Applied Behavior Analysis (ABA)Providers Serving Iowa Families

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Please verify therapy availability, funding options, and address with your provider of choice.

There may be a waiting list for services.

Information included in this list is up to date to the best of our knowledge. The Iowa Regional Autism Assistance Program (RAP) does not rate or endorse any agency. To suggest additions or edits, please email erika-hertel@uiowa.edu.

Updated 7/1/2026

ABA Providers

by City

- **Ames**: Axis Therapy Centers, Beyond Behavior ABA, Child*Serve*
- **Bettendorf**: Beyond Behavior ABA, Caravel Autism Health, KMK Consulting, Inc.
- **Burlington**: Balance Autism, Beyond Behavior ABA
- **Carroll:** Beyond Behavior ABA
- **Cedar Falls:** Lighthouse Autism Center
- **Cedar Rapids area**:
    - Cedar Rapids: Balance Autism, Beyond Behavior ABA, Circle City ABA, Lighthouse Autism Center, Step Ahead ABA, Stride Autism Centers
    - Hiawatha: Caravel Autism Health, Stride Autism Centers
    - Marion: ChildServe, Lighthouse Autism Center
- **Clear Lake**: Axis Therapy Centers
- **Clinton**: Beyond Behavior ABA, Lighthouse Autism Center
- **Council Bluffs:** Lighthouse Autism Center
- **Cresco**: Learn Play Academy
- **Davenport**: Balance Autism, Caravel Autism Health, Lighthouse Autism Center, Stride Autism Centers (Davenport & West Davenport)
- **Denison:** Beyond Behavior ABA
- **Des Moines area**:
    - Adel: Innovative Behavioral Therapy
    - Altoona: Balance Autism, Midwest Autism & Therapy Center
    - Ankeny: Axis Therapy Centers, Caravel Autism Health, Circle City ABA, Emergent Learning Clinic, Midwest Autism & Therapy Center
    - Clive: Balance Autism, Balance Autism-Metro West, Stride Autism Centers
    - Des Moines: Step Ahead ABA, Stride Autism Centers
    - Johnston: ChildServe, Circle City ABA, Kind and Uplifting ABA, Stride Autism Centers
    - Urbandale: Axis Therapy Centers, Bista, Caravel Autism Health, New View Autism Clinic, Stride Autism Centers
    - Waukee: Midwest Autism & Therapy Center, Stride Autism Centers
    - West Des Moines: Axis Therapy Centers, Midwest Autism & Therapy Center, Stride Autism Centers
- **Dubuque area**:
    - Dubuque: Caravel Autism Health, Hills and Dales
    - Dyersville: Hills and Dales
    - Maquoketa: Hills and Dales
- **Fort Dodge**: Axis Therapy Centers
- **Harlan**: Beyond Behavior ABA
- **Indianola:** Jaybird ABA
- **Iowa City area**:
    - Coralville: Balance Autism, Child*Serve*, Stride Autism Centers
    - Iowa City: American Behavioral Consulting of Iowa, Caravel Autism Health, Step Ahead ABA, University of Iowa Stead Family Children's Hospital Autism Center

- North Liberty: Lighthouse Autism Center
- **Lakeview:** Beyond Behavior ABA **(**Fall 2026 opening)
- **Mount Pleasant:** Lighthouse Autism Center
- **Muscatine**: Advantage Autism, Beyond Behavior ABA
- **Pella**: Developmental Wellness
- **Rock Valley**: **Rise** ABA
- **Sibley:** InterAct ABA
- **Sioux Center:** Dordt University Thrive Center
- **Sioux City**: Become BEST, Briar Cliff University, Pier Center for Autism, Stride Autism Centers
- **Spencer**: Ike and Ivy Learning
- **Spirit Lake**: Rise ABA
- **Waterloo**: Balance Autism, Lighthouse Autism Center
- **Waverly**: Beyond Behavior ABA

