

Newborn Baby Hat Pattern and Instructions

Volunteers knit or crochet baby hats for each and every newborn baby at University of Iowa Health Care. More than 2,000 hats are needed each year!

Each hat should have a **16-inch circumference (stretched)** and be **7-8 inches in height**.

Directions for a Crocheted Hat

1. Use a G crochet hook. Chain 34, then turn.
2. Single crochet in each chain, starting with second chain from hook. Make 33 stitches.
3. Chain one, turn, single crochet in each stitch across, always picking up the back loop of the stitch. This will make a rib effect.
4. When a piece measures about 7-8 inches high and at least 7 inches wide, slipstitch together.
5. Draw together to make a top and pompom.

Directions for a Knitted Hat

1. Use a Size 6 needle. Cast on 30 stitches.
2. Knit one row, purl one row, knit one row. Repeat 24 times (72 rows total). Bind off.
3. With yarn needle, draw one long edge of knitting together.
4. Sew short edges together and add pompon on top.



Basic Back Loop Newborn Baby Hat Instructions

Materials:

- Bernat Super Value (Any Worsted Weight Yarn)
- 65 Yards for Newborn Hat
- Crochet Hook – H/5mm
- Gauge: 16 hdc sts x 8 rows = 4" square

Pattern Notes:

- The ch-1 at the beginning of the row does not count as a stitch
- For the duration of the pattern, work into the back loop only

Newborn Baby Hat Pattern

1. Row 1: Ch-29, hdc in 2nd ch from hook and in each to end. (28)
2. Rows 2-24: Ch-1, turn, hdc in blo of each st to end. (28)
3. Fasten off leaving a super long tail



4. Line up first row to last row and sew using the Mattress Stitch (you can also slip stitch the ends)



Basic Back Loop Newborn Baby Hat Instructions (continued)

5. When you reach the top, feed yard needle through the ends of the rows, cinching up as you go.



6. Sew end closed and flip hat right side out.



7. You can add a faux pompom, decorative loop, or leave it as is!



*This pattern was found on  HEART HOOK HOME

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