

Adult Therapy Referral Options

Updated 3-2022

<i>Iowa City/Coralville/North Liberty Area</i>					
<i>Organization</i>	Therapy	Medication Services	Eve, Sat Hours	Iowa Medicaid	Medicare
Abbe Center for Community Mental Health 1039 Arthur St, Iowa City, IA 52240 (319) 338-7884 https://www.unitypoint.org/cedarrapids/abbe-mental-health-center Psychiatric evaluations, medication management, individual, family, and group therapies	Yes	Yes	No	Yes	Yes
Alli Center 1150 5th Street, Suites 268 & 270 Coralville, IA 52241 555 Cameron Way, Unit 2 North Liberty, IA 52241 Tel: 319-804-9312 www.alli-center.com	Yes	Yes	??	??	??
Anderson, Arnold & Partners, LLC 209 E. Washington St, Suite 202, Iowa City, IA 52242 (319) 354-3232 http://www.andersonarnold.com/ Individual, couple, family therapy	Yes	No	No	No	Yes Drs. Lehn, Martino, Sanger & Stockman
Clarity Counseling Karen Nelson, PhD 708 Fifth Street Coralville, IA 52241 319-853-8395 knelson@clarity.place	Yes	No	No	No	No
Counseling and Health Center 616 E. Bloomington St, Iowa City, IA 52245 (319) 337-6998 http://iowacitycounselors.com/Home.php Individual, couple, family therapy, psych testing.	Yes	No	No	No	Some
Counseling Center of Iowa City 3030 Northgate Dr, Suite E, Iowa City, IA 52245 (319) 337-6483 http://counselingcenteric.com/indexs.php Individual, couple, family therapy	Yes	No	Latest appt 6:00 pm No Saturdays	Yes	Miller & Trefz accept Medicare

Gersh, Hartson, Payne, Hoffman, and Associates PC 373 Scott Court, Suite A, Iowa City, IA 52245 (319) 338-9960 http://www.ghapsych.com Individual, couple, family therapy, psychological evaluation, abilities assessment, forensic consultations, medication	Yes	Yes	No	No	Some
Integrated Community Therapists, LLC 123 N. Linn St, Iowa City, IA 52245 (319) 337-3357 http://www.ictherapists.com	Yes	Yes	Some evenings, No Saturdays	Yes	Some
David L. Kearns PhD 511 Iowa Avenue Iowa City, Iowa 52240 319-354-8906 dkearns88@gmail.com	Yes	No	Flexible	No	Yes
Meadowlark Psychiatric Services 320 W. Cherry St, North Liberty, IA 52317 (319) 626-3300 http://meadowlarkpsych.com Individual, couple, family counseling, psychiatric evaluation, medication management, psychological testing:	Yes	Yes	No	No	No
Mercy Behavioral Health 1067 Ryan Court, Iowa City, IA 52246 (319) 688-7024 https://mercyiowacity.org	Yes	Yes	Sat options available-	Yes	Yes
Psychiatric Associates of Iowa City 637 Westbury Dr, Suite 201, Iowa City, IA 52245 (319) 356-6352 1290 Jordan St, North Liberty, IA - http://www.psychassociates.net	Yes	Yes	No	No	No
Rein Center https://reincenter.com/about-us/ 2710 North Dodge St. Ste 1, Iowa City, IA 319-400-1311	Yes	Yes	??	No	No
Seashore Psychology Clinic Stuit Hall, University of Iowa 335 Jefferson St, Iowa City, IA 52242 (319) 335-2467 http://psychology.uiowa.edu/seashore-clinic Psychological assessments, individual and couple therapy, parent training, sliding scale Supervised UI doctoral-level clinicians	Yes	No	Eves	Yes	NA
UIHC Women's Wellness and Counseling Service 5300 Pomerantz Family Pavilion, Elevator L, Level 5 Iowa City, IA 52242 (319) 384-5499 https://uihc.org/womens-wellness-and-counseling-service	Yes	Yes	No	Yes	Yes

Mostly individual therapy, occasional couple therapy, medication management					
University of Iowa Counseling Services (great starting spot for UI students) (319) 335-7294 https://counseling.uiowa.edu/services/counseling/ Currently enrolled students may call for a rapid initial assessment One "round" of therapy/per academic year Case managers to help facilitate community referrals if longer term treatment is needed	Yes	No	No	Yes	NA

<i>Cedar Rapids Area</i>					
Abbe Center for Community Mental Health 520 11 th St NW, Cedar Rapids, IA 52405 (319) 398-3562 Psychiatric evaluations, medication management, individual, family, and group therapies (including CBT) -Accepting new patients -Starting back with face-to-face appts -They do offer telehealth or phone appts	Yes	Yes	No	Yes	
Covenant Family Solutions 819 5 th St SE, Cedar Rapids, IA 52401 (319) 375-3119 501 12 th Ave, Ste 100, Coralville, IA 52241 (319)351-1949 http://covenantfamilysolutions.com	Yes	Yes	Some evenings No Saturdays	Yes	?
Cedar Center 1730 1 st Ave NE, Cedar Rapids, IA 52402 (319) 365-3993 http://www.cedarcentreprsych.com/services	Yes	Yes	Evenings No Saturdays	Yes	No
St. Luke's Counseling Center 1077 N Center Point Rd, Hiawatha, IA 52233 (319) 369-7952 -They are doing telehealth appointments	Yes	No	No	Yes	Yes
Olson Marriage & Family Clinic-Mt Mercy University 1650 Matterhorn Dr. NE, Cedar Rapids, IA 52402 (319) 368-6493 https://www.olsonmftclinic.com/services <i>Sliding Fee Scale</i>	Yes	No	M-Th 10a-9p Fri 10a-5pm Sat 8a-2p	No Insurance accepted	NA
Mercy Outpatient Psychiatry, Mercy Medical Center 701 10 th Street SE, Cedar Rapids, IA 52403 (319) 369-4777 https://www.mercycare.org/services/behavioral-services/outpatient-psychiatry/ -Not accepting patients for med mgmt -Accepting new patients for testing -Face-to-face appts – depends on provider -Telehealth/phone appts–depends on provider	Yes	Yes	No	No	Yes