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“This fellowship allowed me to enter into a specialty field I always aspired to practice in.

I was forced out of my comfort zone and challenged to practice at levels I never thought obtainable. All of this was made possible by the physician attendings who served as exceptional mentors and teachers. I always felt supported, and that my success was their primary goal. Further, I was treated as an equal by the physician co-fellows.

The knowledge I acquired in one year has more than prepared me for a lengthy career in addiction medicine. In fact, I have secured a job at the conclusion of this fellowship which I was able to hand pick. None of this could have come to fruition without the ISTP program.

- Alix Stalmakov,

2024 Program Graduate

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Purpose

The University of Iowa's Integrated Substance Use Disorder Training Program's (ISTP) aim is to increase the number of addiction medicine specialty-trained nurse practitioners and physician assistants. This program will train two Advanced Practice Providers (APPs) annually. Each position includes a stipend plus fringe benefits. ISTP trainees will develop expertise in:

- Diagnosis and management of substance use disorders and withdrawal.
- Medication for addiction treatment (MAT)
- Motivational interviewing
- Management of co-occurring medical and psychiatric conditions
- Harm reduction
- Principles of counseling to strengthen recovery

Eligibility Requirements

- US citizen or legal permanent resident
- Currently licensed or license-eligible nurse practitioner or physician assistant (PA) in Iowa
- Willingness to work full-time during training year
- Interest in serving as an addiction medicine specialist to your practice and/or area

Highly Desirable

- Psychiatric experience **AND/OR**
- Experience as an independent provider

More information:

<https://uihc.org/app-residencies-and-fellowships>



UNIVERSITY OF IOWA HEALTH CARE
DEPARTMENT OF PSYCHIATRY

ADDICTION AND RECOVERY COLLABORATIVE



Integrated Substance Use Disorder Training Program

Our goal is to meet the increasing demand for behavioral health care services in underserved communities by training health professionals to provide high quality integrated mental health and substance use disorder treatment.

Curriculum

The program runs on an academic year, July 1 to June 30. The curriculum consists of 13 consecutive 4-week blocks. Sample schedule below:

BLOCK 1	BLOCK 2	BLOCK 3	BLOCK 4
ADDICTION MEDICINE CONSULT SERVICE	CONSULTATION/ LIAISON PSYCHIATRY	ADDICTION MEDICINE CONSULT SERVICE	OUTPATIENT CLINICS & COMMUNITY MH/SUD

BLOCK 5	BLOCK 6	BLOCK 7	BLOCK 8
OUTPATIENT CLINICS & COMMUNITY MH/SUD	OUTPATIENT CLINICS & COMMUNITY MH/SUD	ELECTIVE	ADDICTION MEDICINE CONSULT SERVICE

BLOCK 9	BLOCK 10	BLOCK 11	BLOCK 12
ELECTIVE	ADDICTION MEDICINE CONSULT SERVICE	OUTPATIENT CLINICS & COMMUNITY MH/SUD	OUTPATIENT CLINICS & COMMUNITY MH/SUD

BLOCK 13

OUTPATIENT
CLINICS &
COMMUNITY
MH/SUD

- Consult rotations take place at University of Iowa Health Care.
- Outpatient and Community Clinics rotations include MAT Clinic, Walk-In MAT Clinic, Mobile MAT Clinic, Abbe Center for Community Mental Health, and ASAC/Heart of Iowa.

Lecture Series

The University of Iowa Addiction and Recovery Collaborative (UI ARC) hosts the Addiction Medicine Lecture Series, which is two hours/week of didactics covering a wide variety of addiction medicine topics spanning clinical care, research, and policy. Faculty physicians, residents, fellows, medical students, nurses, nurse practitioners, social workers, physician assistants, psychologists, and other staff participate in didactics via in-person attendance and/or video conferencing.

ACAAM Membership and Didactics

Trainees will have membership and access to two hours of didactics each week through the American College of Academic Addiction Medicine (ACAAM).

Conference Attendance

All trainees will have the opportunity to attend a national addiction medicine conference and a regional or state conference.

How to Apply

To initiate your formal application process, please forward the following materials to our program coordinator, Amanda Eleazer, via email: amanda-eleazer@uiowa.edu.

- Curriculum vitae (CV)
- Headshot
- Personal statement
- Two letters of recommendation are also requested, authors to send directly to the program coordinator

Completed submissions will be reviewed within four weeks and invitations for interviews will be extended.

Leadership

Brigid Adviento, MD, MPH
Program Director

Medical School:
Tulane University School of Medicine
Residency:
University of Iowa Carver College of Medicine
Primary Specialty:
Psychiatry, Internal Medicine
Practice Location:
UI Health Care



Ben Miskle, PharmD
Assistant Program Director

Pharmacy School:
University of Missouri Kansas
City College of Pharmacy
Residency: Chillicothe VA
Medical Center -
Psychiatric Pharmacy
Practice Location: UI Health Care



Alison Lynch, MD, MS
Principal Investigator
Director, UI Addiction and Recovery Collaborative

Medical School:
University of Iowa Carver College of Medicine
Residency:
University of Iowa Carver College of Medicine
Primary Specialty:
Psychiatry, Family Medicine
Practice Location:
UI Health Care