Patient Name:

Breakfast Tomorrow |

Lunch Tomorrow

Dinner Tomorrow

Unit : _____

Circle up to 2 Entrees		Circle up to 1 Entree Circle up to 1 Entree
Scrambled Eggs		Cheese Pizza BBQ Pulled Pork with Mac & Cheese
Egg and Cheese Sandwich		Deli Turkey Sandwich on Wheat (toppings below) Enchilada Casserole (sour cream, pico de gallo)
Two Pancakes with syrup		Spaghetti & Meat Sauce (Parmesan Cheese) Marinated Chicken Breast
		Circle up to 3 Sides Circle up to 3 Sides
Circle up to 3	Sides	Cottage Cheese Pasta Salad Coleslaw Baked Potato Soup
Cream of Wheat	Fruit Loops	French Fries Potato Chips Dinner Roll Steamed Rice
Cheerios	Raisin Bran	Mixed Vegetables Mashed Potatoes (Beef or Chicken Gravy)
Hashbrown Patty		Mixed Groops Salad
Pork Sausage Link	Bacon	-Ranch -Fat Free Ranch Mixed Vegetable Green Beans Mixed Greens Salad
Cinnamon Coffee Cake	Bacon	-Balsamic dressing -French
		Applesauce Banana -Ranch -Fat Free Ranch
Banana Bread		-Baisamic dressing -French
Toast: White or Wheat		Circle up to 1 Dessert Diced Peaches Apple Slices
Circle up to 2		Chocolate Chip Cookie Lemon Italian Ice Circle up to 1 Dessert
Banana Vanilla V	-	Chocolate Brownie Chocolate Chip Cooki
Apple Slices Strawbe	erry Chobani Yogurt	Beverages (limit 3 drinks per meal) Beverages (limit 3 drinks per meal)
Beverages (limit 3 dr	inks per meal)	Skim Milk 1% Milk Chocolato Milk Skim Milk 1% Milk Chocolato Mill
- ·		Skim Milk 1% Milk Chocolate Milk Skim Milk 1% Milk Chocolate Milk
Orange Juice Apple Juice	Prune Juice	Skim Milk 1% Milk Chocolate Milk Skim Milk 1% Milk Chocolate Milk Hot Tea Iced Tea Hot Tea Iced Tea
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Orange Juice Apple Juice Skim Milk 1% Milk	Prune Juice	Hot Tea Iced Tea Hot Tea Iced Tea
Orange Juice Apple Juice Skim Milk 1% Milk Hot Tea Iced	Prune Juice Chocolate Milk Tea	Hot TeaIced TeaHot TeaIced TeaCondiments (circle all needed for meal)Condiments (circle all needed for meal)
Orange Juice Apple Juice Skim Milk 1% Milk Hot Tea Iced Condiments (circle all r	Prune Juice Chocolate Milk I Tea leeded for meal)	Hot TeaIced TeaHot TeaIced TeaCondiments (circle all needed for meal)Condiments (circle all needed for meal)SugarSplendaCreamerSugarSplendaCreamerSugarSplendaCreamerButterMargarinePeanut ButterButterMargarinePeanut Butter
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