## **UIHCFOOD AND NUTRITION SERVICES**

## **Daily Specials**

|           | SUNDAY                                   | MONDAY                            | TUESDAY                        | WEDNESDAY                                  | THURSDAY                               | FRIDAY                          | SATURDAY                                  |
|-----------|--|-----------------------------------|--------------------------------|--|--|---------------------------------|---|
| BREAKFAST | Breakfast<br>Pizza                       | Cinnamon<br>Berry French<br>Toast | Breakfast<br>Taco              | Banana<br>Walnut<br>Pancake                | Egg Bake                               | Waffle<br>Breakfast<br>Sandwich | Breakfast<br>Taco                         |
| LUNCH     | Chicken<br>Pot Pie                       | Walking<br>Tacos                  | Tuna<br>Noodle<br>Casserole    | Tater Tot<br>Casserole                     | Tomato and<br>Mozzarella<br>Sandwich   | Pulled Pork<br>Sandwich         | Chicken or<br>Egg Salad on<br>a Croissant |
| DINNER    | Barbeque Pulled<br>Pork Mac n'<br>Cheese | Chicken<br>Alfredo                | Spaghetti<br>with<br>Meatballs | Grilled Chicken<br>Bacon Swiss<br>Sandwich | Sweet and Sour<br>Chicken<br>with Rice | Fish Taco                       | Tenderloin<br>Sandwich                    |
| SOUP      | Baked Potato                             | Vegetable                         | Broccoli<br>Cheese             | White<br>Chicken Chili                     | Chicken Tortilla                       | Chicken and<br>Wild Rice        | Broccoli<br>Cheese                        |