BREAKFAST (SERVED ALL DAY*)

* item only available from 6 to 10 a.m.

ENTREES
- Oatmeal*……………………………………...15
- Biscuits and Gravy*

BREAKFAST (SERVED ALL DAY*)
- Mandarin Oranges
- Peach Slices
- Banana

ENTREES
- Key Lime Pie (light)
- Blueberry (Greek)

SIDES
- Hash Brown Patty*
- Pork Sausage Link (1 link)
- Bacon (1 strip)

ENTREES
- Blueberry Crumb Muffin
- Wheat Toast (1 Slice)

SIDES
- Muffin Sandwich*

ENTREES
- Hash Brown Patty*
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- Bacon (1 strip)

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- Wheat Toast (1 Slice)

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- Wheat Toast (1 Slice)

SIDES
- Muffin Sandwich*
**DAILY SPECIALS**

One tasty recipe each meal is our daily special. These patient favorites are available during limited hours each week.

**Breakfast:** 6 a.m. to 10 a.m., Lunch: 11 a.m. to 2 p.m., Dinner: 5 p.m. to 8 p.m.

**Dinner:** 3 p.m. to 8 p.m., Soup: 10 a.m. to 8 p.m.

**MONDAY**
- Breakfast: Breakfast Pizza, 53
- Lunch: Cinnamon Bun French Toast (1 slice), 40
- Dinner: Loose Meat Sandwich, 29
- Soup: White Chicken Chili, 28

**TUESDAY**
- Breakfast: Cinnamon Roll Pancake, 35
- Lunch: Tuna Noodle Casserole, 22
- Dinner: Grilled Chicken Bacon Swiss Sandwich, 28
- Soup: White Chicken Chili, 26

**WEDNESDAY**
- Breakfast: Banana Walnut Pancake, 33
- Lunch: Tater Tot Casserole, 22
- Dinner: Grilled Chicken Bacon Swiss Sandwich, 28
- Soup: White Chicken Chili, 26

**THURSDAY**
- Breakfast: Egg Bake 3
- Lunch: Spaghetti and Meatballs, 59
- Dinner: Sweet and Sour Chicken with Rice, 50
- Soup: Lemon Orzo 6

**FRIDAY**
- Breakfast: Potato Breakfast Frittata, 7
- Lunch: Pulled Pork Sandwich, 29
- Dinner: Fish Taco 13
- Soup: Chicken Wild Rice, 20

**SATURDAY**
- Breakfast: Turkey Breakfast Taco, 9
- Lunch: Cobb Salad, 11
- Dinner: Mushroom Swiss Burger, 30
- Soup: Broccoli Cheese, 16

**CLEAR LIQUID DIET**

Coffee
Regular or Decaf........................................... 0
Tea
Black, Green, Decaf, or Iced............................. 0-1
Juice
Cranberry or Apple...................................... 15-16
Lemon Crystal Light..................................... 0
Broth........................................................... 0
Vegetable, Beef, or Chicken............................ 1-5
Candy........................................................... 18
Lemon Drops.................................................. 13

**FULL LIQUID DIET (includes all clear liquid items above)**

Juice
Orange................................................................ 14
Prune.................................................................. 20
V-8 ...................................................................... 7
Low Sodium V-8.............................................. 8
Milk
Skim.................................................................. 12
1%........................................................................ 12
Whole.................................................................. 12
Chocolate........................................................ 20
Vanilla Soy...................................................... 16
Fruit 2% Lactose-free.................................... 12
Instant Breakfast........................................... 20
Chocolate or Vanilla..................................... 38-39
Cream of Wheat.............................................. 11
Applesauce...................................................... 13
Blended Fruit
Peaches.......................................................... 22
Pineapple......................................................... 23
Mixed Berries.................................................. 27
Banana............................................................ 28
Blended Cottage Cheese................................ 8
Blended Mashed Potatoes and Gravy............. 30
Blended Macaroni and Cheese....................... 19

**LIQUID DIAGRAMS**

Gelatin Dessert
Strawberry................................................... 18
Orange.......................................................... 18
Tropical......................................................... 21
Sugar-free Strawberry................................. 0
Italian Ice
Lemon.......................................................... 20
Orange.......................................................... 22
Ensure® Clear Therapeutic Nutrition Drink
Apple........................................................... 52
Mixed Berry................................................... 52
Powerade Zero® Mixed Berry....................... 0

