

Mind the Gap – Addressing Occupational Exposures with Evidence-Based Action for Nursing Workforce Preservation

PURPOSE

Nurses must find new ways to promote evidence-based care across the care continuum, while facing the global nursing shortage. This program is designed to promote nursing provision of evidence-based practice (EBP) and provide solutions to create a work environment addressing organizational systems and cumulative occupational exposure faced by clinicians that promotes their health and preserves the workforce.

Conference participants will learn cutting-edge developments in topics impacting the ability of nurses and interprofessional team members to work in fast-paced healthcare settings and address highly complex patient needs that create risk for clinicians, patients, and their families. Participants come from across the U.S. and the world, creating an opportunity to network with EBP experts, faculty, and clinicians motivated to make a difference in health care. The program is designed to meet the needs of practicing nurses, interprofessional team members, leaders, faculty, and experts.

OBJECTIVES

- Describe how to create a work environment for health care workers that promotes health, prevents trauma, and retains them across their career.
- Provide the evidence-base for occupational exposures health care workers face and solutions that cross patient populations and the continuum of care.
- Facilitate networking to advance application of EBP to improve health care outcomes.

REGISTRATION

Conference Cost: \$230 by 3/1/2025 or \$275 after

1. Register at uihc.org/national-evidence-based-practice-conference
 - Open the Registration and Payment tab
 - Click Register; provide your information and select the concurrent sessions you'd like to attend
 - Participants must preregister and will receive an email confirmation
2. Registration fee may be paid by:
 - Credit card at uihc.org/national-evidence-based-practice-conference
 - Open the Registration and Payment tab
 - Click on Make Payment, select Events and Programs, then EBP Conference, and then the correct fee
 - Check payable to University of Iowa Health Care Department of Nursing
 - Mail to University of Iowa Health Care; Attn: Rosanna Seabold, Department of Nursing
 - 200 Hawkins Dr, T100 GH; Iowa City, IA 52242



To cancel, please email request to kristen-rempel@uiowa.edu by 3/31/2025 to receive a refund less a \$50 processing fee. Refunds will not be granted after 3/31/2025, however, substitutions are permitted. Registration cost covers program materials, continuing education hours processing, invited faculty expenses, and program provided catering. Special dietary requests may be noted in online registration.

32nd National Evidence-Based Practice Conference April 16-17, 2025

Mind the Gap – Addressing Occupational Exposures with Evidence-Based Action for Nursing Workforce Preservation



EBP CONFERENCE SCHEDULE WEDNESDAY, APRIL 16

7:00 am – 8:00 am
(Coral Foyer & DE)

Conference Registration | Vendor Setup | Poster Setup

8:00 am – 9:40 am
(Coral ABC)

Welcome | Julie Zerwic, PhD, RN, FAHA, FAAN

Keynote | Bridging the Gap Between Safety and Well-Being: Creating a Thriving Workforce
Diane Rohlman, PhD

9:40 am – 10:10 am
(Coral Foyer & DE)

Break | View Posters

10:10 am – 11:50 am

Concurrent Sessions (includes a break)

(Coral A)

Implementation

- **Safe Patient Handling Strategies** | Martha Blondin, MSN, RN, ONC; Donna Dolezal, MSN, RN, CPAN, CAPA; Marcus Seaton, MS, PT, CEAS-III; Karen Stenger, MAN, RN, CCRN
- **System-Wide Fall TIPS Implementation: A Standardized Fall Prevention Strategy** | Holly Rollo, MSN, RN, NEA-BC*; Sean Williams, MS, BSN*
- **Fatigue Mitigation – Where We Are and Where We Need To Go** | Amany Farag, PhD, RN; Laura Cullen, DNP, RN, FAAN; Elyse Laures, PhD, RN

(Coral B)

Call to Action

- **Hand Hygiene, PPE, and Me: Keeping Yourself and Your Patients Safe** | Loreen Herwaldt, MD
- **Addressing Substance Use Among Clinicians** | Alison Lynch, MD, MS

(Coral C)

Leading in Practice

- **Harnessing the Power of Leadership** | Elizabeth Beam, PhD, RN
- **Evaluation of the Iowa Implementation for Sustainability Framework at a Large, Complex Medical Center** | Pam DeGuzman, PhD, RN*
- **Advancing General Inpatient Hospice on a Medical-Oncology Unit: An EBP Project** | Scott Christensen, PhD, MBA, APRN, ACNP-BC*

*Presentations selected from submitted abstracts and presentation titles, names, and credentials are listed as submitted. Content considerations and selection of presentations are the responsibility of the planning committee. Companies providing financial support have no input in these areas. Persons participating as speaker will disclose the nature of any existing relationships with companies providing support.

