

3

4

DYSPHAGIA  
LIQUIDIZED: LQ3  
PUREED: PU4

## PATIENT ROOM SERVICE MENU

Dial **1** **2** **3** to order  
from 6 a.m. to 8 p.m. Food will  
be delivered within 45 minutes.

### Questions?

Our operator can help you with  
your choices for Level 3 or 4.  
Our dietitians are also happy  
to help with any questions.

Your liquids may be thickened  
if ordered by a physician.

\*Available for Level 4 only.

## BREAKFAST

- \*Pureed Eggs
- \*Pureed French Toast
- \*Chobani Blueberry Yogurt
- \*Chobani Strawberry Yogurt
- Yogurt Vanilla
- \*Key Lime Yogurt
- \*Greek Vanilla Yogurt
- Cream of Wheat
  - + Skim, 1%, or whole milk

## FRUITS

- Applesauce
- \*Pureed Mixed Berries
- Pureed Peaches
- Pureed Pineapple
- Pureed Banana

## COMFORT FOODS

- \*Pureed Beef Steak
- \*Pureed Cheese Pizza
- \*Pureed Chicken Breast
- \*Pureed Pork Chop
- \*Pureed Spaghetti and Meat Sauce
- \*Pureed Bread
  - + Hummus

## SIDES

- \*Mashed Potatoes
  - + Chicken or Beef Gravy
- \*Pureed Carrots
- \*Pureed Corn
- \*Pureed Green Beans
- Blended Cottage Cheese
- Blended Macaroni and Cheese
- Blended Mashed Potatoes and Gravy

## SOUPS

- Blended Chicken Noodle Soup
- Blended Low-Sodium Chicken Noodle
- \*Tomato Soup

## DESSERTS

- \*Gelatin (orange, strawberry, tropical)
- \*Sugar-Free Gelatin (strawberry)
- Pudding (chocolate or vanilla)
- \*Italian Ice (lemon or strawberry)
- \*Berry Mouse Dream
- Thrive (vanilla or chocolate)

## DRINKS

- Coffee (regular or decaf)
- Tea (green, decaf, or iced)
- Juice (apple, cranberry, orange, prune, V8, low sodium V8)
- Lemon Crystal Light
- Broth (beef, chicken, vegetable)
- Hot Chocolate
- Milk (skim, 1%, whole, chocolate, vanilla, soy, lactose-free)
- Instant Breakfast (vanilla or chocolate)
- Ensure Enlive (vanilla, chocolate, or strawberry)
- Ensure Compact (vanilla or chocolate)
- Ensure Clear (apple or mixed berry)

## CONDIMENTS

- Salt
- Pepper
- Salt-Free Seasoning
- Sugar
- Splenda
- Brown Sugar
- \*Cream
- Creamer (Non-Dairy)
- Butter
- Margarine
- Mayo
- Light Mayo
- Ketchup
- Mustard
- Ranch Dressing
- Fat-Free Ranch Dressing
- French Dressing
- \*Balsamic Vinaigrette
- Sour Cream
- Barbeque Sauce
- Parmesan Cheese
- Taco Sauce
- \*Pancake Syrup
- \*Sugar-Free Syrup
- Jelly

