

The Art of Assessing & Managing Anger: Aggression Reduction Training



 **MAHASKA**
HEALTH PARTNERSHIP

Presenter

Dr. Charles L. Scott

Dr. Scott is a professor of clinical psychiatry, Chief, Division of Psychiatry and the Law, and forensic psychiatry training director at the University of California, Davis. He is board certified in general psychiatry, child and adolescent psychiatry, addiction psychiatry, and forensic psychiatry. He has served as a forensic psychiatric consultant in jails, prisons, and maximum security forensic inpatient units. He has also served as a consultant to the National Football League providing training on violence risk assessment for NFL counselors. Dr. Scott has published numerous articles. He has written book chapters on juvenile violence, mental health law, and co-authored chapters on child psychiatry and assessment of dangerousness. His research interests include the relationship of substance use to aggression among mentally ill disordered offenders. He lectures nationally on the topics of violence risk assessment, juvenile violence, substance use and violence, the assessment of sex offenders, correctional psychiatry, and malpractice issues in mental health. His academic subspecialty is child forensic psychiatry.

How to Register: 1. Phone: 641-672-3162 2. Fax: 641-672-3259 3. Mail:

Mahaska Health Partnership ATTN: Carol Gay 1229 C Avenue East, Oskaloosa, IA 52577

Please register me for June 13, 2011 "The Art of Assessing & Managing Anger: Aggression Reduction Training"

My profession is: Therapist/Counselor Nurse EMT Educator Pastor

Law Enforcement Psychologist Physician Other: _____

Name _____ Credentials _____

Daytime Phone _____ Fax _____

Email _____

Employer/Agency _____

Will you be requesting contact hours? Yes No If yes, license# _____

\$60 Registration Fee Make check payable to Mahaska Health Partnership, New Directions

Payment enclosed Pay at conference

Conference Details

Intended Audience

All those who deal with persons coping with a mental illness—family members, friends, doctors, nurses, social workers, psychologists, activity therapists, and other interested healthcare providers.

Date, Time, Location

Date: Monday, June 13, 2011

Time: 8:30am—4:00pm

Registration 8:00-8:30am

Cost: \$60 registration fee

CEUs: 7 Contact Hours
Nursing, EMT, Therapists
& More

Location: William Penn University
Chief Mahaska Room
201 Trueblood Avenue
Oskaloosa, Iowa 52577

*Brought to you by New Directions
Community Mental Health Center &
Iowa Department of Human Services
Mental Health Block Grant*

Agenda

8:00am-8:30am Registration

- 8:30 Assessment of Dangerousness-I
- A. Violence overview
 - B. Components of dangerousness
 - C. Demographics of violence
 - D. Juvenile risk factors for violence
 - E. Substance use and violence
 - F. Antisocial personality disorder and violence

10:00 Break

- 10:15 Assessment of Dangerousness-II
- A. Mental illness and violence
 - B. Violence in special situations
 - C. Conducting risk assessment utilizing past history of violence
 - D. Assessment of current violence during interview
 - E. The use of risk assessment instruments to assess violence
 - F. Developing a clinical risk reduction plan

11:30 Lunch—William Penn University Cafeteria

- 12:30 ART: Aggression Reduction Training—I
- A. Overview of inpatient assaults
 - B. Characteristics of assaultive inpatients
 - C. Definitions of “aggression”
 - D. How to assess inpatient aggression: from our facility to yours
 - E. A practical study of violent inpatients: impulsive, predatory, and psychotic groups
 - F. Understanding triggers for aggression for 3 basic types of aggressive patients
 - G. Violence prevention techniques—primary prevention
 - H. How to develop a violence prevention plan

2:15 Break

- 2:30 Aggression Reduction Training-II
- A. Managing imminent aggression: Talk down vs Talk Up
 - B. The ABCs of “Talk Down”
 - C. What is “verbal judo” and can it help?
 - D. Antisocial and psychopathic Aggression: “Talk Up”
 - E. Evidence based therapies for personality disorders
 - F. How to document aggressive acts - it matters!
- 3:45 Questions & Answers/Evaluations
- 4:00 Workshop Ends

Purpose

To provide an overview of how to assess dangerousness and provide skills to reduce aggression.

Registration required by

May 31, 2011

See reverse for registration form

Questions?

Contact: Carol Gay

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