

Applied Behavior Analysis (ABA) Providers Serving Iowa Families

Table of Contents

ABA Providers - by City.....	2-3
ABA Providers - Alphabetical Order, with details	3
Online ABA Resources, Telehealth Only.....	19
What Else Can I Do?.....	20

Please verify therapy availability, funding options, and address with your provider of choice.

There is likely to be a waiting list for services.

Information included in this list is up to date to the best of our knowledge. The Iowa Regional Autism Assistance Program (RAP) does not rate or endorse any agency. To suggest additions or edits, please email erika-hertel@uiowa.edu.

Updated 9/17/2025

ABA Providers

by City

- **Ames:** Axis Therapy Centers, ChildServe
- **Bettendorf:** Beyond Behavior ABA, Caravel Autism Health, KMK Consulting, Inc.
- **Burlington:** Balance Autism, Beyond Behavior ABA
- **Carroll:** Beyond Behavior ABA
- **Cedar Rapids area:**
 - Cedar Rapids: Balance Autism, Beyond Behavior ABA, Circle City ABA, Lighthouse Autism Center, Step Ahead ABA, Stride Autism Centers
 - Hiawatha: Caravel Autism Health, Stride Autism Centers
 - Marion: ChildServe, Lighthouse Autism Center
- **Clear Lake:** MAC Midwest
- **Clinton:** Beyond Behavior ABA, Lighthouse Autism Center
- **Cresco:** Learn Play Academy
- **Davenport:** Balance Autism, Caravel Autism Health, ChildServe (opening 2026), Lighthouse Autism Center, Stride Autism Centers (Davenport & West Davenport)
- **Denison:** Beyond Behavior ABA
- **Des Moines area:**
 - Adel: Innovative Behavioral Therapy
 - Altoona: Balance Autism, Midwest Autism & Therapy Center
 - Ankeny: Axis Therapy Centers, Caravel Autism Health, Circle City ABA, Emergent Learning Clinic, Midwest Autism & Therapy Center
 - Clive: Balance Autism, Metro West Learning Center (now Balance Autism-Metro West), Stride Autism Centers
 - Des Moines: Step Ahead ABA, Stride Autism Centers
 - Johnston: ChildServe, Circle City ABA, Kind and Uplifting ABA, Stride Autism Centers
 - Urbandale: Axis Therapy Centers (opening late 2025), Bista, Caravel Autism Health, New View Autism Clinic, Stride Autism Centers
 - Waukee: Midwest Autism & Therapy Center, Stride Autism Centers
 - West Des Moines: Axis Therapy Centers, Midwest Autism & Therapy Center
- **Dubuque area:**
 - Dubuque: Beyond Behavior ABA, Caravel Autism Health, Hills and Dales
 - Dyersville: Hills and Dales
 - Maquoketa: Hills and Dales
- **Fort Dodge:** Axis Therapy Centers
- **Harlan:** Beyond Behavior ABA
- **Indianola:** Jaybird ABA
- **Iowa City area:**
 - Coralville: Balance Autism, ChildServe, Stride Autism Centers
 - Iowa City: American Behavioral Consulting of Iowa, Caravel Autism Health, Step Ahead ABA, University of Iowa Stead Family Children's Hospital Autism Center
 - North Liberty: Lighthouse Autism Center
- **Muscatine:** Advantage Autism, Beyond Behavior ABA

- **Pella:** Developmental Wellness
- **Rock Valley:** Rise ABA
- **Sioux Center: Dordt University Thrive Center**
- **Sioux City:** Become BEST, Briar Cliff University, Pier Center for Autism, Stride Autism Centers
- **Spencer:** Ike and Ivy Learning
- **Spirit Lake:** Rise ABA
- **Waterloo:** Balance Autism, Lighthouse Autism Center
- **Waverly:** Beyond Behavior ABA (opening November 1, 2025)

Iowa - Statewide Providers

- **Carelinks ABA Therapy** (In-home ABA in Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa)
- **Heartland ABA** (In-home ABA in Cedar Rapids, Davenport, Dubuque, and throughout Iowa)

