

New to Iowa City







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Welcome to Your New Home, Iowa City

Anytime you move into a new city or town it can take a while until you feel like it truly is home. Knowing the who, what, and where you can find life's essentials can play an integral role in helping you feel welcome and getting into new routines. We're proud to present to you a list of some of these essentials to make your move as smooth as possible.

Each person has their own individual preferences so begin with where you feel is most appropriate. Ask your friends and colleagues what they like and dislike about the places they use and frequent to make your own decision as to where you choose to go. Like any list, we do our best to keep it current but appreciate notification of any addition, deletions, and address changes.

Welcome to your new home and, if you haven't heard it yet, be prepared for the familiar phrase, "Go Hawks!"

General UI Health Care Employee Resources

- Employee Self-Service Portal
- University of Iowa Health Care Daily Food Services Menus
- University of Iowa Employee Discounts

Grocery Stores

- Aldi | 760 Ruppert Road
- CommUnity Food Bank | 1045 US-6 E
- El Paso Tacqueria and Latin Market (Yelp) | 609 Hollywood Boulevard
- Fareway
 - 2765 Commerce Drive
 - 2530 Westwinds Drive
- Hy-Vee
 - 1720 Waterfront Drive
 - 812 South First Avenue
 - 1125 North Dodge Street
- lowa City African & Oriental Market | 1055 US-6 E
- <u>lowa City Asian Market (Facebook)</u> | 624 S Gilbert Street
- Iowa City Halal and Grocery (Facebook) | 1806 Boyrum Street
- New Pioneer Co-op | 22 S. Van Buren



Health Care

- Find a UI Health Care Provider
- Find a MercyOne Provider

Dental Care

- Advanced Dentistry of Iowa City | 1513 Mall Drive
- <u>lowa City Dental Health</u> | 2109 Rochester Avenue
- <u>lowa City Family Dentistry</u> | 757 Benton Street
- Melrose Dental Office | 1000 Melrose Avenue
- <u>University of Iowa College of Dentistry</u> | Options available for faculty or pre-doctoral students (discounts may apply)

Banks and Credit Unions

- Green State Credit Union
 - o 500 Iowa Avenue
 - o 2525 Muscatine Avenue
 - o 825 Mormon Trek Boulevard
- Hills Bank and Trust
 - o 200 Hawkins Drive (location in UIHC)
 - o 201 South Clinton
 - o 2621 Muscatine Avenue
 - o 1401 South Gilbert Avenue
- MidWestOne Bank
 - o 102 South Clinton
 - 1906 Keokuk Street
 - o 2233 Rochester Avenue
- U.S. Bank | 2312 Mormon Trek Boulevard
- Wells Fargo | 103 E College Street



Pharmacies

- CVS | 201 S Clinton Street
- Hy-Vee
 - o 1720 Waterfront Drive
 - 812 South First Avenue
 - o 1125 North Dodge Street
- Hy-Vee Drugstore | 310 North First Avenue
- Towncrest Pharmacy | 2306 Muscatine Ave
- <u>University of Iowa Hospitals & Clinics</u> | Level 1, near elevator C and Level 2, near elevator L
- Walgreens | 2214 Muscatine Ave
- Walmart | 919 Hwy 1W

Insurance

- AAA lowa City
- Allstate Jordan Agency
- American Family Insurance Andrew Pelzer
- American Family Insurance Erik Mickalson
- American Family Insurance John Raley
- Farmers Insurance Don Naughton
- Relion Insurance Solutions
- State Farm Boyd Murray
- State Farm Carolina Espinoza
- State Farm Chad Burtch
- State Farm Nanci Kohl

Coffee Shops

- Cortado Coffee and Cafe | 26 South Clinton Street
- Daydrink Coffee | 125 S Dubuque Street, Iowa City, IA
- High Ground Café | 301 E Market Street
- <u>The Java House</u> | 211 East Washington Street, 1575 South 1st Avenue, 713 Mormon Trek Boulevard, Pappajohn Biomedical Discovery Building Second Floor 169 Newton Road
- Mammita's (Latinx Infusion) | 224 S Linn Street
- Sidekick Coffee and Books | 1310 ½ Melrose Avenue
- Wild Culture Kombucha Bar | 210 N Linn Street



