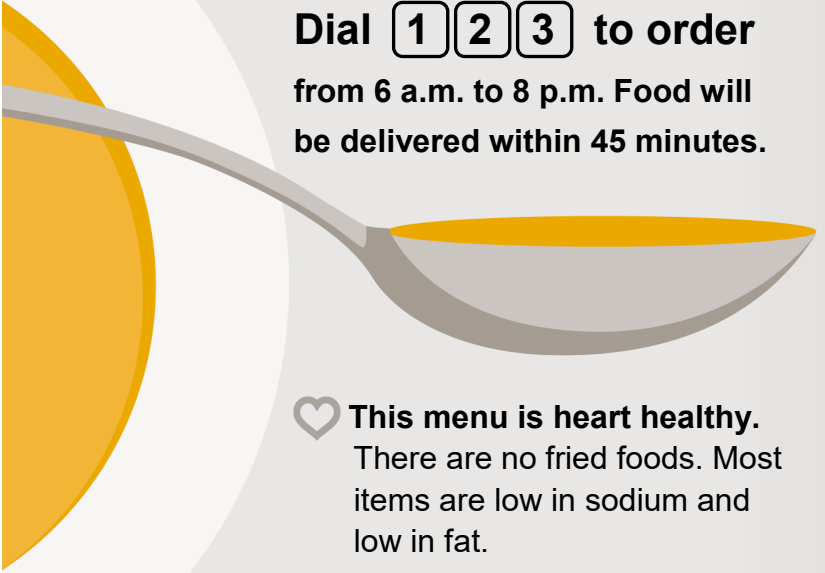


PATIENT ROOM SERVICE MENU

Dial **1** **2** **3** to order
from 6 a.m. to 8 p.m. Food will
be delivered within 45 minutes.



♥ **This menu is heart healthy.**
There are no fried foods. Most
items are low in sodium and
low in fat.

💬 **Questions?**
Our operator can help you with
your choices. Our dietitians
are also happy to help with
any questions.

Your liquids may be thickened
if ordered by a physician.

BREAKFAST

Eggs.....	3	Ground Sausage	0
French Toast.....	22	Cream of Wheat	11
Chobani Strawberry Yogurt	15	+ Skim, 1%, or whole milk	11-12
Yogurt Vanilla	27	Oatmeal	12
Yogurt Key Lime	16	Blueberry Muffin.....	22
Greek Vanilla Yogurt.....	10		

FRUITS

Applesauce.....	14	Pureed Pineapple	16
Pureed Mixed Berries.....	19	Pureed Banana.....	28
Pureed Peaches.....	15		

COMFORT FOODS

BBQ Beef Sandwich	29	Turkey, bread stuffing, and cranberries	49
Open Faced Beef Sandwich.....	16	Pureed Bread	8
Open Faced Turkey Sandwich ..	17	+ Hummus	10
Pureed Pork Chop	5	Ground Chicken	0
		+ Chicken Gravy	8
		Plain Chicken Salad	3
		Plain Tuna Salad.....	0

SIDES

Mashed Potatoes	23	Pureed Green Beans.....	15
+ Chicken	8	Cottage Cheese.....	3-5
+Beef Gravy	6	Blended Macaroni & Cheese...	20
Minced Carrots	13		
Pureed Corn	26		

SOUPS

Blended Chicken Noodle Soup..	11	Tomato Soup (Low-Sodium)	22
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99 numbers after each item
show carbohydrates per serv-

DESSERTS

Gelatin (orange).....	22	Thrive Ice Cream	
Sugar-Free Gelatin (strawberry, lemon-lime)	0	Vanilla.....	35
Pudding		Chocolate	33
Chocolate	20	New York Cheesecake.....	41
Vanilla	19	Italian Ice	
Berry Mousse Dream.....	40	Orange.....	22
		Lemon.....	20

DRINKS

Coffee (regular or decaf).....	0	Broth (beef, chicken, vegetable)	0
Tea (black, green, decaf, iced)	1	Hot Chocolate.....	16
Juice		Instant Breakfast (vanilla or chocolate).....	27
Apple, Cranberry, Orange	14-16	Ensure High Protein Plus (vanilla, chocolate, or strawberry).....	41
Prune	20	Ensure High Protein (chocolate or vanilla)	19
V8/Low Sodium V8	8	Ensure Clear (apple or mixed berry)..	52
Lemon Crystal Light.....	0		
Gatorade G2 Glacier Frost	7		
Milk			
Skim, 1%, Whole, Lactose-Free ..	11-12		
Chocolate.....	23		
Vanilla Soy.....	18		

CONDIMENTS

Salt.....	0	Mayo.....	0	Margarine.....	0
Pepper.....	0	Light Mayo.....	1	Sour Cream.....	1
Salt-Free Seasoning..	0	Ketchup.....	2	Barbeque Sauce.....	19
Sugar.....	3	Mustard.....	0	Parmesan Cheese.....	0
Splenda.....	1	Ranch Dressing.....	2	Taco Sauce.....	1
Brown Sugar.....	13	Fat-Free Ranch Dressing..	3	Pancake Syrup.....	30
Cream.....	0	French Dressing.....	2	Sugar-Free Syrup.....	4
Creamer (Non-Dairy)..	1	Balsamic Vinaigrette.....	3	Jelly.....	10
Butter.....	0	Hot Sauce.....	0	Tartar Sauce.....	2
		Soy Sauce.....	0		