EBP CONFERENCE SCHEDULE WEDNESDAY, APRIL 16

11:50 am – 12:30 pm
(Exhibit Hall)

Buffet Lunch

12:30 pm – 1:00 pm
(Coral Foyer & DE)

View Posters

1:00 pm – 2:20 pm

Concurrent Sessions

(Coral A)

Empower

- **Harnessing the Power of Education** | Elizabeth Beam, PhD, RN
- **After the Storm: Navigating Nurse Wellness in Rural America** | Karen Robinson, PhD, RN, FAAN*; Samantha Bartelt, MSN, APRN, PMHNP-BC*
- **Empowering Calm in Crisis: Strategies for Responding to Patient Agitation and Behavioral Emergencies** | Sarah Baker, MSN, RN*; Caleb Bowron, BSN, RN*

(Coral B)

Iowa Model

- **Leveraging the Iowa Model: Meaningful Recognition** | Donna Dolezal, MSN, RN, CPAN, CAPA; Michele Farrington, BSN, RN, PMGT-BC; Cassandra Fowler, MSN, RN, NPD-BC; Seth Jackson, BSN, RN, E-AEC; Mariah Meier, BSN, RN; Geri Quinn, MSN, RN, OCN

(Coral C)

Mentorship

- **Nurse Manager Mentor Program: A Multifaceted Approach for Mentoring Nurse Leaders** | Heidi Robinson, DNP, RN, CNML*
- **Implementation of an Improved Preceptor Professional Development Program** | Patrick Wilcox, PhD, RN, CNL, NPD-BC*; Kimberly Walker, PhD, MSN, RN*
- **Choose Your Own Adventure: Development of a Clinical Inquiry Decision Framework** | Elizabeth Sheehan, BSN, RN, CCRN*; Jodie Pufundt, DNP, APRN-CNS, RNC-NIC, EBP-C*
- **The Impact of the EBP Mentor on Nurses: A Scoping Review** | Joris Agnel, MS*

2:20 pm – 2:50 pm
(Coral Foyer & DE)

Break | View Posters

2:50 pm – 3:20 pm
(Coral ABC)

2025 National EBP Conference Awards: Celebrating Excellence | Laura Cullen, DNP, RN, FAAN

3:20 pm – 4:20 pm
(Coral ABC)

Criminalizing Errors | RaDonda Vaught, BSN

4:20 pm – 5:20 pm
(Coral DE)

Reception | View Posters

EBP CONFERENCE SCHEDULE THURSDAY, APRIL 17

7:00 am – 8:00 am (Coral Foyer & DE)	Continental Breakfast View Posters
8:00 am – 9:25 am (Coral ABC)	Welcome Kim Hunter, DNP, MBA, RN, NEA-BC Keynote The Power of Nursing in the Pandemic & Beyond Elizabeth Beam, PhD, RN
9:25 am – 9:55 am (Coral DE)	Break View Posters
9:55 am – 10:55 am	Concurrent Sessions
(Coral A)	Prepare <ul style="list-style-type: none"> Workplace Violence Alison Harmon, MSN, RN, CEN Improving Safety of Staff Caring for Patients on Hazardous Drugs Across the Continuum of Care Autumn Gode, APRN, CNS-BC*; Andrea Johnson, DNP, APRN, AGCNS-BC* Injury Trends Across Healthcare Subsectors After the Minnesota Safe Patient Handling Act Adam Moskowitz, PD
(Coral B)	Prevent <ul style="list-style-type: none"> Disruptive Challenging/Interesting! Patients/Visitors/Staff: De-escalation Strategies, Safety and Next Steps for Nursing Peter Berkson, BA, CTM; Swarnima (Nima) Chaudhary, MPH
(Coral C)	Protect <ul style="list-style-type: none"> Aggressive Behavior Risk Assessment Tool for Hospitalized Patients in Non-Psychiatric Inpatient Units Lyndsi Hall, DNP, RN*; Chris Vejnovich, DNP, APRN-CNS, AGCNS-BC, CDP, CADDCT, PCCN-K* Civility in Crisis: The True Cost of Incivility Affecting Nurses in the Emergency Department Ashley Huizar, BSN, RN, TNS, ECRN, CEN* Healing Hands, Hidden Hazards: Unmasking Workplace Violence in the Emergency Department Jennifer Kennedy-Stringham, MSN, RN, CMSRN, NE-BC, NPD-BC, CNE*
10:55 am – 11:25 am (Coral Foyer & DE)	Break View Posters (last chance)
11:25 am – 11:55 am (Coral ABC)	Endnote Speaking Up for Safety: Using Upward Voice to Promote Implementation Amy Colbert, PhD
11:55 am – 12:00 pm (Coral ABC)	Closing Laura Cullen, DNP, RN, FAAN

VETERANS ADMINISTRATION (VA) NURSES PROGRAM THURSDAY, APRIL 17

Interested nurses who are not VA employees are welcome to attend! Registration is free.

