>ymol.ymo;vXtw*hRwuyRM.vDRI2

w>ymol.ymo;tw>td.ql.td.cV

td.'D;w>zH;pXRrRpXRw>ymol.ymo;tw>td.ql.td.cV
tuvkmtgr;vXzdo.wz.t*D>vXnDEk>w>rRpXRtDRcDz
sdySR*h>0DySRrRw>zD<Ao;*h>0DtuoH.o&.<A'D;
ySR[h.ul.b.C;o;*h>0Dtw>td.ql.td.cVwz.M.
vDRIAw>ulpg'fod;tHRwuvkmb.oh.oh.uuJbsK;uJzS

w>wdpXRrRpXRw>tuvkmwz.td.0JzJ IOWA uD>pJ.tylR

uoH.uoDw>ulpgtw>wdpXRrRpXRwz.

zd'Hздо.t[H.zdCDzdvXttD.'D; ASD AweDReDR-uX;0Jb.0J'D; w>*h>cd.wDeD.*H>A19 (Title 19) b.C;phqD.xGJt*h><Arhwrh>A Medicaid vXздо.vXtd.'D;w>vd.b.vDRvDRqDqD (MKSND) vXw> [h.pXRw>tvJvXw>uG>xGJuH.uoDw>ulpgtyOR uvHrt *D>M.vDRI

w>*h>cd.wDeD.*H>A19 (Title 19) b.C;phqD.xGJt*h>b.w>yXqSX &J.usJRtDRcDzsdw>yXqSXw>tH;xGJuG>xGJtu&Xwz.<A'fvJ.*hR< Iowa w>rRpXRySR*H>bg0JRusdRCkoh.ngqXwJm0J'. w>-uX; 0J b. 0J'D;cGJ; ,m 'D; yXqSX&J.usJRw>ywHxD.t*h>wz.M.vDRIAw>-uX; 0J b.0J'D;cGJ; ,m 'd;oMRxD.o;vXw> [JEkm<Ao;teH.<Arhwrh>AeD>cduh uGJ.tw>td. o;tzDcd.M.vDRI

[H.zdCDzdvXtd.'D;zdo.vXto;eH.A18AqltzDvmwz .b.oh.oh.u-uX;0Jb.0J'D; Title 19, t0Joh.rh>td.wh>vH'D;w>b.bsK; tw>tk.uDRArhwrh>AeD>w*Rw>tk.uDR'.vJmM. vDRI Title 19

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d.ogwpd>zd'D;w>zH;pXRrR pXR

ySRw0Xwz.

w>'k;td.bSH;td.ogwpd>zdrh>w>tH;xGJuG>xGJ wpd>wvD>vXySRzdo.AArhwrh>AySRo;yS>vXt vd.b.w>rRpXRvDRvDRqDqDwz.t*D><AvXt [h.td.bSH;zJuwD>zk.<Aw>&J.usJRw>td.bSH;v Xздо.tySRuG>xGJ w>zdtcD.xH;cD.bdt*D>M.vDRIAw>td.bSH;td. ogwpd>zdqD.xGJrR pXR0J'. [H.zdCDzdtw>vd.b.wz.'fod;t0Joh.tH;xGJuG>x GJtzdu*hRtgxD.t*D>'D;w> [h.rRpXR0JzJySRw0XylR<AzJ [H.CD<Arhwrh>Aw>ol.xD.vXtd.'D;vHmtk.o;wz .t*D>oh0JM.vDRIaphqD.xGJvXw> td.bSH;td.ogwpd>tzd [JcDzsd0JvXcX.p;u&X<AeD>up> [h.w>tvJ<Arhwrh>Aw>pl;uGHmnduGHmA

