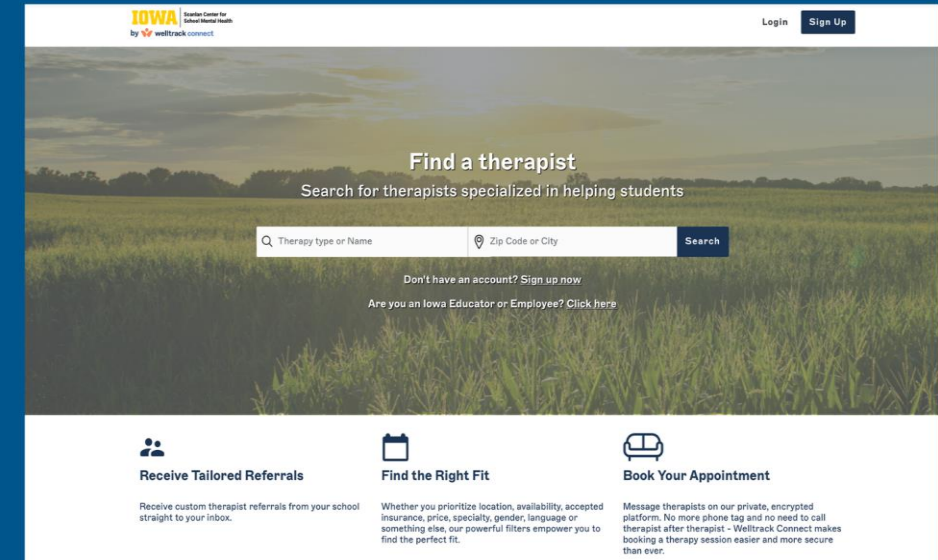


Welltrack Connect

In partnership with the Scanlan Center for School Mental Health, Welltrack Connect is a comprehensive platform designed to connect Iowa's K-12 students with appropriate mental health care providers.

- **Streamlined Access to Providers:**
 - Easily connect with licensed therapists, counselors, psychologists, and psychiatric care providers tailored to your child's needs. Over 250 licensed in Iowa. Over 16,000 nationwide.
- **User-Friendly Tools:**
 - Search by specialty, location, or insurance acceptance.
 - Choose in-person or virtual appointments for flexibility.
 - Insurance Benefits verification: instantly check your in-network and out-of-network coverage
- **Personalized and Accessible:**
 - Referrals can be provided by school counselors, the Scanlan center, or independently
- **Resources for Parents:**
 - [FAQ Resources for parents](#)
 - [Videos](#) on searching for providers, contacting them, and understanding next steps.



Signing Up

Parents/Students

Go to **welltrack-connect.com**

Select “Sign Up”

Are you a student or parent supporting your student? Select “Yes”

Mental Health Providers

To create a profile, either:



Go to **welltrack-connect.com**

Select “List Your Practice” then follow prompts

—Or—



Email **scsmh-clinic@uiowa.edu**

UI Consult

Common Questions:

- ✓ Are there other medication options for this specific clinical problem?
- ✓ What guidance can I give parents?
- ✓ Are there resources for a specific clinical problem?
- ✓ What is an approach to use for a child having school issues?
- ✓ What screening tools could I use?

Case Examples:

- ✓ 5 year old has disruptive behavior but some discrepancies are found in reports. What's the best next step?
- ✓ A teenager has eating disorder behavior. Is there anything that you suggest that we haven't done already?
- ✓ I was scheduled to see a pre-teen patient of my colleague who retired, and his medication regimen seems complex. Here are some medications I have questions about.

The logo for IOWA, featuring the word "IOWA" in bold, yellow, sans-serif capital letters on a black rectangular background.

UI Consult

Consult with a Child and Adolescent Psychiatrist 24 hours a day/7 days a week.

800-322-8442

Available to any primary care or community-based provider in Iowa.