1:00 pm – 4:30 pm (Coral ABC)	VA Program
----------------------------------	------------

FEATURED SPEAKERS



RaDonda Vaught, BSN was the subject of one of the highest profile healthcare criminal cases in recent years. While working as a BSN prepared registered nurse, Mrs. Vaught committed a medication error that ended the life of a patient in 2017.

She was charged under administrative law by the Tennessee Department of Health, leading to the revocation of her nursing license by the Tennessee Board of Nursing in a July 2021 hearing. Additionally, she was charged under criminal law and found guilty by jury trial of two felony charges in March of 2022: Negligent Homicide, and Abuse of an Impaired Adult, with placement on an Elder Abuse registry in the state of Tennessee.

Mrs. Vaught is uniquely qualified to speak first-hand on the impact this sentinel event has had on her life and her profession, along with the implications of the legal actions that followed. A passionate advocate for safety and improvement, her story will be one that is not easily forgotten.



Elizabeth Beam, PhD, RN is an Associate Professor and has worked on an emergency preparedness grant at University of Nebraska Medical Center College of Nursing since 2005. She was the educator for the Nebraska Biocontainment Unit in 2014 when Ebola virus disease was treated in the US. Dr. Beam has done further research on health care worker behaviors and respiratory protection for situations like the COVID-19 pandemic.



Amy E. Colbert, PhD is a Professor of Management & Entrepreneurship in the Tippie College of Business and a University of Iowa Distinguished Chair. Amy's research focuses on the ways in which individuals connect with their work, their co-workers, their supervisors, and their organizations in ways that motivate and sustain them. She also studies leaders, examining the factors that contribute to effective leadership and the mechanisms by which leaders achieve results. Finally, she is interested in how identity shapes beliefs and decisions.



Diane Rohlman, PhD is the Associate Dean for Faculty Affairs at University of Iowa College of Public Health and a professor in Occupational & Environmental Health, where she holds the Endowed Chair in Rural Health and Safety. She directs the Healthier Workforce Center of the Midwest and the Agricultural Safety and Health Training Program in the Heartland Center for Occupational Health. Her research focuses on the health effects of Occupational and environmental exposures, particularly among younger workers and includes studies on pesticide exposure in agricultural settings and the influence of lifestyle factors on workplace safety, health, and well-being.

SPEAKERS

Joris Agnel, MS; University Teacher; Aix-Marseille University, Marseille, France

Sarah Baker, MSN, RN; Mental Health Nurse; Allina Health, Minneapolis, MN

Samantha Bartelt, APRN, MSN, PMHNP-BC; Psychiatric Mental Health Nurse Practitioner; Sanford Health, Fargo, ND

Elizabeth Beam, PhD, RN; Associate Professor; University of Nebraska Medical Center College of Nursing, Omaha, NE

Peter Berkson, BA, CTM; Behavioral Threat Assessment Manager; University of Iowa, Iowa City, IA

Martha Blondin, MSN, RN, ONC; Nursing Practice Leader; University of Iowa Health Care, Iowa City, IA

Caleb Bowron, BSN, RN; Registered Nurse; Allina Health, Minneapolis, MN

Swarnima (Nima) Chaudhary, MPH; Senior Behavioral Assessment Consultant; University of Iowa, Iowa City, IA

Scott Christensen, PhD, MBA, APRN, ACNP-BC; Senior Nursing Director and Nurse Scientist; University of Utah Health Hospitals and Clinics, Salt Lake City, UT

Amy Colbert, PhD; Professor; University of Iowa Tippie College of Business, Iowa City, IA

Laura Cullen, DNP, RN, FAAN; EBP Scientist; University of Iowa Health Care, Iowa City, IA

Pam DeGuzman, PhD; Nurse Scientist; UVA Health, Charlottesville, VA

Donna Dolezal, MSN, RN, CPAN, CAPA; Nurse Manager; University of Iowa Health Care, Iowa City, IA

Amany Farag, PhD, RN; Associate Professor, University of Iowa College of Nursing; Co-Director, Iowa City VA Quality Scholars Program, Iowa City, IA

Michele Farrington, BSN, RN, PMGT-BC; Program Manager; University of Iowa Health Care, Iowa City, IA

Cassandra Fowler, MSN, RN, NPD-BC; EBP Specialist; University of Iowa Health Care, Iowa City, IA

Autumn Gode, APRN, CNS-BC; Clinical Nurse Specialist; Allina Health, Minneapolis, MN

Lyndsi Hall, DNP, RN; Nurse Practice Coordinator; Nebraska Methodist Hospital, Omaha, NE

Kirsten Hanrahan, DNP, ARNP, CPNP-PC, FAAN; Director Nursing Research and EBP; University of Iowa Health Care, Iowa City, IA

Alison Harmon, MSN, RN, CEN; Director, Emergency Medicine & Transport Services; University of Iowa Health Care, Iowa City, IA