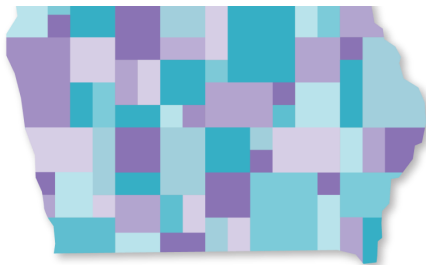
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0Ho;plRuG>b.zJubsH;yReD.*H>A15A'fod;uoh.ngtgxD.b.C;w>-

1. Iowa Department of Human Services (2016) <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/MKSN>
2. Iowa Department of Human Services (2016) <http://dhs.iowa.gov/ime/members/medicaid-a-to-z/hcbs/waivers>



RAP
Iowa Regional
Autism Assistance
Program



'k;bs;pJ AIOWA zd'Hздо.'D;
t[H.zdCDzdwz.q]

RAP rh>w>rEkRvJ.I

Iowa
vD>u0DRAW>wdpXRrRpXRySReD>cdwb.vD>b.
p; tw> wdm usJR (Autism Assistance Program (RAP))
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[h.ul.vXySRw0Xt*H>xH;CD.bdt*D><Aw>[h.
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[H.zdCDzdql [H.zdCDzd t
w>qD.xGJrRpXRzdo.vXttd.'D; ASD 'D;t0Joh.t
[H.zdCDzd wz.t*D>M.vDRI

RAP tySRrRw>zdu%l>vXtrRoud;w>'D;
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Ckm0J'.AuoH.o&.rk.vXtrRb.C;uoH.yDngvXtEkm
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nurse practitioners (ARNPs))
<AuoH.o&.rk.vXtEkmvDRrReD.rRCg to;A
(registered nurses (RNs))<A'D;
[H.zdCDzdySReJ.usJwz. M.vDRI ARNPs 'D; RNs

qJ;usd;vdm0;'D; RAP zJySR*h>0Dw>upD.

tzDcd.



[h.ySR ALike zJ Facebook tyIR
www.facebook.com/IowaRegionalAutismAssistanceProgram



vIRxGJySRzJ Twitter



@IowaRAP
vIRxGJySRzJ Pinterest <https://www.pinterest.com/iowarap/>

w>zH;CkmrRoud;w>tH;xGJuG>xGJ

RAP tySRrRw>zdu%l>rRpXROJ Iowa
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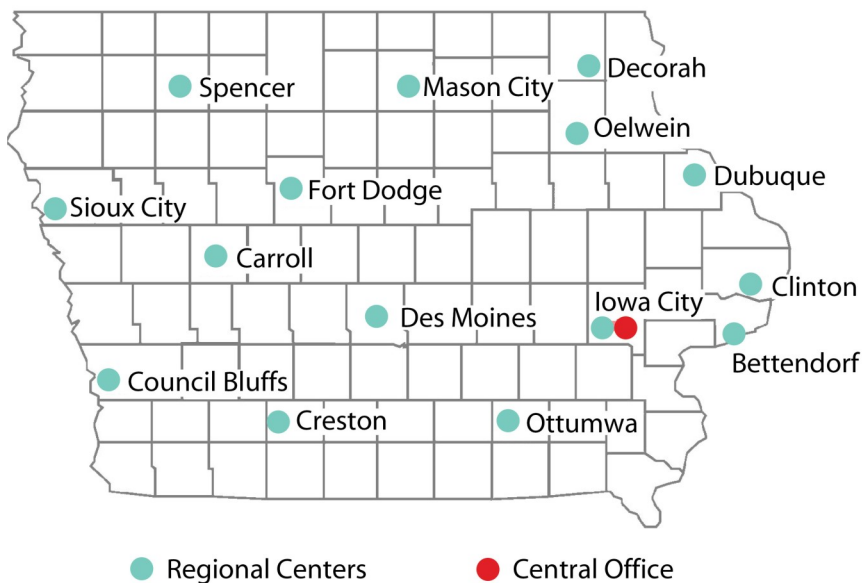
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b.tuvkmuvkm'D;b.oh.oh.uM>bsK;0JvXw>qD.xGJr
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GJzd

