

# University of Iowa URPS Fellowship Program

We are a three-year, ACGME-accredited fellowship program training our fellows to provide comprehensive surgical and non-surgical management of women with pelvic floor disorders. We strive to train the future academic leaders in URPS, who will advance the healthcare of women through excellence in clinical care and scientific research.

## About our Program:

- 24 months of clinical rotations: Urogynecology, Urology, Colorectal surgery/GI, and elective rotations
- 12 months of dedicated research time: 4 months year 1, 4 months year 2, 4 months year 3
- Elective opportunities: Global mission work, vulvovaginal disease clinic, cadaveric pelvic anatomy dissection
- Collaborative work environment where our fellows work closely with 2 FPMRS trained urologists, 3 ARNPs, 4 colorectal surgeons, and 4 pelvic floor physical therapists.

## Iowa URPS Urogynecologists



### Catherine Bradley, MD, MSCE

I joined the faculty at Iowa in 2003 after residency and fellowship on the East Coast. I stayed here because of our amazing academic medical center in a place with great quality of life.

I founded the fellowship and am now the assistant program director. Strengths of our program include a truly collaborative work environment and a well-rounded surgical experience, preparing fellows for whatever is next on the horizon for FPMRS.

Outside work, I spend time with my family and dogs, play tennis and enjoy the outdoors.



### Joseph Kowalski, MD

I completed residency and fellowship at the University of Iowa and loved it so much that I decided to stay.

Being the program director and seeing fellows transform from OBGYNs into world-class urogynecologists is the best part of my job.

My favorite surgery is a vaginal uterosacral suspension. My research interests include prolapse surgery and enhanced recovery protocols.

In my spare time, I enjoy cooking, wine, and travel.



### Kimberly Kenne, MD, MCR

I am an Iowa native completing my undergraduate and medical school studies at the University of Iowa. I went on to residency in OB/GYN at The Ohio State University and fellowship at Oregon Health & Science University. I returned to the University of Iowa as faculty because it is a truly collegial space. We offer an excellent balance of service, education, and research the pillars of academic medicine. We offer all modalities of surgical care as well as non-surgical management. I feel fortunate to work with amazing colleagues in a place I call home.

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## Iowa URPS Urologists



**Karl Kreder, MD,  
MBA**

I have been at Iowa in the Urology department since 1992. Prior to that time, I served on active duty in the army. I became the Urology Department head in 2010. I like Iowa City because it's such a great place to live. As a Midwest college town we are fortunate to have arts, sports and great restaurants in a safe and welcoming place. My hobbies are woodworking, fly fishing and weightlifting.



**Annah Vollstedt, MD**

I completed my undergraduate and medical school at the University of Iowa. After finishing my residency at Dartmouth-Hitchcock Medical Center in New Hampshire, I pursued a fellowship in URPS at Beaumont Hospital in Royal Oak, MI. A Hawkeye at heart, I was excited to return to the University of Iowa as faculty member in August 2021. I have enjoyed my time working with the urogynecology fellows both in the operating room and the clinic.

## Iowa URPS Fellows



**Colin Johnson, MD**

I was born and raised in Kohler, Wisconsin (home of the Kohler toilets!) and went to Grinnell College in Iowa where I played tennis for four years. I completed my medical school and OB/GYN residency at the Medical College of Wisconsin in Milwaukee.

I truly think that our fellowship program is one of the best in the country. The surgical variety is excellent, the faculty are extremely supportive and the collaboration we have with the Department of Urology is unmatched. Iowa City is a great place to live. There is so much to do, and it is extremely affordable.



**Sarah Rabice, MD**

I was born in Clinton, New York and went to Ithaca College for undergrad. I was a ballet dancer growing up but discovered my passion for science and research in a small lab studying the biochemical properties of slug glue in college. After attending SUNY Upstate for medical school, I left to explore a new part of the country and completed my OB Gyn residency at Saint Joseph Hospital in Denver, CO. I chose the UIHC for fellowship for the high surgical volume, surgical diversity with exposure to rare cases, close knit feeling of the department and unparalleled mentorship in Urogyn.

# University of Iowa FPMRS Fellowship Program

## About Iowa City:

With Big Ten sports, arts and cultural events, festivals, restaurants, theatres, parks, and music venues, there's something for everyone.

**No. 2**

Most Affordable State  
U.S. News & World Report, 2019

**No. 2**

Best Place to Practice  
Medscape, 2019

**No. 24**

University of Iowa Health  
Care: Best Employers for  
Diversity  
Forbes, 2019

**No. 34**

"2020-2021 Best  
Hospitals" in Gynecology  
U.S. News & World Report

**No. 48**

America's Best  
Employers  
Medscape, 2018

## Other Team Members: Iowa Urogynecology ARNPs



**Diane Elas, ARNP, MSN,  
FNP-BC**



**Stephanie Atkinson,  
ARNP, WHNP-BC**



**Abby Costello, ARNP-  
BC, MSN**

## Iowa Colorectal Surgeons



**John W. Cromwell, MD**



**Jennifer Hrabe, MD**



**Kristina Guyton, MD**



**Irena Gribovskaja-Rupp, MD**

Questions? Contact Katie Dasse, Fellowship Coordinator  
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