Neighboring States

- **Illinois - East Moline, IL:** Lighthouse Autism Center
- **Nebraska**
 - **Omaha, NE:** Lighthouse Autism Center, Munroe-Meyer Institute, Radical Minds, Stride Autism Centers
 - **South Sioux City, NE:** Lighthouse Autism Center
- **South Dakota - Sioux Falls, SD:** Catalyst Behavior Solutions

ABA Providers

Alphabetical Order, With Details

Advantage Autism and Therapy Services (In-home ABA, Muscatine area)

2111 15th Street

Atalissa, IA 52720

563-299-0886, bharvey@advantageautism.com

<https://www.advantageautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

American Behavioral Consulting of Iowa LLC (Serving ages 15 and under, Iowa City-Cedar Rapids Corridor, Manchester)

485 Hwy 1 W

Iowa City, IA 52246

319-351-5524, Abcofiowallc@gmail.com

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

1315 S. Bell Avenue, Suite 108

Ames, IA 50010

515-337-0343, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

220 W. 1st Street, Suite 100

Ankeny, IA 50021

515-261-2402, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

142 N 9th Street

Fort Dodge, Iowa 50501

515-293-5620, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers – opening October 2025

Aurora Business Park, Building 15, 4406 114th Street

Urbandale, IA 50322

515-505-7283, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

7755 Office Plaza Drive N., Suite 105

West Des Moines, IA 50266

515-505-7283, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

1625 Adventureland Drive, Suite B

Altoona, IA 50009

515-967-4369 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

2209 Northern Drive

Burlington, IA 52601

319-243-1524 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

700 Bell Drive SW

Cedar Rapids, IA 52404
319-294-9577 or 888-228-8476
<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

1860 NW 118th Street, Suite 100
Clive, IA 50325
515-402-4130 or 888-228-8476
<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

2205 East Grantview Drive
Coralville, IA 52241
319-294-9609 or 888-228-8476
<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

4959 Utica Ridge Road
Davenport, IA 52807
563-362-9631 or 888-228-8476
<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

815 Tower Park Drive
Waterloo, IA 50701
319-242-7642 or 888-228-8476
<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Become BEST

2001 Hamilton Blvd., Suite D
Sioux City, IA 51104
712-746-7447, admin@becomeaba.com
www.becomeaba.com

Funding Options: Private Insurance, Private Pay

Beyond Behavior ABA

3625 Utica Ridge Road, Suite E
Bettendorf, IA 52722
563-526-0424
www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

2750 Mount Pleasant Street
Burlington, IA 52604
319-450-7776

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

1111 Plaza Dr.
Carroll, IA 51401
563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

215 4th Ave. SE, Suite 100
Cedar Rapids, IA 52401
319-409-7418

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

240 N. Bluff Blvd., Suite 201
Clinton, IA 52732
563-526-0461

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

20 N.14th Street
Denison, IA 51442
563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

2175 Southpark Ct.
Dubuque, IA, 52003
563-526-0400

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

502 Market Street
Harlan, IA 51537
712-794-7899

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

2016 Cedar Plaza Drive, Suite 5

Muscatine, IA 52761

563-526-0425

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA (opening November 1, 2025)

Waverly, IA

563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Bista

4370 114th Street

Urbandale, IA 50322

515-219-7999, urbandale@bistacenter.org

<https://www.bistacenter.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Briar Cliff University

3303 Rebecca Street

Sioux City, Iowa 51104

712-279-5480

<https://www.briarcliff.edu/about/our-campus/buildings-and-facilities/clinics/behavior-analysis-clinic>

Funding options: Donation requested

Caravel Autism Health

2323 SW State Street, Suite D

Ankeny, IA 50023

<https://caravelautism.com/contact-us/>, Intake phone 515-854-3561

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

4505 Utica Ridge Road

Bettendorf, IA 52722

<https://caravelautism.com/contact-us/>, Intake phone 563-363-6267

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

5374 Eastern Avenue, Suite 600

Davenport, IA 52807

<https://caravelautism.com/contact-us/>, Intake phone 563-278-2306

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2055 Holliday Drive, Suite 530