RAP ySRrRw>zdu%l>wz.
zH;pXRrRpXR0JvX
IOWA [D.u0DR'd.tyl



Bettendorf
563-344-2250

Carroll
712-792-5530

Clinton
563-243-0292

Council Bluffs
712-309-0041

Creston
641-782-9500

Decorah
563-382-1277

Des Moines
515-528-2571

Dubuque
563-556-3700

Fort Dodge
515-955-8326

Mason City
641-424-0030

Oelwein
319-283-4135

Ottumwa
641-682-8145

Sioux City
712-224-5437

Spencer
712-264-6362

vD>cX.o;0JR'X;

Iowa City
qJ;usd;cDvD 1-866-219-9119

0Ho;plREkmvDRuG> www.chsciowa.org
w>*h>w>usdRvDRqDvX

CHSC



THE AUTISM SUPPORT PROGRAM



zJA2013AeH.<Alowa

'k;td.xD.OJ'.uD>pJ.O;0;tw>od.w>oDw>bsXvXAw>qD.xGJrRpXRySReD>cdwb.vD>b.p;tw>wdmusJR

(Autism Support Program), rhwrh>ASP t*D>M.vDRIAw>wdmusJRtHR

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w>rRw>yJmxHeDRz;w>ymol.ymo;t*h>A(Applied Behavior Analysis (ABA)) Atw>ulpg,gbsgvX Iowa

zd'Hздо.weDReDR vXt td.'D; ASD Aw>qgyeD.wz.t*D>M.vDRI

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- *rRpXRw>Ckoh.ngw>qguvkm t*h>A24AvgtwD>ylRzJvXp;xD.AywHxD.w>trk>eHR
- *zdo.w-uX;0J'. 'D; Medicaid tw>tk.uDRArhwrh>Aw>tk.uDRvXttd.zJyeHmw>uRw>tk.uDRtw>wdm usJR tzD vmM.vDRI
 - ySRw*Rv>v>'D;u%l>tw>tk.uDRAzDvpH.vXtvDRqDvdmo;wz.M.vDRI RAP u%l>wz.td.OJvXw> rR pXR0J'.
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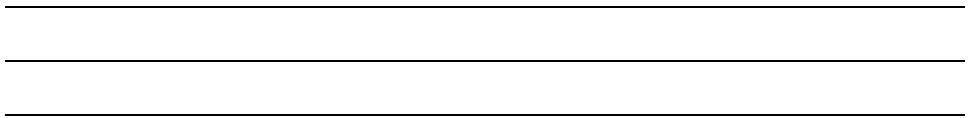
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vXw>wdpXRrRpXRw>rRySJR0HR0J'.w>ywHxD.w>t*D>

Iowa-RAP@uiowa.edu

qJ;usd;cDvD= 1-866-219-9119, vDusdRzdeD.*H>A1

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



w>oh.ngtgxD.w>wdpXRrRpXRt*h>*H>xH;wz.



ySReD>cdwb.vD>b.p;tw0XA(Autism Society)

www.autism-society.org/

ySReD>cdwb.vD>b.p;tw0X (Autism Society) rh>0Jw>wJM>cJ;w>tu%

l>vXtzH;rRw>vXw>rR'd.xD.tgxD.ursX>tw>oh.nge>yX>b.C;'D;ySR vXtd.'D; ASD

AyeD.tw>b.uG>qX.rJm0J'.w>uDw>cJvXweHRb.weHRtw>td.rlylRt*h>M. vDRIAYSm,JRoM tHRymzsg

Iowa AySReD>cdwb.vD>b.p;tw0XA(Autism Society of Iowa)

<http://autismia.com/>

ymzsgw>*h>w>usdRb.C; Iowa



Iowa vD>u0DRAw>qD.xGJrRpXRySReD>cdwb.vD>b.p;tw>wdmusJR (Autism Assistance Program (RAP))

www.chsciowa.org/rap

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w>uG>xGJ'k;td.qd;zd'Hздо.vX

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<http://dhs.iowa.gov/ime/prviders/integrated-home-health>