Restaurants

- Baroncini | 104 South Linn Street
- Basta | 121 Iowa Avenue
- Big Grove Brewery and Taproom | 1225 South Gilbert Street
- <u>Blackstone</u> | 503 Westbury Drive
- Bluebird Diner | 330 E Market Street
- Bread Garden Market | 225 South Linn Street
- Casa Azul | 335 S Gilbert Street
- <u>Dumpling Darling</u> | 213 Iowa Avenue
- Encounter Cafe | 376 South Clinton Street
- Estela's Fresh Mex | 184 E Burlington Street
- Formosa | 221 East College Street
- Goosetown Café | 203 N Linn Street
- Hamburg Inn No. 2 | 214 N Linn Street
- Heirloom Salad Company | 211 East Washington Street
- Her Soup Kitchen | 625 South Dubuque Street
- <u>lowa Chop House</u> | 223 E Washington Street
- <u>JiangHu Asian Street Food</u> | 110 E Court Street
- <u>Jimmy Jack's Rib Shack</u> | 1940 Lower Muscatine Road
- <u>La Regia</u> | 436 Highway 1 West
- Mesa Pizza | 114 E Washington Street
- Mickey's Irish Pub | 11 South Dubuque Street
- Midtown Family Restaurant | 1069 Highway 1 West and 200 Scott Court
- Oasis Falafel | 206 N Linn Street
- Orchard Green | 521 South Gilbert Street
- Pagliai's Pizza | 302 East Bloomington Street
- Pullman Bar and Diner | 17 S Dubuque Street
- Ramen Belly | 1010 Martin Street
- Short's Burger & Shine | 18 South Clinton Street and 521 Westbury Drive
- Stella | 1006 Melrose Avenue (down the street from UIHC; popular lunch spot)
- Thai Spice Noodle House | 725 Mormon Trek Boulevard
- Wig & Pen Pizza | 363 N 1st Avenue



City Resources

- Farmers Market
- Garbage Disposal
- Parks and Recreation
 - o Benton Hill Park | 615 W Benton Street
 - o City Park | 200 Park Road
 - Hickory Hill Park | 800 Conklin Street (N. Entrance),1439 Bloomington Street (S. Entrance)
 - o lowa City Kickers Soccer Park | 4400 Soccer Park Road
 - o Mercer Park | 1317 Dover Street
 - o Rita's Ranch Dog Park/Scott Park | 640 South Scott Boulevard
 - Skateboard Park | 1209 North Dubuque Street/Taft Speedway
 - o Terry Trueblood Recreation Area | 579 McCollister Boulevard
 - o Tower Court Park | 1124 Tower Court
 - o Willow Creek Park | 1117 Teg Drive
- Public Library
- Utilities
 - Cable/Dish Providers
 - DirectTV
 - DISH Network
 - Mediacom
 - Electric/Gas
 - MidAmerican Energy | Serves most of the lowa City area
 - <u>Eastern Iowa Light and Power Cooperative</u> | Serves a small portion of southern Iowa City

Internet Service Providers

- CenturyLink
- HughesNet
- ImOn Communications
- Mediacom
- Rise Broadband
- Viasat
- Windstream
- o Water/Sewage



Transportation and Registration

- <u>Driver's License Station</u> | 1700 South First Avenue
- <u>UI Employee Parking Information</u>
- Post Office
- Voter Registration

Schools

Elementary School

- o Alexander Elementary School | 3571 Sycamore Street
- Faith Academy | 1030 Cross Park Avenue
- o Hoover Elementary School | 1355 Barrington Road
- o Horn Elementary School | 600 Koser Avenue
- o Lemme Elementary School | 3100 East Washington Street
- <u>Lincoln Elementary School</u> | 300 Teeters Court
- o Longfellow Elementary School | 1130 Seymour Avenue
- o Lucas Elementary School | 830 Southlawn Drive
- o Mann Elementary School | 521 North Dodge Street
- o Regina Elementary School | 2140 Rochester Avenue
- Shimek Elementary School | 1400 Grissel Place
- o Twain Elementary School | 1355 Deforest Avenue
- Weber Elementary School | 3850 Rohret Road
- o Willowwind School | 950 Dover Street
- o Wood Elementary School | 1930 Lakeside Drive

Middle School

o South East Junior High School | 2501 Bradford Drive

High School

- o City High School | 1900 Morningside Drive
- Regina Catholic Education Center | 2150 Rochester Avenue
- Tate High School | 1528 Mall Drive
- o West High School | 2901 Melrose Avenue



Nail Salons

- Candy Nails (Faceboook) | 201 S. Clinton Street
- Elite Nails (Facebook) | 205 E. Burlington Street
- Galaxy Nails | 9 Hwy 1
- Groovy Katz Salon & Spa | 1565 S. 1st Avenue
- Secret Nails (Facebook) | 1644 Sycamore Street
- Twin Image Salon Spa | 121 W. Benton Street

Hair Stylists

- Buzz Salon | 110 S. Dubuque Street
- Groovy Katz Salon & Spa | 1565 S. 1st Avenue
- HABA Salon | 212 E. Market Street
- The Hairport (Facebook) | 403 IA-
- Nova Salon | 1210 S. Gilbert Street
- Thompson & Co. Salon Parlor | 513 E. Washington Street
- Top Notch Cuts Barber (Facebook) | 353 E. College Street
- Twin Image Salon Spa | 121 W. Benton Street
- The Wave Length | 1705 S. 1st Avenue
- Zen Salon and Spa | 4 South Linn Street