

CHANGING MEDICINE.  
CHANGING LIVES.®



## Department of Anesthesia Pain Medicine Fellowship

The Pain Medicine Fellowship at the University of Iowa Department of Anesthesia is an evidence-based, patient-centered program that provides you with broad exposure to a multidisciplinary approach to chronic pain management. Our mission is to develop leaders in pain management with the knowledge and skills to give their patients the best possible care.

### About the Program

The comprehensive 12-month curriculum has been designed to provide the broadest exposure to advanced interdisciplinary evaluation and management of acute, chronic, and cancer-related pain, and to procedures related to the treatment of these patients. Rotations include Acute Pain Service, Anesthesia (for non-anesthesia residents), Medication-Assisted Treatment Clinic, Neurosurgery, Pediatric Pain Clinic, Palliative Medicine, and Physical Medicine and Rehabilitation (for anesthesia residents). Didactic sessions cover the breadth of pain management through lectures, journal club sessions, morbidity and mortality conferences, and case conferences. Fellows also receive a \$2,400 education fund for additional training opportunities, such as attendance at regional and national meetings.



ACGME-accredited, four fellowship positions per year



Multidisciplinary faculty includes pain management physicians, clinical psychologists specializing in pain, and a pharmacist



State-of-the-art facilities, including three fluoroscopy suites



Interventional approaches ranging from spinal cord and peripheral nerve stimulation to image-guided nerve blocks, radiofrequency ablation, kyphoplasty and vertebroplasty



More than 5,300 patients served each year



**Annual patient volume >5,300**

SCS Trials	~50
RFAs	>100

### About University of Iowa Hospitals & Clinics

UI Health Care is Iowa's only comprehensive academic medical center, comprised of UI Hospitals and Clinics, the UI Carver College of Medicine, and UI Physicians, the state's largest multispecialty group practice. Ranked as one of the nation's top health care employers by Forbes magazine, UI Health Care employs nearly 900 physicians, about 440 advanced practice providers, and more than 2,500 nurses. UI Hospitals and Clinics is an 811-bed tertiary and quaternary care facility and Level I trauma center. It includes UI Stead Family Children's Hospital, a 183-bed facility that serves as the hub of a statewide system of pediatric care.



- Cancer
- ENT
- Gynecology
- Ophthalmology



- Neonatology
- Pediatric diabetes and endocrinology
- Pediatric nephrology
- Pediatric neurology and neurosurgery
- Pediatric orthopedics

## What We Offer

- Competitive stipends and benefits
- Full spectrum of pain management cases
- Evidence-based practice
- Only tertiary- and quaternary-care institution in Iowa
- Only American Burn Association-verified Burn Unit in Iowa
- Clinical and didactic teaching opportunities with residents and medical students



## Frequently Asked Questions

### What is a typical clinic day like?

Fellows begin their day at 7 a.m., and patients begin arriving at the clinic at 8 a.m. Fellows see 6-10 patients per day, depending on the complexity of the cases. About 40% of patients undergo a procedure. The clinic closes at 5 p.m.

### What clinical activities do fellows perform?

Clinical activities begin with evaluation of patients for all types of pain. Patients may be referred for physical therapy, pain psychology, or consultation with our pharmacist, who has years of experience in pain management. Procedures may be fluoroscopic, ultrasound guided or without imaging.

### Are there opportunities for research?


Fellows participate in new and ongoing clinical research that leads to presentation of an abstract and eventual publication in the peer-reviewed literature. Opportunities in basic science research and translational medicine may be pursued after the one-year clinical fellowship. Additional opportunities for training in either basic science or clinical research in pain medicine are provided by The University of Iowa Pain Research Program. This NIH-supported, multi-disciplinary research training program is open to both PhDs and MDs who have completed residency training in any specialty. It is primarily designed to prepare individuals for an independent academic career as physician scientists.

### Where can I find out more?

Visit [gme.medicine.uiowa.edu/pain-medicine-fellowship](http://gme.medicine.uiowa.edu/pain-medicine-fellowship) to learn more about the program, our faculty, and application information.

## Iowa City

The University of Iowa is located in Iowa City, a vibrant, diverse community in southeastern Iowa. The area offers affordable housing, low crime rates, excellent schools, Big Ten sports, abundant outdoor activities, and numerous cultural, musical, arts, and literary events. In 2018, U.S. News & World Report named Iowa the best state overall and ranked it in the top 10 in five categories: infrastructure (#1), health care (#3), opportunity (#4), education (#5), and quality of life (#9).

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