Iowa – In-Home Providers Serving Multiple Areas or Statewide

- **A New Start ABA** Des Moines, Muscatine and the surrounding communities
- **Arlo ABA** Des Moines, Sioux City, Davenport, Council Bluffs, Coon Rapids, and the surrounding communities
- **AtlasCare ABA** Ames, Cedar Rapids, Davenport, Des Moines, Iowa City, Sioux City, West Des Moines, and other locations
- **Carelinks ABA Therapy** Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa
- **Gracious Growth ABA** throughout Iowa
- **Great Day ABA** Des Moines and surrounding area
- **Heartland ABA** Cedar Rapids, Davenport, Dubuque, and throughout Iowa
- **Spirit ABA** throughout Iowa

Neighboring States

- **Illinois - East Moline, IL**: Lighthouse Autism Center
- **Nebraska**
  - **Omaha, NE**: Autism Learning Collaborative, Blue Gems ABA, Lighthouse Autism Center, Munroe-Meyer Institute, Radical Minds, Stride Autism Centers
  - **South Sioux City, NE: Lighthouse** Autism Center
- **South Dakota - Sioux Falls, SD:** Catalyst Behavior Solutions

ABA Providers

Alphabetical Order, With Details

Advantage Autism and Therapy Services (In-home ABA, Muscatine area)
2111 155th Street
Atalissa, IA 52720
563-299-0886, bharvey@advantageautism.com
https://www.advantageautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

American Behavioral Consulting of Iowa LLC (Serving ages 15 and under, Iowa City-Cedar Rapids Corridor, Manchester)
485 Hwy 1 W
Iowa City, IA 52246
319-351-5524, Abcofiowallc@gmail.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

A New Start ABA
In-home ABA serving Muscatine region
563-205-9885, info@anewstartaba.com
https://www.anewstartaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

Arlo ABA
In-home ABA serving Des Moines, Sioux City, Davenport, Council Bluffs, Coon Rapids, and the surrounding communities
405-422-0304, Intake@arlobaba.com
https://arloaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

AtlasCare ABA
In-home ABA serving Ames, Cedar Rapids, Davenport, Des Moines, Iowa City, Sioux City, West Des Moines, and other locations
888-349-3918, info@atlascareaba.com
https://www.atlascareaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

Autism Learning Collaborative
11906 Arbor Street
Omaha, NE 68144
844-668-8163, info@autismlearningcollaborative.com
www.autismlearningcollaborative.com
Funding options: Medicaid, Private Insurance, Private Pay

Axis Therapy Centers
1315 S. Bell Avenue, Suite 108
Ames, IA 50010
515-337-0343, Info@axisaba.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers
220 W. 1st Street, Suite 100
Ankeny, IA 50021
515-261-2402, Info@axisaba.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers
1020 Buddy Holly Place
Clear Lake, IA 50428
(641) 352-7671, info@myaxistherapy.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers
2520 9th Avenue South
Fort Dodge, Iowa 50501
515-293-5620, Info@axisaba.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers
4406 114th Street
Urbandale, IA 50322
515-505-7283, Info@axisaba.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers
7755 Office Plaza Drive N., Suite 105
West Des Moines, IA 50266
515-505-7283, Info@axisaba.com
https://axistherapycenters.com
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
1625 Adventureland Drive, Suite B
Altoona, IA 50009
515-967-4369 or 888-228-8476
https://www.balanceautism.org/

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
2209 Northern Drive
Burlington, IA 52601
319-243-1524 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
700 Bell Drive SW
Cedar Rapids, IA 52404
319-294-9577 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
1860 NW 118th Street, Suite 100
Clive, IA 50325
515-402-4130 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
2205 East Grantview Drive
Coralville, IA 52241
319-294-9609 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
4959 Utica Ridge Road
Davenport, IA 52807
563-362-9631 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism
815 Tower Park Drive
Waterloo, IA 50701
319-242-7642 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism – Metro West
13300 Hickman Road #110
Clive, IA 50325

