

AUDIT

1. How often do you have a drink containing alcohol?
Never Monthly or 2 to 4 times 2 to 3 times 4 or more
Less a month a week times a week
(0) (1) (2) (3) (4)
2. How many standard drinks containing alcohol do you have on a typical day when you are drinking?
1 or 2 3 or 4 5 or 6 7 to 9 10 or more
(0) (1) (2) (3) (4)
3. How often do you have 6 or more standard drinks on one occasion?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
4. How often during the last year have you found that you were not able to stop drinking once you had started?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
5. How often during the last year have you failed to do what was normally expected from you because of your drinking?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
6. How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
7. How often during the last year have you had a feeling of guilt or remorse after drinking?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
Never Less than monthly Monthly Weekly Daily or almost daily
(0) (1) (2) (3) (4)
9. Have you or someone else been injured as a result of your drinking?
No Yes, but not in the last year Yes during the last year
(0) (2) (4)
10. Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested you cut down?
No Yes, but not in the last year Yes during the last year
(0) (2) (4)

Scoring

The scores for each question are shown under each response.

The minimum score (for non-drinkers) is 0 and the maximum possible score is 40.

A score of 8 or more indicates a strong likelihood of hazardous or harmful alcohol consumption.