

## GUEST ROOM SERVICE MENU

Dial **1 2 3** to order  
or call 319-356-2714 from  
6 a.m. to 8 p.m. Food will be  
delivered within 45 minutes.

- You will need to purchase a Food and Nutrition gift card to pay for your meals.
- Gift cards are available in all Food and Nutrition Services dining areas.
- \$5 minimum charge for Guest Room Service.
- Prices on menu are for guests who wish to dine in a patient's room. Prices subject to change.
- Daily homemade specials are available at each meal. Ask operator for more information.



### BREAKFAST ENTREES & SIDES

\* *item only available 6 to 10 a.m.*

Pancake *(1) .....	\$0.90
Chocolate Chip Pancake* (1) ...	\$0.90
French Toast *(1).....	\$1.90
Scrambled Eggs .....	\$1.75
Hard Boiled Egg (1).....	\$0.99
Biscuits and Gravy * .....	\$3.05
Egg and Cheese Sandwich* .....	\$3.80
Add: Ham or Bacon	
Omelet special of the day	
(Ask Operator) .....	\$5.75
Hashbrown Patty* .....	\$1.25
Pork Sausage Link .....	\$0.90/link
Bacon .....	\$0.90/slice
Blueberry Lemon Bread .....	\$1.25
Banana Bread .....	\$1.00
Cinnamon Coffee Cake .....	\$3.05
White or Wheat Toast (1) .....	\$0.50
English Muffin * .....	\$0.85
Biscuit *(1) .....	\$0.99
Add: Peanut Butter .....	\$0.33
Add: Butter, Margarine, Jelly, Diet Jelly, Syrup, Sugar-Free Syrup	

### CEREAL

Oatmeal or Cream of Wheat** ..	\$2.00
Cheerios®, Fruit Loops®, or Raisin Bran®.....	\$1.85
Add: Sugar, Brown Sugar, Splenda®	

### FRUIT

Banana.....	\$0.75
Applesauce, Apple Slices, Mandarin Oranges, Peaches, or Pears ..	\$0.75
Fresh Fruit.....	\$2.55
Cottage Cheese Fruit Plate (1/2 cup plus 2 Fruit) .....	\$1.60+ cost of fruit

### YOGURT

Greek Yogurt .....	\$1.75
Vanilla Yogurt.....	\$1.75
Yogurt Parfait .....	\$3.20
Light Key Lime Pie.....	\$1.75

### COMFORT FOODS

Chicken Strips .....	\$1.45/strip
Add: Ketchup, Barbecue Sauce, Ranch Dressing	
Macaroni and Cheese .....	\$2.95
Taco (1) Hard or Softshell .....	\$1.50
Add: Taco Sauce, Pico de Gallo	
Add: Sour Cream .....	\$0.50
Meatloaf.....	\$3.40
Pot Roast.....	\$4.50
Marinated Chicken .....	\$3.75
Baked Tilapia.....	\$2.25
Open Face Sandwich.....	\$5.75
(Turkey, Beef, or Meatloaf)	
Meat Lasagna .....	\$4.45
Enchilada Casserole .....	\$4.20
SpaghettiOs® .....	\$1.25
Amy's™ Gluten-Free Non-Dairy Beans and Rice Burrito .....	\$3.25

### COLD SANDWICHES

*Choice of white or wheat bread*

Uncrustables™ Grape .....	\$1.50
Turkey, Ham, Roast Beef, Tuna Salad, Chicken Salad, Club .....	\$2.50
Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles	

### SOUPS

Chicken Noodle, Low Sodium Chicken Noodle, Tomato, Chili.....	\$2.45
Amy's™ Black Bean .....	\$2.45
Add: Saltine Crackers	

### 7" PERSONAL PIZZA

Cheese, Pepperoni, Special of the Day (Ask Operator) .....	\$6.05
---	--------

### GRILL

Hamburger .....	\$3.55
Cheeseburger.....	\$3.80
Grilled Chicken Sandwich .....	\$3.95
Impossible™ Burger.....	\$4.15
Grilled Cheese .....	\$3.00
Grilled Ham and Cheese .....	\$3.25
Hot Dog .....	\$1.75
Add: Ketchup, Mustard, Mayonnaise, Lettuce, Tomato, Red Onion, Pickles	

### SIDES

French Fries.....	\$2.75
Mashed Potatoes.....	\$1.50
Gravy (Beef or Chicken) .....	\$0.85
Buttered Noodles .....	\$1.45
Pasta Salad.....	\$2.25
Coleslaw .....	\$1.50
Rice.....	\$1.45
Dinner Roll .....	\$0.85
Side Salad with Tomatoes and Cucumbers .....	\$2.05
Add: Croutons, Ranch, Fat-free Ranch, French, Cesar, Balsamic Vinaigrette	
Cottage Cheese, 4% fat (3/4 c) ..	\$1.60
Raw Carrots or Celery .....	\$1.40
Mixed Vegetables, Green Beans, or Corn .....	\$1.40
Potato Chips (Regular, Baked) ..	\$1.60
SkinnyPop® Popcorn .....	\$1.60

### BEVERAGES

Milk: Skim, 1%, Whole, Chocolate.....	\$0.95
Milk: Soy .....	\$1.55
Milk: Fairlife 2% lactose free .....	\$2.25
Coffee: Regular or Decaf.....	\$1.50
Tea: Black, Green, Decaf, Iced	\$1.20
Juice (assorted) .....	\$1.00
Lemon Crystal Light® .....	\$0.75
Gatorade G2® Glacier Frost .....	\$1.50
Hot Chocolate .....	\$1.20

### SNACKS AND DESSERTS

Cookie: Chocolate Chip, Chocolate Crinkle, Sugar .....	\$1.45
Rice Krispie® Bar .....	\$1.60
New York Cheesecake .....	\$2.60
Triple Chocolate Brownie .....	\$1.75
Berry Mousse Dream.....	\$2.60
Pudding (Vanilla, Chocolate) .....	\$1.10
Italian Ice .....	\$1.15
Ice Cream (Chocolate or Vanilla) .....	\$1.50
Animal Crackers .....	\$1.05
Graham Crackers .....	\$0.50
Cheddar Goldfish® Crackers.....	\$1.05
String Cheese .....	\$0.85
Hummus .....	\$2.05
Gelatin .....	\$1.10
Lunchables® .....	\$3.35

### CONDIMENTS (NO CHARGE)

Salt
Pepper
Salt-Free Seasoning
Sugar
Splenda®
Creamer and Non-Dairy Creamer
Butter and Margarine
Jelly: Regular and Sugar-free
Brown Sugar
Ketchup
Mustard
Ranch: Regular and Fat-free
French Dressing
Balsamic Vinaigrette
Mayonnaise: Regular and Light
Taco Sauce
Tartar Sauce
Barbeque Sauce
Parmesan Cheese
Syrup: Regular and Sugar-free
Pico de Gallo
Lemon Slice