515-987-8835 or 888-228-8476
https://www.balanceautism.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Become BEST
1019 Jones St.
Sioux City, IA 51106
712-746-7447, admin@becomeaba.com
www.becomeaba.com
Funding Options: Private Insurance, Private Pay

Beyond Behavior ABA
5500 240th Street
Ames, IA 50014
Phone: 515-337-9772
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
3625 Utica Ridge Road, Suite E
Bettendorf, IA 52722
563-526-0424
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
2750 Mount Pleasant Street, Suite 106
Burlington, IA 52604
319-450-7776
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
1111 Plaza Dr.
Carroll, IA 51401
563-748-1237
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
215 4th Ave. SE, Suite 100
Cedar Rapids, IA 52401
319-409-7418
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

240 N. Bluff Blvd., Suite 201
Clinton, IA 52732
563-526-0461
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
20 N.14th Street
Denison, IA 51442
563-748-1237
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
502 Market Street
Harlan, IA 51537
712-794-7899
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
Lakeview (Fall 2026 opening)
563-748-1237
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
2016 Cedar Plaza Drive, Suite 9
Muscatine, IA 52761
563-526-0425
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA
209 20th St. NW
Waverly, IA
563-596-6704
www.beyondaba.org
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Bista
4370 114th Street
Urbandale, IA 50322
515-219-7999, urbandale@bistacenter.org
https://www.bistacenter.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Blue Gems ABA in-home ABA
14611 West Center Road
Omaha, NE 68144
402-807-7447
https://bluegemsaba.com
Funding options: Private Insurance, Private Pay

Blue Gems ABA in-home ABA
14301 FNB Parkway Suite 100
Omaha, NE 68154
402-807-7447
https://bluegemsaba.com
Funding options: Private Insurance, Private Pay

Briar Cliff University
3303 Rebecca Street
Sioux City, Iowa 51104
712-279-5480
https://www.briarcliff.edu/about/our-campus/buildings-and-facilities/clinics/behavior-analysis-clinic
Funding options: Donation requested

Caravel Autism Health
2323 SW State Street, Suite D
Ankeny, IA 50023
https://caravelautism.com/contact-us/, Intake phone 515-854-3561
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
4505 Utica Ridge Road
Bettendorf, IA 52722
https://caravelautism.com/contact-us/, Intake phone 563-363-6267
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
5374 Eastern Avenue, Suite 600
Davenport, IA 52807
https://caravelautism.com/contact-us/, Intake phone 563-278-2306
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
2055 Holliday Drive, Suite 530
Dubuque, IA 52002
https://caravelautism.com/contact-us/, Intake phone 563-794-6057
https://caravelautism.com/

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
1125 Dina Court, Suite A
Hiawatha, IA 52233
https://caravelautism.com/contact-us/, Intake phone 319-343-5320
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
2545 North Dodge Street, Suite A
Iowa City, IA 52245
https://caravelautism.com/contact-us/, Intake phone 319-988-6131
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health
2435 106th Street
Urbandale, IA 50322
https://caravelautism.com/contact-us/, Intake phone 515-298-5913
https://caravelautism.com/
Funding options: Medicaid, Private Insurance, Private Pay

Carelinks ABA Therapy
In-home ABA ages 2-20 years (Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa)
6165 N.W. 86th Street
Johnston, Iowa, 50131
www.carelinksaba.com, 515-344-3499, info@carelinksaba.com
Funding options: Medicaid, Private Insurance, Private Pay

Catalyst Behavior Solutions
1105 W. Russell Street
Sioux Falls, SD 57104
866-569-7395
https://catalystbehavior.com/sioux-falls-sd
Funding options: Private Insurance, Private Pay

Child*Serve*
1915 Philadelphia Street
Ames, IA 50010
515-232-7220
https://www.childserve.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Child*Serve*
2350 Oakdale Blvd.
Coralville, IA 52241

