BREAKFAST ENTREES & SIDES
* item only available 6 to 10 a.m.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pancake (1)</td>
<td>$0.90</td>
</tr>
<tr>
<td>Chocolate Chip Pancake (1)</td>
<td>$0.90</td>
</tr>
<tr>
<td>French Toast (1)</td>
<td>$1.90</td>
</tr>
<tr>
<td>Scrambled Eggs</td>
<td>$1.75</td>
</tr>
<tr>
<td>Hard Boiled Egg (1)</td>
<td>$0.99</td>
</tr>
<tr>
<td>Egg and Cheese Sandwich *</td>
<td>$3.80</td>
</tr>
</tbody>
</table>

Add: ham or bacon

Omelet Special (Ask Operator)               $5.75

Biscuits and Gravy*                        $3.05

Hashbrown Patty                            $1.25

Pork Sausage Link                         $0.90/lb

Bacon                                     $0.90/lb

Blueberry Lemon Bread                      $1.25

Banana                                    $1.00

Cinnamon Coffee Cake                      $3.05

White or Wheat Toast (1)                  $0.50

English Muffin *                           $0.85

Biscuit (1)                                $1.00

Add: Peanut Butter                         $0.53

Add: Butter, Margarine, Jelly, Diet Jelly, Syrup, Sugar-Free Syrup

CEREAL

Oatmeal or Cream of Wheat®                $2.00

Cheerios®, Fruit Loops®, or Raisin Bran®  $1.85

Add: Sugar, Brown Sugar, Splenda®

FRUIT

Banana                                    $0.75

Applesauce, Apple Slices, Mandarin Oranges, diced pears, peach slices... $0.75

Fresh Fruit                               $2.65

Cottage Cheese Fruit Plate (1/2 cup plus 2 Fruit).........................$1.60+cost of fruit

YOGURT

Greek Yogurt                              $1.75

Vanilla Yogurt                            $1.75

Yogurt Parfait                            $3.20

Light Key Lime Pie                        $1.75

COMFORT FOODS

Chicken Strips                            $1.45/strip

Add: Ketchup, Barbecue Sauce, Ranch Dressing

Macaroni and Cheese                       $2.95

Taco (1) hard or soft shell               $1.50

Add: Taco Sauce, Pico de Gallo

Add: Sour Cream                           $0.50

Meatloaf                                  $3.40

Pot Roast                                 $4.50

Marinated Chicken                         $3.75

Baked Tilapia                             $2.25

Open Face Sandwich                        $5.75

(Octopus, Beef, or Meatloaf)