Dubuque, IA 52002

<https://caravelautism.com/contact-us/>, Intake phone 563-794-6057

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

1125 Dina Court, Suite A

Hiawatha, IA 52233

<https://caravelautism.com/contact-us/>, Intake phone 319-343-5320

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2545 North Dodge Street, Suite A

Iowa City, IA 52245

<https://caravelautism.com/contact-us/>, Intake phone 319-988-6131

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2435 106th Street

Urbandale, IA 50322

<https://caravelautism.com/contact-us/>, Intake phone 515-298-5913

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Carelinks ABA Therapy

In-home ABA ages 2-20 years (Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa)

6165 N.W. 86th Street

Johnston, Iowa, 50131

www.carelinksaba.com, 515-344-3499, info@carelinksaba.com

Funding options: Medicaid, Private Insurance, Private Pay

Catalyst Behavior Solutions

1105 W. Russell Street

Sioux Falls, SD 57104

866-569-7395

<https://catalystbehavior.com/sioux-falls-sd>

Funding options: Private Insurance, Private Pay

ChildServe

1915 Philadelphia Street
Ames, IA 50010
515-232-7220

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

2350 Oakdale Blvd.
Coralville, IA 52241
319-351-5437

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe - opening 2026

935 E 53rd Street
Davenport, IA 52807
319-351-5437

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

1661 Boyson Square Drive, Suite 100
Hiawatha, IA 52233
319-777-7450

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

5406 Merle Hay Road
Johnston, IA 50131
515-727-8750

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Circle City ABA

1250 SW State Street
Ankeny, IA 50023
319-382-9318, admissions@circlecitcityaba.com

<https://circlecitcityaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Circle City ABA

5945 Rockwell Dr. NE
Cedar Rapids, IA 52404
319-382-9318, admissions@circlecitcityaba.com

<https://circlecityaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Circle City ABA

5627 NW 86th Street, Suite 300

Johnston, IA 50131

319-382-9318, admissions@circlecityaba.com

<https://circlecityaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Developmental Wellness

910 Washington Street

Pella, IA 50219

515-664-3422, info@developmentalwellness.com

<https://developmentalwellness.com/>

Funding options: Private Insurance, Private Pay

Dordt University Thrive Center

700 7th Street NE

Sioux Center, IA 51250

712-722-6951

<https://www.dordt.edu/about-dordt/affiliated-academic-centers/thrive-center>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Emergent Learning Clinic

2825 S. Ankeny Blvd, Suite 111

Ankeny, IA 50023

515-598-7200, info@emergentlearningclinic.com

<https://www.emergentlearningclinic.com/>

Funding options: Private Insurance, Private Pay

Heartland ABA

In-home ABA for ages 2-25 years (Cedar Rapids, Davenport, Dubuque, and throughout Iowa)

699 Walnut Street 4th Fl.

Des Moines, IA, 50309

(515) 514-1600, Intake@HeartlandBehavior.com

<https://www.heartlandbehavior.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Hills and Dales Autism Clinic- Community Center

3505 Stoneman Road

Dubuque, IA 52002

563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Windsor Park

801 Davis Street
Dubuque, IA 52001
563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Dyersville

1213 12th Ave. SE #103
Dyersville, IA 52040
563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Maquoketa

115 S. 2nd St.
Maquoketa, IA 52060
563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Ike and Ivy Learning

20 W. 6th Street, Suite 302
Spencer, Iowa 51301
712-260-7840, info@ikeivylearning.com

Funding options: Medicaid, Private Insurance, Private Pay

Innovative Behavioral Therapy

915 Main Street
Adel, IA 50003
712-899-3559, ashley@innovativebehavioraltherapy.com

<https://www.innovativebehavioraltherapy.com/>

Funding options: Private Insurance, Private Pay

Jaybird ABA

202 S 9th Street
Indianola, IA 50125
515-335-8177, Jaybirdaba@gmail.com

<https://jaybirdaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Kind and Uplifting ABA (Clinic, in-home, or school/daycare)

9203 Northpark Drive
Johnston, IA
515-303-0472, admin@kindandupliftingaba.com

<https://kindandupliftingaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

KMK Consulting, Inc. (In home services)

