

## **Medical Admission Policy and Algorithm Admission to the DFM Medical-Surgical Inpatient Service Protocol**

### **Family Medicine Inpatient Admission Rules**

*The Family Medicine inpatient service exists to provide excellent care for the patients of our medical home to the extent that we can safely do so and to provide a robust and varied educational experience for our learners. We care for patients of all ages with all types of problems. There is a separate Maternal/Newborn Family Medicine service that provides care for pregnant patients and infants less than 3 months of age.*

### **Admit the following patients to Family Medicine, unless at CAP:**

1. Established patients of Family Medicine. These are patients seen at least once by a UI family physician/APP at one of the UI FM clinics (UIHC, Iowa City-Scott Blvd, IRL-East, River Crossing, North Liberty, Muscatine, Cedar Rapids, Bettendorf clinics) within the last two years and based on the admitting team is the patient likely to follow-up with a UI FM provider. (UI Quick Care/Urgent Care visits and other non-Family Medicine Department affiliated clinic visits do not qualify.)
  - a. Patients may be admitted from (but not limited to) the following locations: UIHC affiliated clinics, UIHC procedure suite, ED, UIHC ICU, direct transfers from outside hospitals, home.
2. Long term care facility (LTCF) residents whose PCP is a DFM physician or APP AND continues to be followed regularly by their PCP at the LTCF
  - a. Exception – Patients seen by DFM providers that only see patients at LTCFs (Dr. Scott Eberly and nursing home APPs) are not admitted to the FM inpatient service
  - b. Includes patients of Dr. Margo Schilling
3. UI varsity athletes with a medical diagnosis.

Note: For Patients < 3 mos, the Family Medicine staff on Mother/Baby call will be placed on the bridge for the admission.

## **Is the Family Medicine inpatient service at absolute or surge CAP?**

Yes—at CAP: the Family Medicine faculty or senior resident/8096 on call will contact ATC staff to go "on" and "off" CAP. This is needed because the EPIC Family Medicine inpatient list is often inaccurate. The Family Medicine staff will instruct the ATC staff to contact instead the appropriate Internal Medicine triage staff: General Medicine triage or Cardiology teaching/CVICU triage who will admit the patient. If the Internal Medicine triage staff has questions, they will contact the Family Medicine faculty physician on call.

No—under CAP: ATC staff will contact the Family Medicine staff and senior inpatient resident on call who will bridge the admission.

### **Family Medicine Absolute CAP (16 patients\* on service):**

1. The senior resident and faculty member are responsible for determining the number of patients on the service.
2. Patients “on the service” include all patients on the FM EPIC inpatient list AND inpatients in the OR, endoscopy suite AND other patients in the ED and clinic who have been triaged with the team and are awaiting admission.
3. Exceptions to the CAP:
  - pediatric patients <18 years old
  - FM inpatient service bounce-back admits\*\* within 5 days (for any admission diagnosis)
  - patients that were admitted to the FM inpatient service and were transferred for a higher level of care during the current admission (MICU/CVICU/SNICU transfers from FM)
  - patients admitted from the UIHC DFM Clinics (excluding Quick Care and Urgent Care)
  - VIP patients (example: DFM employees) or UI Varsity Athletes

*\*Absolute CAP may be temporarily increased at the agreement of the FM Inpatient Director and Residency Program Leadership due to extenuating circumstances*

*\*\* Does not include bounce backs for patients admitted on non-FM inpatient services.*

## **Family Medicine Inpatient Surge CAP (4 admissions/shift):**

The family medicine service will admit 8 patients in a 24-hour period, with no more than 4 admissions per shift.

The shift is defined by the hours of the supervising senior resident on service.

### **Shift Hours:**

1. Weekdays (M-F): 7 AM-6PM, 6PM-7AM
2. Saturdays/Holidays: 7AM-7PM, 7PM-7AM
3. Sundays: 7AM-830PM, 8:30 PM-7AM

The family medicine inpatient service will continue to admit patients that meet the same above criteria for exceptions to our service CAP even if the surge cap is met.

## **UIHC DFM Clinic List**

University of Iowa Hospitals and Clinics  
200 Hawkins Drive, Iowa City, IA

North Liberty- Lininger Lane  
1765 Lininger Lane, North Liberty, IA

Iowa River Landing East  
920 East 2<sup>nd</sup> Avenue, Coralville, IA

Scott Boulevard  
3640 Middlebury Road, Iowa City, IA

Cedar Rapids – 10<sup>th</sup> Street SE  
411 10<sup>th</sup> Street SE, Cedar Rapids, IA  
Muscatine  
3465 Mulberry Ave, Muscatine, IA

Bettendorf  
865 Lincoln Road, Bettendorf, IA

River Crossing  
3056 River Crossing Court, Riverside, IA

\*Individual providers may be referenced at [UIHC's DFM Website](#).