319-351-5437
https://www.childserve.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe
1661 Boyson Square Drive, Suite 100
Hiawatha, IA 52233
319-777-7450
https://www.childserve.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Child*Serve*
5406 Merle Hay Road
Johnston, IA 50131
515-727-8750
https://www.childserve.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Circle City ABA
1250 SW State Street
Ankeny, IA 50023
319-382-9318, admissions@circlecityaba.com
https://circlecityaba.com
Funding options: Medicaid, Private Insurance

Circle City ABA
5945 Rockwell Dr. NE
Cedar Rapids, IA 52404
319-382-9318, admissions@circlecityaba.com
https://circlecityaba.com
Funding options: Medicaid, Private Insurance, Private Pay

Circle City ABA
5627 NW 86th Street, Suite 300
Johnston, IA 50131
319-382-9318, admissions@circlecityaba.com
https://circlecityaba.com
Funding options: Medicaid, Private Insurance, Private Pay

Developmental Wellness
910 Washington Street
Pella, IA 50219
515-664-3422, info@developmentalwellness.com
https://developmentalwellness.com/
Funding options: Private Insurance, Private Pay

Dordt University Thrive Center

700 7th Street NE
Sioux Center, IA 51250
712-722-6951
https://www.dordt.edu/about-dordt/affiliated-academic-centers/thrive-center
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Emergent Learning Clinic
2825 S. Ankeny Blvd, Suite 111
Ankeny, IA 50023
515-598-7200, info@emergentlearningclinic.com
https://www.emergentlearningclinic.com/
Funding options: Private Insurance, Private Pay

Gracious Growth ABA
Home-based ABA throughout Iowa
515-506-1516, info@graciousgrowthaba.com
https://graciousgrowthaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

Great Day ABA
Home-based ABA, Des Moines area
referrals@greatdayaba.com or at 515-303-0787 ext. 0
https://www.greatdayaba.com/about
Funding options: Medicaid, Private Insurance, Private Pay

Heartland ABA
In-home ABA for ages 2-25 years (Cedar Rapids, Davenport, Dubuque, and throughout Iowa)
699 Walnut Street 4th Fl.
Des Moines, IA, 50309
(515) 514-1600, Intake@HeartlandBehavior.com
https://www.heartlandbehavior.com/
Funding options: Medicaid, Private Insurance, Private Pay

Hills and Dales Autism Clinic- Community Center
3505 Stoneman Road
Dubuque, IA 52002
563-556-7878
https://www.hillsdales.org/autism
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Windsor Park
801 Davis Street
Dubuque, IA 52001
563-556-7878
https://www.hillsdales.org/autism
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Dyersville
1213 12th Ave. SE #103
Dyersville, IA 52040
563-556-7878
https://www.hillsdales.org/autism
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Maquoketa
115 S. 2nd St.
Maquoketa, IA 52060
563-556-7878
https://www.hillsdales.org/autism
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Ike and Ivy Learning
20 W. 6th Street, Suite 302
Spencer, Iowa 51301
712-260-7840, info@ikeivylearning.com
Funding options: Medicaid, Private Insurance, Private Pay

InterAct ABA
941 4th Avenue
Sibley, IA 51249
712-720-7885, info@interactaba.com
https://www.interactaba.com
Funding options: Medicaid, Private Insurance, Private Pay

Innovative Behavioral Therapy
915 Main Street
Adel, IA 50003
712-478-1248, ashley@innovativebehavioraltherapy.com
https://www.innovativebehavioraltherapy.com/
Funding options: Private Insurance, Private Pay

Jaybird ABA
202 S 9th Street
Indianola, IA 50125
515-335-8177, Jaybirdaba@gmail.com
https://jaybirdaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

Kind and Uplifting ABA (Clinic, in-home, or school/daycare)
9203 Northpark Drive
Johnston, IA
515-303-0472, admin@kindanduplitingaba.com
https://kindanduplitingaba.com
Funding options: Medicaid, Private Insurance, Private Pay