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ySReD>cdwb.vD>b.p; A(Autism)

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(vXttd.0JvXtJuvH;'D;pyJ.M;usdm)

www.autismspeaks.org/family-services/tool-kits/100-day-kit

Autism tw>uwdRvdw>tcD.xH;A100AoDtvHmw>rRvdvXzdo.qH;vX

w>Ckoh.ng tw> qg yeD.oDoDzdwz.t

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Sesame Street 'D;AeD>cdwb.vD>b.p; (Autism)-

uG>b.w>rRo;vDRv;vXzdo.cJvXmtYlRA=Ahttp://autism.sesamestreet.org/

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University of Iowa
Stead Family
Children's Hospital

Iowa zF.pdrdRw>qg[H. Stead Family Children's Hospital Autism Center

<https://uichildrens.org/medical-services/autism>

rRpXR0J'.w>CdxHorHord;<Aw>ulpG,gbsgtw>[h.ul.

Mayo [www.mayoclinic.org/diseases-conditions/autism-spectrum-disorder/basics/](http://www.mayoclinic.org/diseases-conditions/autism-spectrum-disorder/basics/definition/con-20021148) definition/con-20021148

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xHuD>bDrk>od.rSHRu&XvXeD>o;w>qI;w>qgt*D>A(National Alliance on Mental Illness (NAMI))

- www.nami.org

ASK w>wdpXRrRpXRtvD>cX.o; - <http://askresource.org/>

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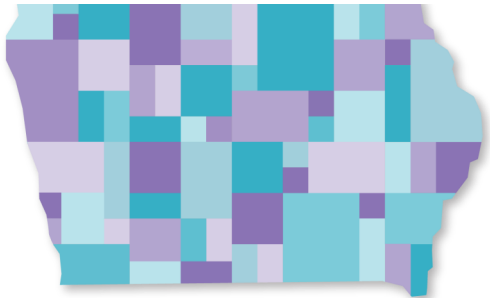
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oJp;Arhwrh>AzDvpH.tod;b.<A'D;w>wb.tX.vDRrR*X>rRusXRw>vXw>
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RAP

Iowa Regional
Autism Assistance
Program



CHILD HEALTH SPECIALTY CLINICS

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IowaAtySRzdo.'D;

o;p>vXAtd.'D;w>td.ql.td.cVw>uG>xGJw>vd.b.vDRqD

wz.t*D>

'fod;oh.ngtgxD.w>*h>w>usdRt*D><A0Ho;plRqJ;usd;b.=

Central Office

Iowa Regional Autism Assistance Program
Division of Child and Community Health
Child Health Specialty Clinics
Stead Family Department of Pediatrics
100 Hawkins Drive, 247 CDD
Iowa City, IA 52242

qJ;usd;vDwJpdvXwvXmtyOR= 1-866-219-9119, Extension 1

tHrh(v)= Iowa-RAP@uiowa.edu

ySm,JRoM= www.chscioiowa.org/rap



Iowa vD>u0DRAW>wdpXRrRpXRySReD>cdwb.vD>b.p;tw>wdmusJRA(Autism Assistance Program (RAP))
AtHRb.w> yX qSX&J.usJRtDRcDzsd Iowa AzF.pdrdR<Azd'Hzdo.t[H.zdCDzdcX.p;0JRusdR (Stead Family
Department of Pediatrics), zd o. 'D;ySRw0Xw>td.ql.td.cV0JR'h'D;zdo.tw>td.ql.td.cVvDRvDRqDqDw>
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Education), Iowa ursX>w>td.ql. td.cV0JR usdRA(Iowa Department of Public Health), 'D; Iowa AuD>pJ.M.vDRI
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Rod;t0JR'X; (Office of Equal Opportunity and Diversity) zJ (319) 335-0705 wuh>I

w>rRoDxD.uhRw>*h>zJvathizhR<A2019