

Occupations for Registered Dietitians

ACADEMY OF NUTRITION AND DIETETICS

According to the Academy of Nutrition and Dietetics, “The majority of registered dietitians work in the treatment and prevention of disease (administering medical nutrition therapy, often part of medical teams), in hospitals, HMOs, private practice or other health-care facilities. In addition, a large number of dietitians work in community and public health settings and academia and research. A growing number of registered dietitians work in the food and nutrition industry, in business, journalism, sports nutrition, corporate wellness programs and other non-traditional work settings.

According to the Academy's 2007 *Dietetics Compensation and Benefits Survey*, half of all RDs in the US who have been working full-time in the field for five years or less earn between \$42,000 and \$55,000 per year. As with any profession, salaries and fees vary by region of the country, employment settings, scope of responsibility and supply of RDs. Salaries increase with years of experience and many RDs, particularly those in management, business and consulting, earn incomes above \$86,000.”

To learn more about the qualifications of a registered dietitian, what services RD's provide, and how an RD is different than a nutritionist, visit ADA's website at:

<http://www.eatright.org/About/Content.aspx?id=7531>

O*NET RESOURCE CENTER:

O*Net Resource Center is the nation's primary source of occupational information. The O*Net database contains information on hundreds of standardized and occupation-specific descriptors. The database is open to the public at no cost. For more information about O-Net, go to: <http://www.onetcenter.org/overview.html>

Occupations by name and Standard Occupational Classification (SOC) code that the dietetic internship prepare students for include:

Dietitians and Nutritionists – 29-1031.00 <http://www.onetcodeconnector.org/ccreport/29-1031.00>

Plan and conduct food service or nutritional programs to assist in the promotion of health and control of disease. May supervise activities of a department providing quantity food services, counsel individuals, or conduct nutritional research.

Health Educators - 21-1091.00 <http://www.onetcodeconnector.org/ccreport/21-1091.00>

Provide and manage health education programs that help individuals, families, and their communities maximize and maintain healthy lifestyles. Collect and analyze data to identify community needs prior to planning, implementing, monitoring, and evaluating programs designed to encourage healthy lifestyles, policies, and environments. May serve as a resource to assist individuals, other healthcare workers, or the community, and may administer fiscal resources for health education programs.

Food Service Managers – 11-9051.00 <http://www.onetcodeconnector.org/ccreport/11-9051.00>

Plan, direct, or coordinate activities of an organization or department that serves food and beverages.