KMK Consulting, Inc. (In home ABA)
Bettendorf, IA 52722
773-677-4925
Funding options: Autism Support Program, Private Insurance, Private Pay

Learn Play Academy
116 N Elm Street Suite 2
Cresco, IA 52136
563-203-2327, bethanyh@learnplayacademy.com
https://www.learnplayacademy.org/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
2300 Main Street #301
Cedar Falls, IA 50613
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
2811 Wiley Boulevard SW
Cedar Rapids, Iowa 52404
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
1310 19th Avenue NW, Suite 1
Clinton, Iowa 52732
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
1702 W Broadway
Council Bluffs, Iowa 51501
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
5354 Elmore Circle
Davenport, Iowa 52807
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
1045 12th Avenue
East Moline, Illinois 61244
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
3297 Armar Drive
Marion, Iowa 52302
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
304 W Washington St
Mount Pleasant, Iowa 52641
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
5 Lions Drive
North Liberty, Iowa 52317
563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
7200 World Communications Drive, Suite 202
Omaha, Nebraska 68122
402-534-1486
https://lighthouseautismcenter.com/
Funding options: Private Insurance, Private Pay (Not currently accepting Iowa Medicaid at this location. Call to express need)

Lighthouse Autism Center
3309 Daniels Lane
South Sioux City, Nebraska 68776
402-534-1486
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center
3032 Ansborough Avenue
Waterloo, Iowa 50701

563-526-0533
https://lighthouseautismcenter.com/
Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)
950 28th Ave. SW, Suite 2
Altoona IA, 50009
515-446-2075
https://midwestautismservices.com/
Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)
2405 N. Ankeny Blvd
Ankeny, IA 50023
515-446-2080
https://midwestautismservices.com/
Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)
295 SE Westown Parkway
Waukee, IA 50263
515-446-3403
https://midwestautismservices.com/
Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)
1280 Office Plaza Drive
West Des Moines, IA 50266
515-446-3420
https://midwestautismservices.com/
Funding options: Medicaid, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders
ACT Clinic
9012 Q Street
Omaha, NE 68127
402-552-9756
https://www.unmc.edu/mmi/services/icasd/index.html
Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders
ACTION Clinic
5050 Ames Avenue

Omaha, NE 68104
402-836-9781
https://www.unmc.edu/mmi/services/icasd/index.html
Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

New View Autism Clinic
8550 New York Avenue
Urbandale, Iowa 50322
515-630-0274, admin@newviewautism.com
https://www.newviewautism.com/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Pier Center for Autism
3895 Stadium Drive
Sioux City, IA 51106
712-522-2961
http://www.piercenter.org/
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Radical Minds – Multiple Omaha area locations
13322 I Street
Omaha, NE 68137
402-230-5861
https://radicalmindsomaha.com/
Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA
910 Main St Suite A
Hull, IA 51239
712-470-8211, riseabacenter@gmail.com
https://www.riseaba.org/
Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA
1320 Lake Street
Spirit Lake, IA 51360
712-470-8211, riseabacenter@gmail.com
https://www.riseaba.org/
Funding options: Medicaid, Private Insurance, Private Pay

Spirit ABA
Home-based ABA throughout Iowa
303-276-3995, info@spiritaba.com
https://spiritaba.com/
Funding options: Medicaid, Private Insurance, Private Pay

Step Ahead ABA In-home ABA for ages 1-21 years (Cedar Rapids, Des Moines, Iowa City)

