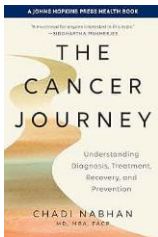


Patients' Library and Children's Library

Resources for Adults with Cancer

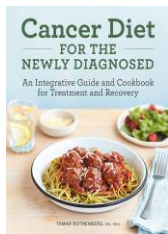
→ uihc.org/patients-library



The Cancer Journey: Understanding Diagnosis, Treatment, Recovery, and Prevention by Chadi Nabhan, MD

c2024, John Hopkins University Press

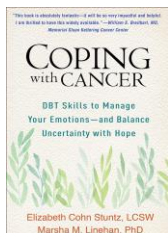
A compassionate guide that simplifies the cancer experience for patients and caregivers, covering everything from prevention and screening to diagnosis, treatment, and survivorship.



Cancer Diet for the Newly Diagnosed by Tamar Rothenberg, MS RDN

C2022

This cancer cookbook empowers you with a complete collection of easy recipes that take the guesswork out of what to eat during cancer treatment.



Coping with Cancer: DBT Skills to Manage Your Emotions – and Balance Uncertainty with Hope by Elizabeth Cohn Stuntz, LCSW and Marsha M. Linehan, PhD

C2021

Readers learn powerful skills for making difficult treatment decisions, managing overwhelming emotions, speaking up for their needs, tolerating distress, and living meaningfully, even during the darkest days.



Living with Cancer with Hope Amid the Uncertainty edited by Dr. Paul D'Alton

c2022

Featuring contributions from experts currently working at the forefront of cancer care and treatment, Living with Cancer is a compassionate handbook to help assist people with the terror of a diagnosis and eventually guide them toward justified hope.

