### Breakfast Tomorrow

**Circle up to 2 Entrees**
- Scrambled Eggs
- Egg and Cheese Sandwich
- Two Pancakes with syrup

**Circle up to 3 Sides**
- Cream of Wheat
- Cheerios
- Hashbrown Patty
- Pork Sausage Link
- Blueberry Crumb Muffin
- Banana Bread

**Circle up to 2**
- Banana
- Apple Slices

**Beverages (limit 3 drinks per meal)**
- Orange Juice
- Apple Juice
- Skim Milk
- Coffee

**Condiments (circle all needed for meal)**
- Sugar
- Butter
- Jelly
- Salt
- Ketchup

### Lunch Tomorrow

**Circle up to 1 Entree**
- Cheese Pizza
- Deli Turkey Sandwich on Wheat (toppings below)
- Hamburger (toppings below)

**Circle up to 3 Sides**
- Cottage Cheese
- French Fries
- Mixed Greens Salad
- Corn
- Applesauce

**Circle up to 1 Dessert**
- Oatmeal Raisin Cookie
- Lemon Italian Ice

**Beverages (limit 3 drinks per meal)**
- Skim Milk
- 1% Milk
- Coffee

**Condiments (circle all needed for meal)**
- Sugar
- Butter
- Jelly
- Salt
- Ketchup

**Sandwich Toppings:**
- Lettuce
- Tomato
- Onion

### Dinner Tomorrow

**Circle up to 1 Entree**
- Veggie Burger (toppings below)
- Bean & Cheese Enchilada (sour cream, pico de gallo)
- Citrus Tilapia (Tartar Sauce)

**Circle up to 3 Sides**
- Tomato Soup
- Baked Potato Soup
- Green Beans
- Mixed Greens Salad
- Diced Peaches

**Circle up to 1 Dessert**
- Chocolate Brownie

**Beverages (limit 3 drinks per meal)**
- Skim Milk
- 1% Milk
- Coffee

**Condiments (circle all needed for meal)**
- Sugar
- Butter
- Jelly
- Salt
- Ketchup

**Sandwich Toppings:**
- Lettuce
- Tomato
- Onion

(Week A Day 1)

Sunday Meal Selections