

GUEST
ROOM SERVICE
MENU

Dial 123 to order
or call 319-356-2714 from
6 a.m. to 8 p.m. Food will be
delivered within 45 minutes.

- You will need to purchase a Food and Nutrition gift card to pay for your meals.
- Gift cards are available in all Food and Nutrition Services dining areas.
- \$5 minimum charge for Guest Room Service.
- Prices on menu are for guests who wish to dine in a patient’s room. Prices subject to change.
- Daily homemade specials are available at each meal. Ask



BREAKFAST ENTREES & SIDES

* item only available 6 to 10 a.m.

Pancake *(1)	\$0.90
Chocolate Chip Pancake* (1)	\$0.90
French Toast *(1)	\$1.90
Scrambled Eggs	\$1.75
Hard Boiled Egg (1)	\$0.99
Biscuits and Gravy *	\$3.05
Egg and Cheese Sandwich* Add: Ham or Bacon	\$3.80
Omelet special of the day (Ask Operator)	\$5.75
Hashbrown Patty*	\$1.25
Bacon	\$0.90/slice
Pork Sausage Link	\$0.90/slice
Blueberry Lemon Bread	\$1.25
Banana Bread	\$1.00
Cinnamon Coffee Cake	\$3.05
White or Wheat Toast (1)	\$0.50
English Muffin *	\$0.85
Biscuit *(1)	\$0.99
Add: Peanut Butter	\$0.33
Add: Butter, Margarine, Jelly, Diet Jelly, Syrup, Sugar-Free Syrup	

CEREAL

Oatmeal or Cream of Wheat*®	\$2.00
Cheerios®, Fruit Loops®, or Raisin Bran®	\$1.85
Add: Sugar, Brown Sugar, Splenda®	

FRUIT

Banana	\$0.75
Applesauce, Apple Slices, Mandarin Oranges, Peaches, or Pears	\$0.75
Fresh Fruit	\$2.55
Cottage Cheese Fruit Plate (1/2 cup plus 2 Fruit)	\$1.60+ cost of fruit

YOGURT

Greek Yogurt	\$1.75
Vanilla Yogurt	\$1.75
Yogurt Parfait	\$3.20
Light Key Lime Pie	\$1.75

COMFORT FOODS

Chicken Strips	\$1.00/strip
Add: Ketchup, Barbecue Sauce, Ranch Dressing	
Macaroni and Cheese	\$2.95
Taco (1) Hard or Softshell	\$1.50
Add: Taco Sauce, Pico de Gallo	
Add: Sour Cream	\$0.50
Meatloaf	\$3.40
Pot Roast	\$4.50
Marinated Chicken	\$3.75
Baked Tilapia	\$2.25
Open Face Sandwich (Turkey, Beef, or Meatloaf)	\$5.75
Meat Lasagna	\$4.45
Enchilada Casserole	\$4.20
SpaghettiOs®	\$1.25
Amy's™ Gluten-Free Non-Dairy Beans and Rice Burrito	\$3.25

COLD SANDWICHES

Choice of white or wheat bread

Uncrustables™ Grape	\$1.50
Turkey, Ham, Roast Beef, Tuna Salad, Chicken Salad, Egg Salad, Club	\$2.50
Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles	

SOUPS

Chicken Noodle, Low Sodium Chicken Noodle, Tomato, Chili	\$2.45
Add: Saltine Crackers	

7” PERSONAL PIZZA

Cheese, Pepperoni, Special of the Day (Ask Operator)	\$6.05
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GRILL

Hamburger	\$3.55
Cheeseburger	\$3.80
Grilled Chicken Sandwich	\$3.95
Impossible™ Burger	\$4.15
Grilled Cheese	\$3.00
Grilled Ham and Cheese	\$3.25
Hot Dog	\$1.75
Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles	

SIDES

French Fries	\$2.75
Mashed Potatoes	\$1.50
Roasted Potatoes	\$2.64
Gravy (Beef or Chicken)	\$0.85
Buttered Noodles	\$1.45
Pasta Salad	\$2.25
Coleslaw	\$1.50
Rice	\$1.45
Dinner Roll	\$0.85
Side Salad with Tomatoes and Cucumbers	\$2.05
Add: Croutons, Ranch, Fat-free Ranch, French, Cesar, Balsamic Vinaigrette	
Cottage Cheese, 4% fat (3/4 c)	\$1.60
Raw Carrots or Celery	\$1.40
Mixed Vegetables, Green Beans, Carrots, or Corn	\$1.40
Potato Chips (Regular, Baked)	\$1.60
SkinnyPop® Popcorn	\$1.60

BEVERAGES

Milk: Skim, 1%, Whole, Chocolate	\$0.95
Milk: Soy	\$1.55
Milk: Fairlife 2% lactose free	\$2.25
Coffee: Regular or Decaf	\$1.50
Tea: Black, Green, Decaf, Iced	\$1.20
Juice (assorted)	\$1.00
Lemon Crystal Light®	\$0.75
Gatorade G2® Glacier Frost	\$1.50
Hot Chocolate	\$1.20

SNACKS AND DESSERTS

Cookie: Chocolate Chip, Chocolate Crinkle, White Chocolate Macada- mia	\$1.45
Rice Krispie® Bar	\$1.60
New York Cheesecake	\$2.60
Triple Chocolate Brownie	\$1.75
Berry Mousse Dream	\$2.60
Pudding (Vanilla, Chocolate)	\$1.10
Italian Ice (Lemon, Orange)	\$1.15
Ice Cream (Vanilla, Chocolate)	\$1.50
Animal Crackers	\$1.05
Graham Crackers	\$0.50
Cheddar Goldfish® Crackers	\$1.05
Cheez-Its®	\$1.60
String Cheese	\$0.85
Mild Cheddar Snacking Cheese	\$0.85
Hummus	\$2.05
Gelatin	\$1.10
Lunchables®	\$3.35

CONDIMENTS (NO CHARGE)

Salt	
Pepper	
Salt-Free Seasoning	
Sugar	
Splenda®	
Creamer and Non-Dairy Creamer	
Butter and Margarine	
Jelly: Regular and Sugar-free	
Brown Sugar	
Ketchup	
Mustard	
Ranch: Regular and Fat-free	
French Dressing	
Balsamic Vinaigrette	
Mayonnaise: Regular and Light	
Taco Sauce	
Hot Sauce	
Tartar Sauce	
Soy Sauce	
Barbeque Sauce	
Parmesan Cheese	
Syrup: Regular and Sugar-free	
Pico de Gallo	
Lemon Slice	
Nutella	
Honey	