

3

4

DYSPHAGIA
LIQUIDIZED: LQ3
PUREED: PU4

PATIENT ROOM SERVICE MENU

Dial **1** **2** **3** to order
from 6 a.m. to 8 p.m. Food will
be delivered within 45 minutes.

Questions?

Our operator can help you with
your choices for Level 3 or 4.
Our dietitians are also happy
to help with any questions.

Your liquids may be thickened
if ordered by a physician.

*Available for Level 4 only.

BREAKFAST

- *Pureed Eggs
- *Pureed French Toast
- *Chobani Blueberry Yogurt
- *Chobani Strawberry Yogurt
- Yogurt Vanilla
- *Key Lime Yogurt
- *Greek Vanilla Yogurt
- Cream of Wheat
 - + Skim, 1%, or whole milk

FRUITS

- Applesauce
- *Pureed Mixed Berries
- Pureed Peaches
- Pureed Pineapple
- Pureed Banana

COMFORT FOODS

- *Pureed Beef Steak
- *Pureed Cheese Pizza
- *Pureed Chicken Breast
- *Pureed Pork Chop
- *Pureed Spaghetti and Meat Sauce
- *Pureed Bread
 - + Hummus

SIDES

- *Mashed Potatoes
 - + Chicken or Beef Gravy
- *Pureed Carrots
- *Pureed Corn
- *Pureed Green Beans
- Blended Cottage Cheese
- Blended Macaroni and Cheese
- Blended Mashed Potatoes and Gravy

SOUPS

- Blended Chicken Noodle Soup
- Blended Low-Sodium Chicken Noodle
- *Tomato Soup

DESSERTS

- *Gelatin (orange, strawberry, tropical)
- *Sugar-Free Gelatin (strawberry)
- Pudding (chocolate or vanilla)
- *Italian Ice (lemon or strawberry)
- *Berry Mouse Dream
- Thrive (vanilla or chocolate)

DRINKS

- Coffee (regular or decaf)
- Tea (green, decaf, or iced)
- Juice (apple, cranberry, orange, prune, V8, low sodium V8)
- Lemon Crystal Light
- Broth (beef, chicken, vegetable)
- Hot Chocolate
- Milk (skim, 1%, whole, chocolate, vanilla, soy, Fairlife 2% lactose-free)
- Instant Breakfast (vanilla or chocolate)
- Ensure Enlive (vanilla, chocolate, or strawberry)
- Ensure Compact (vanilla or chocolate)
- Ensure Clear (apple or mixed berry)

CONDIMENTS

- Salt
- Pepper
- Salt-Free Seasoning
- Sugar
- Splenda
- Brown Sugar
- *Cream
- Creamer (Non-Dairy)
- Butter
- Margarine
- Mayo
- Light Mayo
- Ketchup
- Mustard
- Ranch Dressing
- Fat-Free Ranch Dressing
- French Dressing
- *Balsamic Vinaigrette
- Sour Cream
- Barbeque Sauce
- Parmesan Cheese
- Taco Sauce
- *Pancake Syrup
- *Sugar-Free Syrup
- Jelly