Bettendorf, IA 52722

773-677-4925

Funding options: Autism Support Program, Private Insurance, Private Pay

Learn Play Academy

116 N Elm Street Suite 2

Cresco, IA 52136

563-203-2327, bethanyh@learnplayacademy.com

<https://www.learnplayacademy.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

2811 Wiley Boulevard SW

Cedar Rapids, Iowa 52404

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

1310 19th Avenue NW, Suite 1

Clinton, Iowa 52732

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

5354 Elmore Circle

Davenport, Iowa 52807

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

1045 12th Avenue

East Moline, Illinois 61244

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

3297 Armar Drive

Marion, Iowa 52302

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

5 Lions Drive

North Liberty, Iowa 52317

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

7200 World Communications Drive, Suite 202

Omaha, Nebraska 68122

402-534-1486

<https://lighthouseautismcenter.com/>

Funding options: Private Insurance, Private Pay (Not currently accepting Iowa Medicaid at this location.
Call to express need)

Lighthouse Autism Center

3309 Daniels Lane

South Sioux City, Nebraska 68776

402-534-1486

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

3032 Ansborough Avenue

Waterloo, Iowa 50701

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

MAC Midwest

1020 Buddy Holly Place

Clear Lake, IA 50428

952-767-4200, mac-intake@minautism.org

www.mnautism.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Metro West Learning Center (now Balance Autism – Metro West)

13300 Hickman Rd. #110

Clive, IA 50325

515-987-8835

<https://metrowestkids.com/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

950 28th Ave. SW, Suite 2
Altoona IA, 50009
515-446-2075

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

2405 N. Ankeny Blvd
Ankeny, IA 50023
515-446-2080

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

295 SE Westown Parkway
Waukee, IA 50263
515-446-3403

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

1280 Office Plaza Drive
West Des Moines, IA 50266
515-446-3420

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders

ACT Clinic
9012 Q Street
Omaha, NE 68127
402-552-9756

<https://www.unmc.edu/mmi/services/icasd/index.html>

Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders

ACTION Clinic
5050 Ames Avenue
Omaha, NE 68104
402-836-9781

<https://www.unmc.edu/mmi/services/icasd/index.html>

Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

New View Autism Clinic

8550 New York Avenue

Urbandale, Iowa 50322

515-630-0274, admin@newviewautism.com

<https://www.newviewautism.com/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Pier Center for Autism

3895 Stadium Drive

Sioux City, IA 51106

712-522-2961

<http://www.piercenter.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Radical Minds – Multiple Omaha area locations

13322 I Street

Omaha, NE 68137

402-230-5861

<https://radicalmindsomaha.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA

1524 14th Street

Rock Valley, IA 51247

712-470-8211

<https://www.riseaba.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA

1320 Lake Street

Spirit Lake, IA 51360

712-470-8211

<https://www.riseaba.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Step Ahead ABA In-home ABA for ages 1-21 years (Cedar Rapids, Des Moines, Iowa City)

888-294-0732, intake@stepaheadaba.com

www.StepAheadABA.com

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

349 Edgewood Rd NW

Cedar Rapids, IA 52405

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

9902 Swanson Blvd.

Clive, IA 50325

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

2850 Coral Court

Coralville, IA 52241

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

3402 Elmore Avenue, Suite 46

Davenport, IA 52807

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - West Davenport

902 W. Kimberly Road, Suite 46

Davenport, IA 52806

(515) 207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

100 E Euclid Ave

Des Moines, IA 50313

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

2680 Fleur Drive

Des Moines, IA 50321

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

1327 Boyson Road

Hiawatha, IA 52233

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

8835 Northpark Ct.

Johnston, IA 50131

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

4280 Sergeant Road, Suite 230

Sioux City, IA 51106

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

3001 86th Street

Urbandale, IA 50322

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

Waukee, IA

8AM - 4PM Mon-Fri

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - Omaha, NE

310 Regency Parkway Suite 115

Omaha, NE 68114

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Private Pay, Private Insurance, (this Omaha location accepts IA Medicaid, but not all BCBA's there are in-network at this time)

