| Patient Name: | | Unit : |
|---------------------------|-----------------------|------------------------|
| Breakfast Tomorrow | Lunch Tomorrow | Dinner Tomorrow |
| Circle up to 2 Entrees | Circle up to 1 Entree | Circle up to 1 Entree |

Scrambled Eggs Biscuits and Gravy

Two French Toast with syrup

Circle up to 3 Sides

Oatmeal Fruit Loops
Cheerios Raisin Bran

Hashbrown Patty

Bacon

Cinnamon Coffee

Cake Banana Bread White Toast

Wheat Toast

Circle up to 2

Banana Vanilla Yogurt

Apple Slices Strawberry Chobani Yogurt

Beverages (limit 3 drinks per meal)

Orange Juice Apple Juice Cranberry Juice

Skim Milk 1% Milk Chocolate Milk

Coffee Decaf Coffee Hot Tea Iced Tea

Condiments (circle all needed for meal)

Sugar Splenda Creamer
Butter Margarine Peanut Butter
Jelly Sugar Free Jelly Brown Sugar
Salt Pepper Nutella Syrup

Ketchup Hot Sauce Sugar Free Syrup
Salt Free Seasoning

Grilled Cheese

Turkey and Cheddar on Wheat (toppings below)

Potato Crusted Cod on Bun

Circle up to 3 Sides

Cottage Cheese Coleslaw

French Fries Potato Chips

Green Beans

Mixed Greens Salad

-Ranch -Fat Free Ranch

-Balsamic dressing -French

Applesauce Mandarin Oranges

Circle up to 1 Dessert

New York Cheesecake Orange Jello

Beverages (limit 3 drinks per meal)

Skim Milk 1% Milk Chocolate Milk

Coffee Decaf Coffee Hot Tea Iced Tea

Condiments (circle all needed for meal)

Sugar Splenda Creamer
Butter Margarine Peanut Butter

Jelly Sugar Free Jelly Salt Pepper Salt Free Seasoning Mayo Mustard

Ketchup BBQ Sauce Hot Sauce Nutella Tartar Sauce

Friday Meal Selections

Sandwich Toppings:

Lettuce Tomato Onion Pickle

Open Face Turkey Sandwich

Hummus on Wheat Bread (toppings below)

Pepperoni pizza

Circle up to 3 Sides

Chili Broccoli Cheese Soup

Dinner Roll Rice

Mashed Potatoes
Mixed Vegetables

Mixed Greens Salad

-Ranch -Fat Free Ranch

-Balsamic dressing -French

Fresh Fruit Apple Slices

Circle up to 1 Dessert

Chocolate Brownie Orange Italian Ice

Beverages (limit 3 drinks per meal)

Skim Milk 1% Milk Chocolate Milk

Coffee Decaf Coffee Hot Tea Iced Tea

Condiments (circle all needed for meal)

Sugar Splenda Creamer

Butter Margarine Peanut Butter

Jelly Sugar Free Jelly Salt Pepper

Salt Free Seasoning Mayo Mustard

Ketchup BBQ Sauce Hot Sauce

Nutella Tartar Sauce

Sandwich Toppings:

Lettuce Tomato Onion Pickles

(Week A Day 6)