University of Iowa Department of Physical Therapy and Rehabilitation Science | 2020 Educational Summit

The Health Care Practitioner’s Role in Brain Health: How to Make a Difference

One in five Americans has a mental health condition. In our 2019 Physical Therapy and Rehabilitation Science Educational Summit, clinicians agreed that the health of our patients’ brains greatly influences their physical health. However, only four in ten Iowans, living with mental health conditions, are estimated to receive any treatment. The World Health Organization acknowledges this gap and is advocating for all health care practitioners to be educated on essential mental health care.

In this Summit, experts in brain health will:

- Teach us how to screen patients for mental health issues
- Guide us on strategies to best communicate with people who may have mental health needs
- Assist us in adapting therapeutic treatments to enhance the body and mind of our patients.

A central theme of our Educational Summit is to foster active, open, and candid participation to enhance the learning experience of all attendees.

Friday, September 18, 2020
8:00 a.m. - 12:30 p.m.
Registration opens at 7:30 a.m.

University of Iowa Campus
Medical Education Research Facility (MERF)
Rooms 2117 and 1117 and via Zoom

To permit social distancing, we have capacity for 25 attendees on campus. We also have capacity for 300 attendees via Zoom.

4.5 hours of CEU credit available.
Free to all health care professionals.

Register Now:

→ medicine.uiowa.edu/pt

Learning Objectives:
1. Discuss stigmas and stereotypes surrounding mental health, mental illness and medical intervention.
2. Identify signs and symptoms associated with declining brain health and/or mental illness in both pediatric and adult patient populations.
3. Examine effective communication strategies for addressing a brain health concern with patients and their caregivers.
4. Retain health care and community resources to advocate for patients with declining brain health and/or mental illness.
5. Adapt health care intervention methods in acknowledgment of declining brain health and/or mental illness.
6. Articulate examples of effective evidence-based strategies that promote and optimize brain health.
Schedule

7:30 - 8:00 a.m.  Registration

8:00 - 8:15 a.m.  Welcome
Richard Shields, PT, PhD, FAPTA

8:15 - 8:30 a.m.  Words Matter: Redefining Your Lens
Leslie Carpenter, PT, NAMI Johnson County Board Member

8:30 - 9:45 a.m.  Identifying and Acting: How to Respond When You Suspect an Impairment
Priya Larson, MD
John Liggins, MD
Rochelle Honey-Arcement, LMSW, Family Wellbeing Associates

9:45 - 10:00 a.m.  Break

10:00 - 11:15 a.m.  Augmenting Your Plan of Care to Improve Brain Health
Leslie Carpenter, PT, NAMI Johnson County Board Member
Laura Frey Law, MPT, MS, PhD and Kathleen Sluka, PT, PhD, FAPTA
Alison Lynch, MD

11:15 a.m. - 12:00 p.m.  Promoting Brain Health for Yourself, Your Colleagues and Your Families
Rochelle Honey-Arcement, LMSW, Family Wellbeing Associates

12:00 - 12:30 p.m.  Effective Advocacy: Promoting Societal Change as a Health Care Practitioner
Leslie Carpenter, PT, NAMI Johnson County Board Member