Stride Autism Centers (Ages 2-6) - West Omaha, NE

2542 South 130th Avenue

Omaha, NE 68144

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Private Pay, Private Insurance

University of Iowa Stead Family Children's Hospital Autism Center (brief therapy,
primarily internal referrals)

100 Hawkins Drive

Iowa City, IA 52242

319-353-6900

<https://uichildrens.org/medical-services/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Telehealth Only

Sara Athman, M.S., BCBA

Online Behavior Consultant

www.onlinebehaviorconsultant.com

320-316-3284, sara@onlinebehaviorconsultant.com

Funding options: Private Pay

Former Iowan currently living in Minnesota. Providing telehealth in Minnesota, Iowa, and a few other states. Experience with children and adults.

Online Resources

- **Autism Internet Modules**

Free, online professional learning. Designed for those who support, instruct, work with, or live with someone with autism, the Autism Internet Modules (AIM) guide users through case studies, instructional videos, pre- and post-assessments, discussion questions, activities, and more.

<https://autisminternetmodules.org/>

- **Help Is in Your Hands**

Free online resource with 16 web-based video modules with ABA based activities to help parents add simple intervention practices to their everyday routines at home. It is best for infants-kindergarten and based on the Early Start Denver Model (ESDM). Emphasis on following the lead of the child when teaching/reinforcing social and communication skills.

It also offers several webinars for providers on coaching parents to support their young children with autism or with social communication problems. <https://helpisinyourhands.org/course>

Article about resource: <https://health.ucdavis.edu/health-news/newsroom/help-is-in-your-hands--a-great-resource-for-families-with-young-kids-on-the-autism-spectrum/2020/03>

- **MIND Institute ADEPT (Autism Distance Education Parent Training) Interactive Learning**

A 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism functional skills using applied behavior analysis (ABA) techniques.

Cost: Free

UC Davis Mind Institute: <https://www.ucdmc.ucdavis.edu/mindinstitute/centers/cedd/adept.html>

- **Maximum Potential**

Video based ABA training with 17 modules and supplemental materials.

Cost: \$147 for three months.

www.maximumpotentialkids.com

- **Vanderbilt Kennedy Center Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)**

TRIAD offers Brief Online Training Sessions (BOTS) to provide information on evidence-based practices for individuals with Autism Spectrum Disorder. Check their online learning portal to access these free trainings and resources.

<https://vkc.vumc.org/vkc/triad/online/>

What Else Can I Do?

- If your child is younger than three years old, call Early ACCESS at 888-425-4371
For more information about Early ACCESS visit <https://educateiowa.gov/pk-12/early-childhood/early-access>
- If your child is three years or older, call your local school or Area Education Agency (AEA).
To find your AEA visit <https://www.iowaaea.org/find-my-aea/>

Common Medical Interventions for Children with ASD

Speech Language Therapy

- Used to help children understand speech processes and language use in social situations
- Can be beneficial for children who may struggle with communication or have difficulty understanding social cues when talking with others

Occupational Therapy

- Involves physical and motor skills
- Develops age-appropriate independence and self-care skills

Physical Therapy

- Focuses on problems with movement that can cause limitations in daily life
- Addresses challenges with sitting, walking running, and jumping
- Can also improve coordination, poor muscle tones, and balance leading to better overall movement

Applied Behavior Analysis

- Depending a child's needs, therapy can focus on teaching self-help skills, social skills, academic skills, communication, or appropriate behavior
- A therapist determines how a child's surroundings, including people, may influence their behavior
- Focuses on positive reinforcement
- Teaches children how to increase their useful behaviors and decrease behaviors that may cause harm or interfere with learning
- Uses rewards for positive behaviors rather than recognition of negative behaviors

Behavioral Health Services

- Typically provided by social workers, psychologists, and mental health counselors
- May be helpful for children with difficult behaviors or co-occurring disorders like ADHD, disruptive behavior disorders, depression, or anxiety
- Can involve just the child or the entire family
- Can help children learn new skills and behaviors or strengthen existing skills to address problematic behaviors