

Fleece Tie Blanket Instructions

Fleece tie blankets are comforting for patients during their stay with UI Health Care and are always in high demand! Gender and age-neutral patterns and colors are highly recommended and preferred so they can be used for teen and adult populations.

Supplies

- Two pieces of fleece fabric, 1.5 – 2 yards long for each
- Scissors

Directions for a fleece tie blanket

1. Lay the two pieces of fleece, back sides together
2. Trim off any excess material so that they are the same size
3. Cut out a 4" square through both pieces of fabric at each corner to prevent bunching of the material in the corners and to making tying easier



4. Cut out slits through both pieces of fabric about 1" wide and 3" deep all the way around all four sides



5. Tie each top and bottom slit together with a double knot all the way around all four sides