888-294-0732, intake@stepaheadaba.com
www.StepAheadABA.com
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
349 Edgewood Rd NW
Cedar Rapids, IA 52405
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
9902 Swanson Blvd.
Clive, IA 50325
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
2850 Coral Court
Coralville, IA 52241
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
3402 Elmore Avenue, Suite 46
Davenport, IA 52807
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - West Davenport
902 W. Kimberly Road, Suite 46
Davenport, IA 52806
(515) 207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
100 East Euclid Ave
Des Moines, IA 50313
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
2680 Fleur Drive
Des Moines, IA 50321
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
1327 Boyson Road
Hiawatha, IA 52233
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
8835 Northpark Court
Johnston, IA 50131
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
4280 Sergeant Road, Suite 230
Sioux City, IA 51106
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
1515 Zenith Drive
Sioux City, IA 51103
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
3001 86th Street
Urbandale, IA 50322
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)
4546 Corporate Drive, Suite 135
West Des Moines, IA 50266
515-690-6884, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - Omaha, NE
310 Regency Parkway Suite 115
Omaha, NE 68114
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Private Pay, Private Insurance, (this Omaha location accepts IA Medicaid, but not all BCBAs there are in-network at this time)

Stride Autism Centers (Ages 2-6) - West Omaha, NE
2542 South 130th Avenue
Omaha, NE 68144
515-207-5251, info@stridecenters.com
www.stridecenters.com (patients can submit a contact form on site)
Funding options: Private Pay, Private Insurance

University of Iowa Stead Family Children's Hospital Autism Center (brief therapy, primarily internal referrals)
100 Hawkins Drive
Iowa City, IA 52242
319-353-6900
https://uichildrens.org/medical-services/autism
Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Online Resources

- **Autism Internet Modules**
  Free, online professional learning. Designed for those who support, instruct, work with, or live with someone with autism, the Autism Internet Modules (AIM) guide users through case studies, instructional videos, pre- and post-assessments, discussion questions, activities, and more.
  https://autisminternetmodules.org/

- **Help Is in Your Hands**
  Free online video training modules for families of very young children with social communication challenges. Modules include narrated video lessons and examples of real parents and children interacting in their own homes, with suggestions for follow-up activities parents can try.
  https://www.helpisinyourhands.org/

- **MIND Institute ADEPT (Autism Distance Education Parent Training) Interactive Learning**
  Free 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism functional skills using applied behavior analysis (ABA) techniques.
  https://www.ucdmc.ucdavis.edu/mindinstitute/centers/cedd/adept.html

- **Vanderbilt Kennedy Center Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)**
  Free Brief Online Training Sessions (BOTS) to provide information on evidence-based practices for individuals with Autism Spectrum Disorder.
  https://vkc.vumc.org/vkc/triad/online/

What Else Can I Do?

- If your child is younger than 3 years old:
  - Call Early ACCESS at 888-425-4371. For more information about Early ACESSS visit: https://educate.iowa.gov/pk-12/early-childhood/early-access.
- If your child is 3 years or older:
  - Call your local school or Area Education Agency (AEA). To find your AEA, visit: https://iowaaea.org/find-my-aea/.
- Contact the Iowa Regional Autism Assistance Program (RAP).
  - Address: 100 Hawkins Drive, Iowa City, IA 52242
  - Phone: 866-219-9119
  - Email: Iowa-RAP@uiowa.edu
  - Website: https://uihc.org/childrens/RAP

Common Medical Interventions for Children with ASD

- **Speech language therapy**
  - Teaches children how to talk with and understand others.

- **Occupational therapy**
  - Teaches children how to use their muscles to move and do tasks.
  - Helps children become more independent and learn self-care skills.

- **Physical therapy**
  - Helps with movement like sitting, walking, running, and jumping.
  - Improves coordination, muscle tones, and balance for better movement.

- **Applied behavior analysis (ABA)**
  - Teaches skills in communication, building relationships, daily living, learning, emotional regulation, play and leisure, and behavior management based on the child's needs.
  - Breaks down skills into small steps.
  - Reinforces positive behaviors to encourage learning and skill development.
  - Helps families integrate and teach goals within the child's daily life and routines.

- **Behavioral health services**
  - Given by social workers, psychologists, and mental health counselors.
  - Helps children with conditions like attention-deficit/hyperactivity disorder (ADHD), disruptive behavioral disorders, depression, or anxiety.
  - Can help the child or the whole family learn and strengthen skills to address problem behaviors.