Meat Lasagna                              $4.45

Enchilada Casserole                       $4.20

Spaghettios®                             $1.25

Amy’s® Gluten-Free Non-Dairy Beans and Rice Burrito $3.25

COLD SANDWICHES

Choice of white or wheat bread

Uncrustables™ Grape                      $1.50

Turkey, Ham, Roast Beef, Tuna Salad, Corn, Chicken, Club               $2.50

Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles

SOUPS

Chicken Noodle, Low Sodium Chicken Noodle, Tomato, Chili..............$2.45

Amy’s® Black Bean                        $2.45

Add: Saltine Crackers

7th PERSONAL PIZZA

Cheese, Pepperoni, Special of the Day (Ask Operator)..................$6.05

GRILL

Hamburger                                  $3.55

Cheeseburger                               $3.80

Grilled Chicken Sandwich                  $3.95

Impossible™ Burger                        $4.15

Grilled Cheese                            $3.00

Grilled Ham and Cheese                    $3.25

Hot Dog                                    $1.75

Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles

SIDES

French Fries                              $2.75

Mashed Potatoes                           $1.50

Gravy (Beef or Chicken)                   $0.85

Buttered Noodles                          $1.45

Pasta Salad                               $2.25

Rice                                      $1.45

Dinner Roll                               $0.85

Side Salad with Tomatoes and Cucumbers    $2.05

Add: Croutons, Ranch, Fat-free

Ranch, French, Balsamic Vinaigrette

Cottage Cheese, 4% fat                    $1.60

Raw Carrots or Celery                     $1.40

Mixed Vegetables, Green Beans, Corn.......$1.40

Potato Chips (Regular or Baked)           $1.60

SkinnyPop® Popcorn                       $1.60

BEVERAGES

Milk: Skim, 1%, Whole, Chocolate          $0.95

Milk: Vanilla Soy                        $1.55

Milk: Fairlife 2% lactose free           $2.50

Coffee: Regular or Decaf                 $1.50

Tea: Black, Green, Decaf, Iced           $1.20

Juice (assorted)                          $1.00

Lemon Crystal Light®                     $0.75

Gatorade 2® Glacier Frost                 $1.50

Hot Chocolate                            $1.20

SNACKS AND DESSERTS

Cookie: Chocolate Chip, Chocolate Crinkle, Sugar....................$1.45

Rice Krispies® Bar                          $1.60

New York Cheesecake                       $2.60

Triple Chocolate Brownie                  $1.75

Pudding (Vanilla, Chocolate)              $1.10

Italian Ice                               $1.15

Ice Cream (vanilla, chocolate)            $1.50

Berry Mousse Cream                        $2.60

Animal Crackers                           $1.05

Graham Crackers                           $0.50

Cheddar Goldfish® Crackers               $1.05

Cheez-Its®                               $1.60

Special K Protein Bars                    $1.75

String Cheese                            $0.85

Mild Cheddar Snacking Cheese              $0.85

Hummus                                    $2.05

Gelatin                                   $1.10

Lunchables®                              $3.35

CONDIMENTS (NO CHARGE)

Salt                                      

Pepper                                   

Salt-Free Seasoning                      

Sugar                                     

Splenda®                                  

Creamer and Non-Dairy Creamer

Butter and Margarine

Jelly: Regular and Sugar-free

Brown Sugar                               

Ketchup                                   

Mustard                                   

Ranch: Regular and Fat-free                

French Dressing                           

Cesar Dressing                            

Balsamic Vinaigrette

Mayonnaise: Regular and Light

Taco Sauce                                

Tartar Sauce                              

Barbeque Sauce                            

Parmesan Cheese                           

Syrup: Regular and Sugar-free

Pico de Gallo                             

Lemon Slice

DAILY SPECIALS

One tasty recipe each meal is our daily special. These patient favorites are available during limited hours each week.

Breakfast: 6 to 10 a.m., Lunch: 10 a.m. to 3 p.m., Dinner: 3 p.m. to 8 p.m., Soup: 10 a.m. to 8 p.m.

SUNDAY

Breakfast: Breakfast Pizza                $6.05

Lunch: Chicken Pot Pie                   $3.50

Dinner: Barbeque Pulled Pork Topped      $6.25

Soup: Baked Potato                       $0.95

THURSDAY

Breakfast: Egg Bake                      $3.30

Lunch: Chicken Pot Pie                   $3.50

Dinner: Sweet and Sour Chicken           $5.50

Soup: Chicken Tortilla                   $2.45

FRIDAY

Breakfast: Waffle Breakfast Sandwich     $4.00

Lunch: Pulled Pork Sandwich              $5.75

Dinner: Mediterranean Tofu              $3.95

Soup: Chicken Wild Rice                  $2.45

SATURDAY

Breakfast: Breakfast Taco (1)            $1.70

Lunch: Chicken or Egg Salad on a        $4.75

Croissant                                $4.75

Dinner: Tenderloin Sandwich              $3.95

Soup: Broccoli Cheese                    $2.45

TUESDAY

Breakfast: Breakfast Taco (1)            $1.70

Lunch: Tuna Noodle                       $4.95

Casserole                                $2.75

Dinner: Spaghetti with Meat Sauce        $4.40

Soup: Beef Stew                          $2.45

WEDNESDAY

Breakfast: Banana Walnut Pancake         $2.40

Lunch: Tater Tot Casserole               $2.75

Dinner: Chicken Bacon Swiss Sandwich     $4.75

Soup: White Chicken Chili                $2.45
Dial 123 to order or call 319-356-2714 from 6 a.m. to 8 p.m. Food will be delivered within 60 minutes.

- You will need to purchase a Food and Nutrition gift card to pay for your meals.
- Gift cards are available in all Food and Nutrition Services dining areas.
- $5 minimum charge for Guest Room Service.
- Prices on menu are for guests who wish to dine in a patient’s room. Prices subject to change.
- Daily homemade specials are available at each meal. Ask operator for more information.

Ordering Guidelines