

Empowering Excellence: Every Nurse a Leader

April 29 – 30, 2026

Hyatt Regency Hotel & Conference Center | Coralville, Iowa

PURPOSE

All nurses are leaders by their actions, knowledge, skills, and influence to positively impact patient outcomes. Leaders in all capacities are needed within the healthcare system from patient care to fostering a healthy work environment to operational efficacy. New opportunities and challenges exist within workforce and healthcare infrastructures, creating a need for contemporary leadership approaches to deliver evidence-based care.

This conference is designed to develop leaders at all levels through use and implementation of evidence-based practice (EBP). Participants will walk away with actionable ideas to foster their personal and professional growth. Learn about cutting-edge developments in topics impacting leadership in fast-paced healthcare settings to address highly complex patient needs. Join participants from across the U.S. and the world, to network with EBP experts, faculty, and clinicians motivated to make a difference in health care.

OBJECTIVES

- Describe evidence-based leadership approaches for improving healthcare outcomes.
- Discover emerging science related to EBP implementation leadership.
- Facilitate networking to advance application of EBP and improve health care outcomes.

REGISTRATION

Conference Cost: \$250 if paid by 3/2/2026 or \$300 after

1. Register at uihc.org/national-evidence-based-practice-conference
 - Open the Registration and Payment tab
 - Click Register; provide your information and select the concurrent sessions you'd like to attend
 - Participants must preregister and will receive an email confirmation
2. Registration fee may be paid by:
 - Credit card at uihc.org/national-evidence-based-practice-conference
 - Open the Registration and Payment tab
 - Click on Make Payment, select Events and Programs, then EBP Conference, and then the correct fee
 - Check payable to University of Iowa Health Care Department of Nursing
 - Mail to University of Iowa Health Care; Attn: Rosanna Seabold, Department of Nursing
 - 200 Hawkins Dr, T100 GH; Iowa City, IA 52242



Dietary requests: Please note in registration.

Cancellations: Please email request to kristen-rempel@uiowa.edu by 3/20/2026 to receive a refund less a \$75 processing fee. Refunds will not be granted after 3/20/2026, however, substitutions are permitted.

WEDNESDAY, APRIL 29

8:00 am – 12:00 pm

Veterans Affairs (VA) Nurses Program

Interested nurses who are not VA employees are welcome to attend. Registration is fee.

8:30 am – 11:30 am

Pre-Conference Workshop – Lead the Change: Applying the Iowa Model for EBP Success

All EBP conference participants are welcome to attend, see additional registration fee.

Learn to effectively lead and implement evidence-based practice (EBP). This preconference workshop is designed to provide a comprehensive, step-by-step approach to the EBP process, utilizing The Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care® framework. Interactive, small-group activities, led by expert presenters and facilitators, will offer practical application approaches to foster understanding and address EBP questions.

12:00 pm – 1:00 pm

Conference Registration | Poster Setup

1:00 pm – 2:25 pm

Welcome | Kim Hunter, DNP, MBA, RN, NEA-BC

Keynote | Nurses: Architects of the Health Care Future | Jackie Medland, PhD, RN, NEA-BC

2:25 pm – 3:25 pm

Art of Saying NO & YES | Michelle Williams, PhD

3:25 pm – 3:55 pm

Break | View Posters

3:55 pm – 4:55 pm

Every Nurse a Leader: Everyone Concurrent Sessions

Patient

- **An Oral Care Protocol for Non-Ventilated ICU Patients to Address NV-HAP***
- **Engaged and Aware: A Patient Centered Approach to Fall Prevention***
- **Rest Assured: Sleep as Medicine Against Delirium***

Nurse

- **Innovation: From Idea to Impact** | Jackie Medland, PhD, RN, NEA-BC
- **From Retention to Resilience: Peer Mentorship as an EBP Strategy for Nurse Engagement***

