**Verbal Descriptor Scale**

*Instructions:* This tool is for more articulate patients, who can use verbal terms to express the level of their pain. Have patients place a check mark next to the phrase that best describes the current intensity of their pain.

*Scoring:* Keep a record of the corresponding number that the patients mark on this tool. A response of “No Pain” is given a value of zero, whereas a response of “The Most Intense Pain Imaginable” is given a value of six. Compute a mean score by summing the values reported at each assessment and dividing by the number of assessments. You may also simply track either the values or the descriptors themselves over time.

*Sources:*
Verbal Descriptor Scale

Patient's Name: ____________________________  Date: _________

Instructions: Please place a check mark next to the phrase that best describes the current level of your pain.

_____ The Most Intense Pain Imaginable
_____ Extreme Pain
_____ Severe Pain
_____ Moderate Pain
_____ Mild Pain
_____ Slight Pain
_____ No Pain