

Patient Name: _____ Unit : _____

Breakfast Tomorrow

Lunch Tomorrow

Dinner Tomorrow

Circle up to 2 Entrees

Scrambled Eggs
Egg and Cheese Sandwich
Sausage Biscuits and Gravy

Circle up to 1 Entrée

Hummus on Wheat (toppings below)
Meat Lasagna
BBQ Pork Sandwich

Circle up to 1 Entrée

Marinated Chicken
Two Fish Tacos (Pico, Tartar Sauce)
Impossible Burger (Toppings Below)

Circle up to 3 Sides

Cream of Wheat Fruit Loops
Cheerios Raisin Bran
Hashbrown Patty Bacon
Pork Sausage Link

Blueberry Crumb Muffin White Toast
Banana Bread Wheat Toast

Circle up to 3 Sides

Cottage Cheese Coleslaw
French Fries Potato Chips
Green Beans
Mixed Greens Salad
 -Ranch -Fat Free Ranch
 -Balsamic dressing -French
Applesauce Fresh Fruit

Circle up to 3 Sides

Chili Chicken Wild Rice Soup
Dinner Roll Rice
Mashed Potatoes French Fries
Mixed Vegetables
Mixed Greens Salad
 -Ranch -Fat Free Ranch
 -Balsamic dressing -French
Apple Slices Sliced Peaches

Circle up to 2

Banana Vanilla Yogurt
Apple Slices Blueberry Chobani Yogurt

Circle up to 1 Dessert

Chocolate Brownie Vanilla Pudding

Circle up to 1 Dessert

Chocolate Chip Cookie Lemon Italian Ice

Beverages (limit 3 drinks per meal)

Orange Juice Apple Juice Prune Juice
Skim Milk 1% Milk Chocolate Milk
Coffee Decaf Coffee Hot Tea Iced Tea

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Condiments (circle all needed for meal)

Sugar Splenda Creamer
Butter Margarine Peanut Butter
Jelly Sugar Free Jelly Brown Sugar
Salt Pepper Salt Free Seasoning
Ketchup Syrup

Condiments (circle all needed for meal)

Sugar Splenda Creamer
Butter Margarine Peanut Butter
Jelly Sugar Free Jelly Salt Pepper
Salt Free Seasoning Mayo Mustard
Ketchup BBQ Sauce Tartar Sauce

Condiments (circle all needed for meal)

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Butter Margarine Peanut Butter
Jelly Sugar Free Jelly Salt Pepper
Salt Free Seasoning Mayo Mustard
Ketchup BBQ Sauce Tartar Sauce

Sandwich Toppings:

Lettuce Tomato Onion Pickle

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