

Suggested thromboprophylactic doses for antenatal and postnatal

LMWH

Weight	Enoxaparin
< 50 kg	20 mg daily
50-90 kg	40 mg daily
91-131 kg	60 mg daily*
131-170 kg	80 mg daily*
>170 kg	0.6 mg/kg/day*
High prophylactic dose for women weighing 50-90 kg	40 mg 12 hourly

*May be given in 2 divided doses

Table 1. Enoxaparin Dosing Regimens

Weight-Based Dosing (n=42)		BMI-Stratified Dosing (n=43)	
Weight (lb)	Dose (mg)*	BMI (kg/m ²)	Dose (mg)*
200-240	50	40-59.9	40
241-290	60	60 or higher	60
291-330	70		
331-370	80		
370-400	90		
Greater than 400	100		

BMI, body mass index.

*Administered every 12 hours.

Make sure post-partum hemoglobin is stable!

Overcash et al Enoxaparin Dosing in Morbidly Obese Women
Obstet Gynecol 2015; 125:1371-6