**Yogurt**

Vanilla.......................................................... 27
Key Lime Pie.................................................. 16
Pudding........................................................... 22
Chocolate....................................................... 24

Soup
Blended Chicken Noodle (homemade)............ 11
Blended Chicken Noodle (low-sodium)......... 9
Tomato Soup.................................................. 12
Ensure® Enlive®
Chocolate, Strawberry, or Vanilla................ 44
Ensure® Compact (4 oz)
Chocolate or Vanilla................................... 32
Ensure® High Protein
Chocolate or Vanilla.................................... 19
Hot Chocolate.............................................. 16
Ice Cream
Chocolate or Vanilla.................................... 26-28
Thrive® Ice Cream
Chocolate.................................................... 33
Vanilla.......................................................... 35
Strawberry..................................................... 34

**PATIENT ROOM SERVICE MENU**

Dial 1 2 3 to order from 6 a.m. to 8 p.m. Food will be delivered within 60 minutes.

This menu is heart healthy. There are no fried foods. Most items are low in sodium and low in fat.

Questions?
Our operator can help you with your choices. Our dietitians are also happy to help with any questions.

Ordering Guidelines

<table>
<thead>
<tr>
<th>Hot Plate 1 Entree 2 Sides</th>
<th>Cold Plate 1 Drink 2 Sides</th>
</tr>
</thead>
<tbody>
<tr>
<td>Floral Rice</td>
<td>Marketplace Rice</td>
</tr>
<tr>
<td>Mushroom Chicken</td>
<td>Beef and Broccoli</td>
</tr>
<tr>
<td>Fish and Broccoli</td>
<td>Chicken and Broccoli</td>
</tr>
<tr>
<td>Roasted Chicken</td>
<td>Beef and Vegetable</td>
</tr>
<tr>
<td>Turkey Fish</td>
<td>Beef and Vegetable</td>
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<tr>
<td>Salmon Fish</td>
<td>Beef and Vegetable</td>
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**DAILY SPECIALS**

Breakfast: 6 a.m. to 10 a.m., Lunch: 11 a.m. to 2 p.m., Dinner: 5 p.m. to 8 p.m.

**Clear Liquid Diet**

- Coffee: Regular or Decaf
- Tea: Black, Green, Decaf, or Iced
- Juice: Cranberry or Apple
- Broth
- Vegetable, Beef, or Chicken
- Candy
- Lemon Drops

**Full Liquid Diet**

- Includes all clear liquid items above

**Menu Items**

- Mixed Berry Pudding
- Chocolate or Vanilla
- Tomato Soup
- Blended Chicken Noodle
- Ensure® Enlive®
- Hot Chocolate
- Ice Cream

**Ordering Guidelines**

- 1 Entree (1 Side)
- 1 Drink (2 Sides)

**Returns**

- 5 minutes

**Taste Experience**

- Sweet and Sour Chicken with Rice
- Mushroom Swiss Burger
- Spaghetti and Meatballs

**Dietary Needs**

- Clear Liquid Diet
- Full Liquid Diet

**Dietitian Assistance**

- Questions?
- Choose with confidence.
- Our dietitians are happy to assist.

**Dietary Restrictions**

- Clear Liquid Diet
- Full Liquid Diet

**Dietary Resources**

- Low sodium
- Low fat
- Low carbohydrate
- Low-protein

**Dietary Education**

- Nutritional information
- Recipe suggestions

**Dietary Goals**

- Weight management
- Blood pressure control
- Cholesterol reduction

**Dietary Instructions**

- Portion control
- Meal planning
- Food exchange list

**Dietary Support**

- Personalized menu
- Nutrition education
- Health and wellness resources

**Dietary Consultations**

- Nutrition assessment
- Meal planning assistance
- Nutrition counseling

**Dietary Services**

- Dietitian-led seminars
- Nutrition counseling
- Healthy lifestyle workshops

**Dietary Needs**

- Clear Liquid Diet
- Full Liquid Diet

**Dietary Compliance**

- Compliance tracking
- Education sessions
- Nutrition counseling

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