Loreen Herwaldt, MD; Professor, University of Iowa Carver College of Medicine, Iowa City, IA

Ashley Huizar, BSN, RN, TNS, ECRN, CEN; Nurse Educator; Advocate Sherman Hospital, Elgin, IL

Kim Hunter, DNP, MBA, RN, NEA-BC; Chief Nurse Executive; University of Iowa Health Care, Iowa City, IA

Seth Jackson, BSN, RN, E-AEC; Staff Nurse; University of Iowa Health Care, Iowa City, IA

Andrea Johnson, DNP, APRN, AGCNS-BC; Clinical Nurse Specialist; Allina Health, St. Paul, MN

Jennifer Kennedy-Stringham, MSN, RN, CMSRN, NE-BC, NPD-BC, CNE; Magnet and Nursing Excellence Manager; Advocate Sherman Hospital, Elgin, IL

Elyse Laures, PhD, RN; Nurse Scientist; University of Iowa Health Care, Iowa City, IA

Alison Lynch, MD, MS; Clinical Professor of Psychiatry and Family Medicine, Director of University of Iowa Addiction and Recovery Collaborative; University of Iowa Health Care, Iowa City, IA

SPEAKERS

Mariah Meier, BSN, RN; Children's Surgery Program Manager; University of Iowa Health Care Stead Family Children's Hospital, Iowa City, IA

Adam Moskowitz, PhD; Research Associate; Healthier Workforce Center of the Midwest; University of Iowa, Iowa City, IA

Jodie Pufundt, DNP, APRN-CNS, RNC-NIC, EBP-C; APRN and EBP Coordinator; Advocate Children's Hospital, Oak Lawn, IL

Geri Quinn, MSN, RN, OCN; Nursing Practice Leader; University of Iowa Health Care, Iowa City, IA

Heidi Robinson, DNP, RN, CNML; Nursing Practice Leader; University of Iowa Health Care, Iowa City, IA

Karen Robinson, PhD, RN, FAAN; Nurse Scientist; Sanford Health, Fargo, ND

Diane Rohlman, PhD; Associate Dean for Faculty Affairs, Professor; University of Iowa College of Public Health, Iowa City, IA

Holly Rollo, MSN, RN, NEA-BC; Vice President Patient Care; Ascension, Chicago, IL

Marcus Seaton, MS, PT, CEAS-III; Director, Workers' Compensation and Ergonomics; University of Iowa, Iowa City, IA

Elizabeth Sheehan, BSN, RN, CCRN; Clinical Nurse; Advocate Children's Hospital, Oak Lawn, IL

Karen Stenger, MAN, RN, CCRN; Nursing Practice Leader; University of Iowa Health Care, Iowa City, IA

RaDonda Vaught, BSN; Germantown, TN

Chris Vejnovich, DNP, APRN-CNS, AGCNS-BC, CDP, CADDCT, PCCN-K; Clinical Nurse Specialist; Nebraska Methodist Hospital, Omaha, NE

Kimberly Walker, PhD, MSN, RN; Nurse Educator; William S. Middleton VA Hospital, Madison, WI

Patrick Wilcox, PhD, RN, CNL, NPD-BC; Nurse Residency and Internship Program Manager; William S. Middleton VA Hospital, Madison, WI

Sean Williams, MS, BSN; Director of Nursing; Ascension, St. Joseph, Chicago, IL

Julie Zerwic, PhD, RN, FAHA, FAAN; Dean; University of Iowa College of Nursing, Iowa City, IA

SPONSORS

SPACELABS
HEALTHCARE



Johnson & Johnson

NURSING CONTINUING EDUCATION

11.2 contact hours for the EBP Conference will be granted by University of Iowa Health Care, Department of Nursing (Iowa Board of Nursing Approved Provider #34). Participants must attend the entire program to receive full credit.

Continuing education credit for the VA Program will be granted by the Iowa City VA Medical Center.

HOTEL AND TRANSPORTATION

All travel arrangements including hotel and transportation, must be made by conference participants.

Hotel

A limited block of rooms is reserved at the Hyatt Regency Hotel & Conference Center. Please make reservation directly with the [hotel](#) by March 20, 2025.

Air Travel

- [Eastern Iowa Airport \(CID\)](#) is approximately 20 miles from the conference site.
- [Quad Cities International Airport \(MLI\)](#) is approximately 64 miles from the conference site.

Ground Travel

The conference will be held at the Hyatt Regency Hotel & Conference Center at 300 East 9th St, Coralville, Iowa.

CONFERENCE MATERIALS

Conference materials will be available online prior to the conference. Paper copies of presentations will not be available.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing, Office of Nursing Research and EBP in advance at 319-384-6737.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, [Office of Civil Rights Compliance](#), the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocrc@uiowa.edu.