Manager

- **Nurse Manager Transition to Leadership Program***
- **The Implementation Climate for EBP: Perceptions of Informal and Formal Nurse Hospital Leaders***
- **From Insight to Impact: A Synthesis of Barriers and Enablers to EBP Leadership Among Nurse Managers in Acute Care***

4:55 pm – 6:00 pm

Reception | View Posters

THURSDAY, APRIL 30

7:00 am – 8:00 am Continental Breakfast | View Posters | Visit Vendors

8:00 am – 9:25 am Welcome
Keynote | How to Invest in Yourself to be a Leader-Advocate | Paule Joseph, PhD, CRNP, FAAN

9:25 am – 10:10 am Implementation Leadership Panel

10:10 am – 10:40 am Break | View Posters | Visit Vendors

10:40 am – 12:00 pm Every Nurse a Leader: Everywhere Concurrent Sessions

Hospital

- Collaborate to Elevate: Improving Teamwork Between Nurses and Nursing Assistants on Medical-Surgical and Acute Rehab Units*
- Structured Post-Incident Check-Ins to Identify Gaps in Workplace Violence Prevention and Recovery*
- Medication Mindfulness: A Nurse-Led Proton Pump Inhibitor Medication Review Initiative*
- Special Pathogens Unit: Activating the Unit and Bringing EBP into the Unit

Care Transitions

- Teach-Back Method and Eye-Level Communication for Improved Home Care Instructions Satisfaction*
- Empowering Family Members to Critical Care Patients with Hands-Only CPR Training*
- Prognostic Performance of NEWS/NEWS2 in Adult ED Patients: A Targeted Systematic Review*
- An Interdisciplinary Approach to Patients Leaving Against Medical Advice*

Community

- Health Care Hotspotting and the Home Health Universal Best Practice Protocol*
- Testing a Speed vs Safety Scale Among Young Adults on Farms
- How the Implementation Science Center Reaches Rural Influencers
- What, When, and How: Implementation Strategies Used Across Diverse Enterprise-Wide Initiatives*

12:00 pm – 12:30 pm Buffet Lunch

12:30 pm – 1:00 pm View Posters | Visit Vendors

THURSDAY, APRIL 30

1:00 pm – 2:20 pm **Every Nurse a Leader: Every Possibility** Concurrent Sessions

Inquiry

- **Smell and Taste Research** | Paule Joseph, PhD, CRNP, FAAN
- **Understanding Differences in the System-Wide Implementation of a Fall Prevention Plan***
- **Citation Managers to Organize Evidence: Tools, Comparisons, and Tips**

Professional Practice

- **Every Nurse a Leader: Advancing Shared Governance Through the NCC at VA NCHCS***
- **Defining Nursing Professional Practice: Evidence-Based Professional Development Initiatives***
- **Scaling EBP: A Virtual Interprofessional, Mentored Fellowship Program***
- **Less Text, More Impact: Designing Nursing Posters that Attract and Engage***

Leadership

- **Measuring Unit Coordinator Confidence and Job Satisfaction Before and After a Pilot Fellowship Program***
- **The Power of Pause: Implementation of Decompression Huddles in Ambulatory Specialty Care Clinics***
- **You're NOT on Your Own, Kid: Wellness Activities to Enhance Peer Support for Nurse Residents***
- **Informal Leadership: A Journey to Improve Inpatient Clinical Trial Coordination***

2:20 pm – 2:50 pm **Break | Visit Vendors**

2:50 pm – 3:25 pm **2026 National EBP Conference Awards: Celebrating Excellence**

3:25 pm – 4:05 pm **Plenary Session**

4:05 pm – 4:50 pm **Life Design for Nursing Leadership** | David Gould, MA

4:50 pm – 5:00 pm **Closing and Prizes**

*Presentations selected from submitted abstracts and presentation titles, names, and credentials are listed as submitted. Content considerations and selection of presentations are the responsibility of the planning committee. Companies providing financial support have no input in these areas. Persons participating as speaker will disclose the nature of any existing relationships with companies providing support.